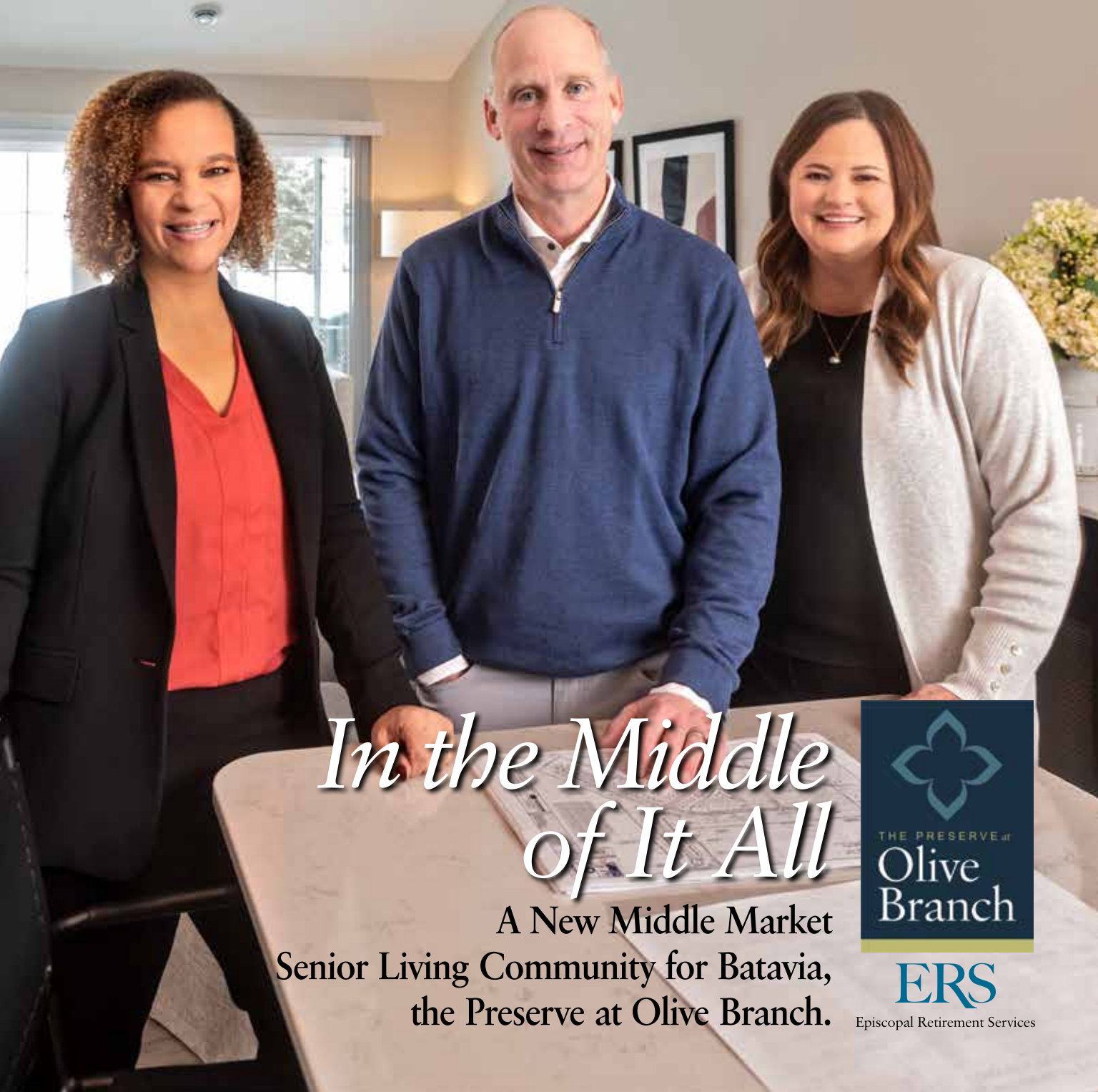




Spring 2026

Linkage



In the Middle of It All

A New Middle Market
Senior Living Community for Batavia,
the Preserve at Olive Branch.



