

# Transportation News

## Meals on Wheels

**Multiple Locations- Tuesday 1-3**  
**Kroger Shuttle UC/Clifton- Wednesday 10:30-1:30**

Meals on Wheels can provide grocery trips to residents who are 60 and older. Please call their transportation line at 721-0375. They will help you to complete a NAPIS form over the phone. You will be asked to sign this form on your first trip.

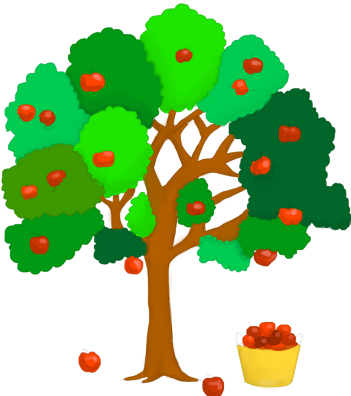
Listed are the community shopping days that Meals on Wheels serve. Some days & times may be adjusted to accommodate requests. Reservations are required by residents prior to riding to ensure we can schedule accordingly.

## Metro

Metro's Fare Deal Program offers discounted fares for those who:

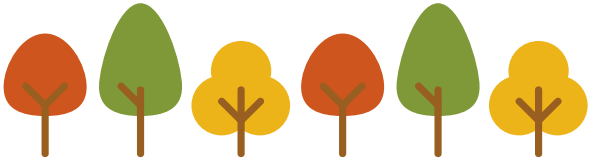
- 1) Are over 65 years of age
- 2) Have Medicare or Social Security Benefits
- 3) Are veterans receiving 100% service-related disability
- 4) Have a qualifying disability

Applications can be found in the service coordination/property management office.



## Service Coordination

Monica Coleman  
**Office Hours:** Tuesday 10-4  
**Phone:** 527-1402



## Chair Exercise Classes

Wednesdays, Sept. 7, 14, & 28 at 12  
Meet in the Fitness Room. Please sign up in the office.

## Bible Study

Fridays at 11 with Deacon Fred.



## Building Information

### Business Office Hours Mon/Tues/Fri 10-4

Kristen, Manager:  
Cell: 504-7707  
Office: 527-1400  
Cathy, Service Coordinator: 527-1402  
Monica, Service Coordinator Cell: 430-7422  
Caroline, Exercise: 818-6377  
Maintenance: 542-5888

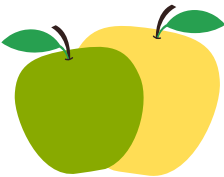


## September 2022

## September Events



**APPLE BINGO**  
**Wednesday, September 14 at 1:30**  
Join your neighbors and win prizes that are apple themed!



**Pest Control Schedule**  
**1004 Chapel St.**  
Inspections will be on the third Thursday of every month.

Date	Expected Start Time
September 15 2022	3:00-5:00

## Kristen's Corner

Please stop by the office to give a warm Manse welcome to Cathy Williams, our new recertification clerk. She joined the Manse team in August and will be helping out in the office and with annual re-certifications. As soon as her schedule is set, it will be posted on the office door.



## Resident Reminders:

- Laundry facilities are for Manse residents only. Please do not allow friends or family members to use these facilities.
- Our official smoking area is on the edge of the 926 Chapel St. Parking lot on the Monfort St. side. Residents also smoke on the sidewalk across the street from the 926 Chapel St. building. Please do not smoke in the parking lot of the old bakery next to the building. It is not good neighborly behavior and is so close to our building that residents are complaining they can smell smoke.

