

# December Activities



## IT'S BEGINNING TO LOOK A LOT LIKE CHRISTMAS

**Monday, December 1<sup>st</sup> at 3:30pm**

Join your neighbors as we decorate the community for the Holiday Season! Sing Christmas Carols, eat cookies and hang ornaments. Help spread the Holiday Cheer!



## Christmas Celebration w/ Bingo

**Monday, December 15th at 3:30pm**

Please join us in the community room for our annual Christmas party! There will be a delicious meal, classic Christmas songs and BINGO!

**MUST SIGN UP BY SUNDAY DECEMBER 7<sup>TH</sup> TO SECURE A MEAL**



## Quarter Bingo

**Wednesday, December 10th at 10:00am**

It's raining quarters! Every bingo wins a quarter. Last game, cover all for \$1.00



## Winter Craft

**Monday, December 8<sup>th</sup> at 3:30pm**

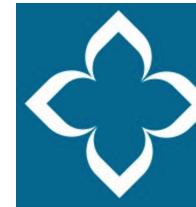
You don't have to be creative to enjoy this craft! We're making a snowman out of stickers, glue, a dinner glass and some ribbon! It is a perfect decoration for your apartment!



## New Year Celebration

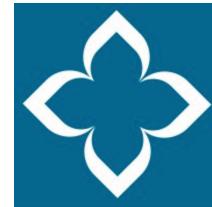
**Monday, December 29<sup>th</sup> at 3:30**

Let's say goodbye to 2025 and hello to 2026 at this activity where we will enjoy sparkling grape juice, work on our new year's resolutions and discuss suggestions for activities in 2026 from you all! Happy new year!



# MARLOWE RESIDENT NEWSLETTER

**December 2025**



## Building Information

Joyce, Community Manager:

513-527-7050

Sue & Alli, Activities:

513-527-7058

Ann, Service Coordinator:

513-218-5237

Wes, Wellness Manager:

513-818-6377

Afton, Wellness Asst.:

(513)813-7155

Tonya & Manndy Transportation:

(513) 431-9767

Maintenance:

1-877-235-1331

**2026 SOCIAL SECURITY LETTERS**  
Once you receive your 2026 social security letters, please bring it to the office so staff can get a copy for their files.

## December Birthdays

**Patricia Atkins 12/20**



## Transportation

The bus fare is \$2. Please bring reusable bags for groceries. There is a limit of 3 bags. No push carts or wagons are allowed on the bus. **Bus drivers will not be able to assist you in getting bags/senior boxes on OR off of the bus. If you need assistance, please prepare for that ahead of time.**

PHONE LINE 513-431-9767

All reservations must be called into the transportation line by 2:00 p.m. two days before any scheduled trip. Please leave the destination, your name, phone #, the property name & if you have a walker or wheelchair. There will be a \$2 charge per trip. Bus drivers will only wait 10 minutes after the designated times.

## Bus Schedule

**12/4 at 10:30 Kroger**  
**12/8 at 9:30 Sugar 'n' Spice**  
**12/11 at 11:00 Free store**  
**12/17 at 3:50 Pyramid Hill & El Trompo**  
**12/18 at 10:30 Walmart**  
**12/19 at 10:40 Five Below**  
**12/22 at 10:20 Stonecreek**  
**12/31 at 10:30 Kroger**

**Pyramid Hill Holiday Lightshow:**  
The Pyramid Hill Lights features a unique route through the art and nature filled sculpture park. **Bus drivers will be stopping at El Trompo for residents to eat before the lightshow. You will be responsible for paying for your own meal if you wish to have one. MUST PAY \$2 TO THE LOCK BOX BY SUN. 12/7 & CALL TRANSPORTATION TO SECURE A SPOT ON THIS TRIP. This \$2 will cover the usual bus fee.**



# WELLNESS PROGRAMS

## Exercise Class Every Tuesday 10:30

Get ready to elevate your well-being with our invigorating chair exercise class, suitable for all fitness levels. Join us each week and embark on a journey to enhance your strength and balance. Don't miss out on this fantastic opportunity to prioritize your health and wellness. See you there!

## Gentle Yoga & Latin Dance – Join Us Directly After Exercise!

After your regular exercise class, you're invited to stay for a relaxing Gentle Yoga session followed by a lively Latin Dance experience, including easy-to-follow steps from Salsa, Bachata, and Merengue. It's a fun way to keep moving and connect with others—no extra sign-up needed. Just stay if you'd like to join!

## Personal Training Opportunity

Interested in personal training? Schedule a session with ERS wellness Manager Wes or ERS wellness assistant Johnnie, to have a customized exercise program written for you. Call Wes at 859-567-0839 or Johnnie at 513-299-8275 to schedule today!

## Wellness Advisory Council: Thursday, December 18th at 10:15am

Got a suggestion? Join members of the ERS Wellness Team to share your feedback on Wellness programming and help us bring the best to your community.

## Cooking Class with Chef Anthony Tuesday, December 16<sup>th</sup> at 12:00pm



Chef Anthony is coming to your community to teach a cooking class. The class will take place in the Community Room, space is limited so sign up today. Join Chef Anthony Jordan for a hands-on cooking lesson and a delicious meal. This month's recipe: **Salmon Croquette and Citrus Kale Salad**

## Movie Wednesday, December 10th at 2pm



Be sure to sign up and suggest a movie.

## Resident Life

## Resident Christmas Party Saturday, December 20<sup>th</sup> at 5pm



## Pest Inspection Thursday, December 11th 9:30am to 11:00am

Inspections are scheduled the second Thursday of the month. Residents do not need to be home, but maintenance and the pest inspector will be entering each apartment.

# SERVICE COORDINATOR

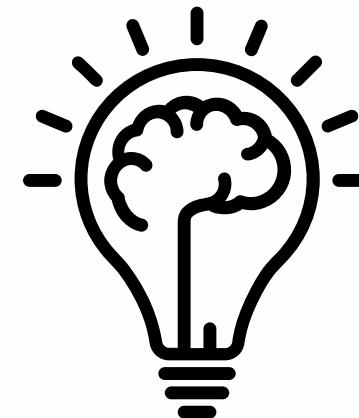
## Service Coordinator News

Office Hours: Mondays, 8:30am to 3:30pm (See flyer on my office door for any schedule changes)

You can reach me Monday thru Friday on my direct line at **513-218-5237** for any Service Coordinator questions. -Ann

## Mind Matters with Ashley from 1N5 on Wednesday, December 3 at 2pm

Due to popular demand, Mind Matters with Ashley from 1N5 will continue on the first Wednesday of the month at 2pm. 1N5 provides education designed to build mental health literacy, increase knowledge of mental health resources, and normalize conversations about mental health. All residents are welcome and encouraged to attend these engaging and interactive sessions. Please sign up and call Ann with any questions.



## YMCA Holiday Gift Pick-up on Monday, December 8 from 11am to 3pm OR Monday, December 15 from 9:30am to 3pm in Ann's office

The Clippard YMCA and Colerain Senior Center have generously provided a gift for each resident at Marlowe Court. Please stop by to pick-up your gift on one of the days/times listed above. Resident must be present to pick up their gift and cannot have someone else pick up the gift for them (unless by a resident living in the same apartment). If you have any questions, please call Service Coordinator Ann at 513-218-5237. If you are not feeling well or need to make arrangements outside this time frame, please call Ann to arrange another pick-up option.