THE PRESERVE^{at}
Olive
Branch

ERS

Episcopal Retirement Services

Table of Contents

Making a Difference

ECH Top Workplace & Community Choice Awards	3
Martindell Award	4
DH Activities Partnership.....	5
AL Xavier Research Data.....	6
MPL Early Onset Dementia Programs.....	7

Cover Story

Middle Market	8-11
---------------------	------

Walking the Walk

SLT Celebrates Affinity Groups.....	12
Swipe ‘N’ Dine	13
Gala Recap & Save the Date	14
Donor Feature.....	15

ON THE COVER

(L-R) Apryl Pope, ERS board member; Brian Gruber, owner of Ridge Stone Builders & Developers; Megan Bradford, ERS vice president of middle market and ministry.

Photograph by Gary Kessler

ERS Communities & Services

Premier Retirement Communities

Deupree House, Episcopal Church Home, and Marjorie P. Lee

Affordable Living Communities

32 locations in Ohio, Kentucky, and Indiana. For more information on these communities visit AffordableLivingbyERS.com.

Community Outreach Services

Deupree Meals On Wheels, Living Well Senior Solutions, Swipe ‘N’ Dine, The ERS Center for Memory Support and Inclusion



ERS Board of Directors

Chip Workman, Chair

Dora Anim, the Rev. Canon Jodi Baron, Alex Campbell as bishop’s representative, Patti Dunham, Alan Hartman, Crystal Holliday, Eric Kearney, the Rev. Canon Jack Koepke, Gerron McKnight, Apryl Pope, Harvey Roberts, Michelle Webster, Noel Horne, John Poffenberger, Michael Williams, Pat Smart

ERS Foundation Board of Directors

JoAnn Hagopian, Chair

Anthony Bruns, W. Thomas Cooper, Laura R.P. Lamb, Thomas Regan, the Rev. David Pfaff as trustee representative, Chip Workman

ERS Mission

Since 1951, Episcopal Retirement Services (ERS) has worked to enrich the lives of older adults in a person-centered, innovative, and spiritually based way.

We Welcome Your Comments

The Linkage Editor

Episcopal Retirement Services

3870 Virginia Avenue • Cincinnati, Ohio 45227

513.271.9610 • info@erslife.org

Editor: Laura Lamb; Writers: Megan Bradford, Joy Blang, Jonathan Fissel, Caroline Puryear, Sophie Gangi, Paige Davis

Linkage is Available Online

To better serve you, Linkage magazine is available via email and on the Episcopal Retirement Services website at EpiscopalRetirement.com. If you would like to be removed from the Linkage mailing list, please call 513.271.9610 or email us at info@erslife.org with your name and address.

Make A Donation Online

For your convenience, donations are accepted online at ersfoundation.org.

Linkage is a resource to address issues and interests of older adults, providing a link between ERS programs and the community. ERS is dedicated to improving the lives of older adults from all faiths through innovative, quality living environments, and in-home and community-based services delivered by experienced and compassionate professionals.

Read our Linkage Blog at

<https://blog.episcopalretirement.com/>



Like us on



Award-Winning Care and Culture at ECH



Best Retirement Community
Best Assisted Living Community

ECH team members celebrated two well-deserved honors from The Courier Journal. In 2025, ECH was named Best Retirement and Assisted Living Community and recognized as a Top Workplace in Louisville.

In 2025, Episcopal Church Home made meaningful strides in senior living, earning three awards that celebrate both the exceptional care residents receive and the supportive culture team members experience each day.

Episcopal Church Home was named Louisville’s 2025 Community Choice Award winner for Best Assisted Living/Senior Living and Best Retirement Community and was also recognized as a Louisville Top Workplace for the second consecutive year. Both honors were awarded by The Courier Journal, the region’s largest news outlet.

These awards carry special meaning because they come directly from the people we serve and those who work alongside us. Community Choice Award winners are selected by the greater

Louisville residents, including Episcopal Church Home residents, their families, and our dedicated team members. The Louisville Top Workplace honor is based on team member feedback and evaluates more than 20 factors, including pay, benefits, and appreciation.

“These awards are a wonderful affirmation of the culture we’ve built at Episcopal Church Home. They are a testament to the passion and commitment our team members bring to residents, families, the Louisville community and one another each day.”

President and CEO, Laura Lamb.

Episcopal Church Home is a warm and supportive environment shaped by compassionate team members, engaged residents, and devoted families.

As Vice President of Residential Healthcare Beverly Edwards explained, “Residents and their family members join our community at different stages of life, and when they move into Episcopal Church Home, they don’t have to worry about whether they’ll receive the services they need.”

The peace of mind families feel knowing their loved one is in a community that enriches their life and meets their needs in a personalized way is invaluable.

“Our culture of building community, along with a team that prioritizes person-centeredness, allows residents to focus on what truly matters—living life on their own terms with dignity,”

Vice President of Residential Healthcare, Beverly Edwards

Together, these recognitions underscore more than a successful year—they affirm that ERS is living out its mission to enrich the lives of older adults while building a community grounded in trust, belonging, and compassionate care. ■

Legacy of Laughter

Martindell Award Winner

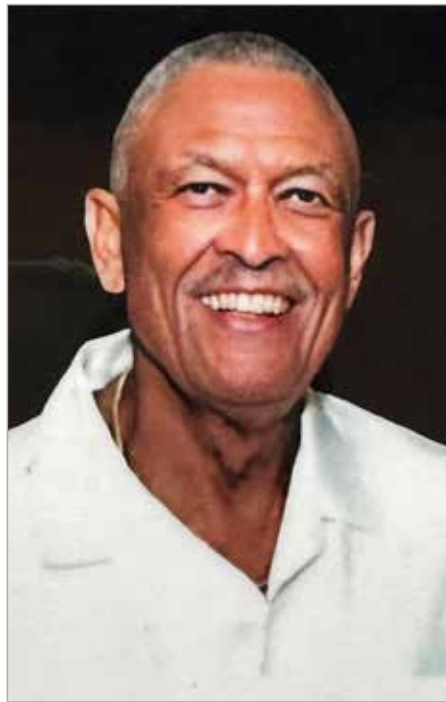
Those who work the hardest often do so without recognition. When Trish Martindell's father lived at Deupree Health Center, she was deeply moved by the staff's exceptional care and the impact of their everyday actions.



DH team member, Vicki Burt's (L) outstanding service inspired Trish Martindell (R) to create the Martindell Award.

Joan Wetzel, ERS' vice president of human resources, explains that the Martindell Award grew out of this family's gratitude. "Our team members' expertise and compassion inspired them to create this award," she says. "Their goal was to honor exceptional staff—unsung heroes who provide direct care to older adults served by ERS."

The Martindell Award is presented annually to an ERS team member who exemplifies outstanding caregiving and supports residents in meaningful ways, helping them live life on their own terms. Staff are nominated by coworkers and family members, and hundreds of submissions are received each year. Being nominated is an accomplishment in itself, and the volume of nominations reflects the remarkable people who work at ERS.



This year's honoree is **Bob Cardwell**, a member of the security team at Deupree House in Cincinnati, Ohio. Bob served ERS for more than 14 years until his unexpected passing in late July. The award celebrates his remarkable service to the residents of Deupree, who deeply appreciated his presence and dedication. Nominations captured the profound impact he made on the community. Residents shared that "Bob exemplified the qualities that make Deupree a warm, caring, and comfortable place to live," and another noted, "I considered him more than a staff member, he was my friend."

Laura Lamb, president and CEO, had the pleasure of serving alongside Bob when

she worked at Deupree House as vice president. "Bob was such a special man. He had a wonderful sense of humor and used his talent as 'medicine' to help lighten the mood and bring a smile at just the right time."

Kim Martindell, Laura Lamb, and Joan Wetzel presented the award—along with a \$1,000 check from the Martindell family—to Bob's wife, Gail, and their family. They appreciated the recognition so very much. "You have honored his legacy with this beautiful award," shared his family." Kim Martindell personally presented the award, saying, "Thank you for sharing your dear husband with the residents and team members. Hearing the stories about Bob, I wish I had met him." ■

Building Belonging Through Partnerships at Deupree House



Deupree's dining services and life enrichment teams come together to blend food and social engagement with events like a Halloween costume parade, Seafood Fest with cold water Maine lobsters, and an at-home French cafe.

At Deupree House, building community and connection is an everyday priority, shaped through ongoing activities, programs, and partnerships across departments. One example of this regular collaboration can be seen in the way memorable dining experiences are created through a strong partnership between dining services and the life enrichment team. These moments are not isolated events but part of a broader, consistent approach to enhancing daily life for residents.

Through joint planning of events, programming, and day-to-day activities, these two departments weave together food, social engagement, and community life in ways that enhance the depth of the residents' experience.

Director of Life Enrichment, Anna Honnerlaw, described the partnership as “really neat because it brings together the creativity and expertise of both teams to create something residents truly enjoy. Dining services focuses on the quality and presentation of the meals, while life enrichment ensures the atmosphere, decorations, and programming spark conversation and connection.” This collaboration is evident in every detail—from menu planning to themed decor—ensuring that residents not only enjoy what’s on their plates but also feel a sense of belonging at the table and in the community.

One example includes the Seafood Fest, where teams collaborated to create a cruise-inspired luau. Dining services developed a menu featuring a delicious seafood spread, while life enrichment prepared music, leis, and festive decor designed to spur residents to share stories and memories of past travels. Dining Services Director, Pete Juszcyk shared, “When dining and life enrichment work hand in hand, meals become moments. It’s about creating experiences that bring people together, spark conversation, and help residents feel truly at home.”

This collaborative approach extends beyond special events into everyday dining experiences. Life enrichment coordinates activities in the Club Room, creating a neutral and inviting space where dining services’ meals become more than nourishment—they become opportunities for conversation, engagement, and relationship-building. Anna added, “Having events in a community space shows residents that this is their home. They feel welcome to participate, start new traditions, and build connections with neighbors.”

Dining services and life enrichment come together intentionally to make every event at Deupree House more than just a meal, but an occasion to be shared, creating joyful belonging and meaningful connections among all residents. ■

Residents Thrive Through Groundbreaking Well Being Initiative



Through the ERS Well Being initiative, residents in Affordable Living communities benefit from personalized support and fitness sessions.

Residents at many ERS Affordable Living communities are benefiting from more ways to stay active, connected, and supported, thanks to the groundbreaking Well Being initiative. To ensure efforts were both meaningful and effective, ERS leaders partnered with Xavier University’s Center for Population Health, combining research and practice to measure impact, guide program development, and create a model that could be scaled nationwide.

Early outcomes show that residents feel less isolated, move with greater confidence, and report improvements in their overall health. These trends are backed by newly released research from Xavier University, which learned from the lived experiences of 119 residents across nine ERS Affordable Living communities. The findings are clear—residents who engage in the program are more likely to see better mental and physical health, increased energy, and a stronger sense of connection. Those who are not participating often face more barriers—including mobility limitations, emotional challenges, and a risk of loneliness and isolation.

“Loneliness is one of the greatest risks facing older adults today,” said ERS President and CEO, Laura Lamb. “The data underscores what our teams witness every day—relationships and community truly support better health and greater independence.”

First launched in 2022, Well Being is built on the belief that older adults—regardless of income—

deserves the opportunity to thrive. With guidance from staff, each participant crafts a wellness plan that reflects their goals and interests, whether that means improving mobility, managing a health condition, exploring a hobby, or reconnecting socially.

“Well Being goes beyond providing activities—it’s about creating an atmosphere of wellness where older adults feel seen, supported, and empowered,”

Vice President of Affordable Living, Jimmy Wilson.

“For many residents, participating in Well Being is about more than health—it’s about feeling comfortable taking that first step,” said Dunisha Johnson, director of resident support for affordable living. “When we listen closely and meet people where they are, we can remove barriers, build trust, and create opportunities for residents to engage in ways that feel meaningful and achievable for them.”

Residents also shared that clear and timely communication, smaller and more personal activities, offerings that reflect their interests—including more programs designed for men—and incentives that feel meaningful, help them feel more comfortable getting involved. Community teams are partnering closely with residents to set individual goals and build opportunities like fitness support, lifelong learning, and shared meals that foster friendship.

ERS is expanding these personalized wellness offerings to all Affordable Living communities through 2031. This is made possible in part through transformative philanthropic support, including a landmark \$1 million commitment in 2025 from longtime ERS supporters David and Linda Stetson, along with a \$300,000 grant from the Millstone Fund.

“Our aim is to continually strengthen community life in ways that help residents feel their best,” added Wes Bogard, wellness manager. “When we consider the impact of well-being in our decisions, people have the chance to truly thrive.” ■

Helping Residents Boost Brain Health at MPL and DH



- **Mindfulness and meditation:** Simple breathing and calming exercises to reduce stress and support a positive mindset.
- **Physical wellness:** Light stretching, balance work, chair yoga, walking, and rhythmic movement to keep the brain alert.
- **Special sessions:** Social gatherings and events like music, art, and horticulture

therapy are available. Additional offerings may be available in the future.

How It Helps

Regular practice can lead to clearer thinking, better focus, and improved memory. Gentle movement also boosts blood flow to the brain, helping residents feel more energized and confident.

Building Community

Beyond boosting brain health, the program strengthens friendships. Residents encourage each other, celebrate progress, and look forward to weekly gatherings.

“These specialized programs support brain health for residents experiencing early-stage dementia symptoms and leave a lasting impact. Residents grow in confidence and form meaningful relationships. That’s what our work is all about.”

*Vice President of Middle Market and Ministry,
Megan Bradford,*

Residents further in their disease process with Alzheimer’s and other dementias who need additional support may benefit from our person-centered memory support neighborhoods at Episcopal Church Home, Marjorie P. Lee, and Deupree Cottages. Here, residents receive more individualized care, opportunities to socialize or enjoy private time, and access to holistic memory support programs, such as HealthRHYTHMS and the SAIDO Learning® method, which helps improve confidence, communication, and engagement.

To learn more about our brain health programs or memory care services, contact info@erslife.org. ■

At Marjorie P. Lee (MPL) and Deupree House (DH), several residents are taking part in special programs designed to help keep their brains healthy and active. It uses fun, engaging cognitive exercises, mindfulness practices, and light physical activities to support better memory, attention, and well-being. The programs are open to any resident in independent or assisted living, based on availability.

The programs are led and supported by dedicated team members and partners who contribute across the communities as needed. This includes Michelle Cole, MPL move-in coordinator; Rosie Abel, cognitive therapeutics brain fitness coach; Christy Plaugher, wellness coordinator; Anna Honerlaw, DH director of life enrichment; Jordyn Boise, DH wellness nurse; Kara Baumhardt, DH service coordinator; Robert Evans, horticulture therapist; Marty Santos, art facilitator; Abby Strittmatter, music therapist; and others.

The U.S. Surgeon General reports that loneliness can be as harmful as smoking 15 cigarettes a day. This program helps older adults stay social, by bringing together small groups of residents weekly to learn, laugh, and grow. Many say the friendships they form bring joy and meaning to their lives.

“I look forward to this group every week. The activities keep my mind moving, but the best part is being with people who cheer each other on. It makes my day brighter.”

Susan Sizer, MPL resident

What Residents Do

- **Cognitive games:** Puzzles and word games that support memory and problem-solving.

ERS Announces the Preserve at Olive Branch: A New Middle Market Senior Living Community for Batavia



ERS' Preserve at Olive Branch is an innovative community designed to meet the growing housing needs of middle-income older adults. The Preserve will offer competitive pricing and thoughtful amenities—groundbreaking is expected in early 2026.

ERS has announced an important milestone in its strategic plan: the launch of the Preserve at Olive Branch, a new middle market senior living community in Batavia Township, Ohio.

The community reflects a response to the needs of what many describe as the “forgotten middle.” ERS’ middle market plan will serve older adults who earn too much to qualify for subsidized housing but cannot afford traditional private-pay retirement communities.

Meeting an Urgent and Growing Need

Across the U.S., adults age 65 and older in the middle-income range represent the fastest-growing segment of the aging population. Batavia Township is no exception: Nearly one in five residents is 65 or older, and that percentage is expected to rise significantly in the years ahead. Many in this group face limited housing options. Without accessible alternatives, they face increased risks of isolation,



instability, and unmet care needs.

“The Preserve at Olive Branch represents an exciting next step in living out our mission,” said Laura Lamb, ERS president and CEO. “This community reflects our commitment to serving older adults along the full economic continuum. All elders deserve access to housing—a place they’re proud to call home where they can not only afford, but feel respected and connected.”

Megan Bradford, vice president of ERS’ middle

limited housing options. In 2022, the ERS board of directors approved the land acquisition, and in 2025, it unanimously approved the project. The Preserve aligns with a key pillar of ERS’ Strategic Plan: becoming the standard for middle market models while growing the number of older adults served through the development of new communities.

“Middle-income older adults have long been underserved in our nation, and ERS is stepping up to meet that need,” said Apryl Pope, ERS board



For years, ERS leadership, board members, and partners—including (L-R) Brian Gruber, owner of Ridge Stone Builders & Developers; Megan Bradford, ERS vice president of middle market and ministry; and Apryl Pope, ERS board member—explored how to better serve middle-income older adults. The result is a new middle-market community that advances ERS’ Strategic Plan of setting the standard for middle-market models.

market and ministry, said, “This will be more than just housing; it will be a true community. Many older adults want to stay rooted in the neighborhoods they know, and the Preserve helps make that possible. We’re creating spaces and coordination services that promote well-being, foster friendships, and give residents and their families peace of mind. This community model is positioned to be a blueprint for the future across the region and beyond.”

The new community is a thoughtful next step in ERS’ long-term vision. For several years, ERS leadership and board members have explored how to better serve middle-income older adults, who often face

member and chair of the finance committee. “The Preserve at Olive Branch will offer a thoughtful, affordable option that fills a critical gap and honors the dignity of those we serve.”

Building on Proven Success

ERS is uniquely positioned to lead this work thanks to the successful pilot of River’s Edge in Perrysburg, Ohio, which achieved 96.7% occupancy, with all homes fully leased within two weeks of completion. The demand for attainable, well-designed senior housing is clear.



Wellness Center and Community Room



The Preserve at Olive Branch continues this momentum, drawing on the same successful partnership model used at River’s Edge with Ridge Stone Builders & Developers Ltd.—a family-owned company with more than 60 years of combined experience in senior housing development and construction.

“ERS has been a trusted partner for decades, and together we’ve built communities that make a difference in people’s lives,” said Brian Gruber, owner of Ridge Stone Builders & Developers Ltd. “We’re proud to bring our long-standing collaboration to the Preserve at Olive Branch and deliver the same quality, craftsmanship, and heart that have defined our work with ERS since the beginning.”

Thoughtfully Designed

The Preserve at Olive Branch will feature one- and two-bedroom, single-story villa homes in a mix of single-unit and multi-unit buildings. Monthly rates will start at about \$1,600, priced to remain competitive and aligned with the area’s median income for individuals age 62 and older, with optional services available for an additional fee.

Planned amenities include:

- Comfortable community spaces, including a clubhouse with a large gathering room, fitness center, and pool.
- Landscaped grounds with walking paths.
- Activities, community events, and parties.
- On-site management with maintenance support.
- Lawn care and snow removal.
- Service coordination from staff trained to support older adults—connecting residents to helpful services and community resources through ERS’ local partners.

Building Momentum for 2026

The Preserve at Olive Branch will be more than a housing development. It will be a welcoming, connected community where older adults can live with dignity, independence, and peace of mind. Groundbreaking is expected in spring 2026.

While applications are not yet open, interested adults, age 65 and older, may call 513.969.2131 to join a contact list for updates. ■

Affinity Groups Celebrate a Year of Connection and Growth



Leaders and active participants of ERS' three affinity groups gathered for a year-end celebration, reflecting on the events and connections that fostered belonging and looking ahead to another year of team member bonding and empowerment.

In 2025, ERS' affinity groups continued to strengthen the organization's culture by creating spaces where team members can connect, support one another, and grow together. Formed as part of our We Can Do Better initiative, the groups were created to help team members feel seen and valued. They welcome not only those who identify with a particular group but also allies who want to encourage and uplift those involved and the work being done.

To honor a year of meaningful contributions and hard work, leaders and active participants from all three affinity groups joined the Servant Leadership Team for a year-end celebration.

- **Black, Indigenous, and People of Color (BIPOC) Affinity Group**
- **Women in Leadership Affinity Group**
- **ERS Young Professionals Affinity Group**

The gathering highlighted the groups' shared commitment to fostering belonging and empowering team members to support one another.

A standout accomplishment this year was the Interrupting Biases: -ISM Training series, an organization-wide initiative co-led by leaders and active participants from all three groups. The series

strengthened awareness, understanding, and inclusion across the organization.

DD Farmer, an active member of the BIPOC Affinity Group, said the group worked closely together to prepare. "We held each other accountable for the sections we led and met beforehand to plan which parts each person would cover and who would take part in the scenario exercises."

The training was attended by 86% of ERS team members and had a major impact across ERS. "The ISM training was offered to all staff and made a real difference," DD added.

Throughout the year, each group contributed unique programming that enriched the ERS community.

Reflecting on the celebration, leaders and active participants recognized the collective impact of their work. DD said the gathering emphasized the importance of the groups' efforts. "The important work we all did together in our groups really helps make a difference."

Looking ahead, she concluded, "Don't stop, keep making an impact." As ERS moves forward, the creativity and collaboration of these affinity groups will continue to shape a workplace where we listen, learn, and grow together. ■



ERS is in the midst of a special campaign designed to get to the core of two urgent problems plaguing older adults at alarming rates:

Social Isolation and Declining Health



Recently, the U.S. Surgeon General declared loneliness an epidemic, equating its impact on physical, mental, and emotional health to smoking 15 cigarettes a day. Heart disease, stroke, diabetes, anxiety, depression, and dementia are among the many conditions that are significantly more likely to occur—or worsen—among those living in isolation.

We have good news! The latest World Happiness Report revealed that the simple act of dining with others can have a dramatic impact on overall health and wellness.

Understanding this, ERS launched Swipe ‘N’ Dine in the fall of 2023. Since its inception, more than 1,000 participants came to the table to enjoy 20,000-plus delicious and nutritious meals—sharing

smiles, stories, and the simple joys of being welcomed and included.

ERS has launched a campaign to raise \$700,000 in charitable contributions to expand Swipe ‘N’ Dine to:

- Serve more older adults
- Strengthen its impact through expanded services in the coming years

To date we have raised over \$400,000 towards this goal and need your help!

To make a gift, or to learn more about Swipe ‘N’ Dine, visit erslife.info/snd or contact Executive Director of Philanthropy, Joy Blang, at 513.979.2313 or jblang@erslife.org

What is Swipe ‘N’ Dine?

*Swipe ‘N’ Dine is in partnership with the Council on Aging of Southwest Ohio

Swipe ‘N’ Dine is an ERS initiative underway to address social isolation and loneliness among older adults living in a private residence without access to support services.

Adults over the age of 60 are eligible to sign up to receive a monthly “stipend” to dine multiple times at participating restaurants and ERS run communal dining events.

The promise of a delicious meal is the spark that brings them to the table, but it’s the friendships, newly found support systems, sense of purpose, and added fun to their days that keep them coming back.

The 2025 *Gatherings for Good* was a resounding success, raising nearly \$300,000! Special thanks to our sponsors, donors, volunteers, residents, families, and staff for making all three events shine—with powerful stories, great entertainment, unforgettable venues, and amazing friendships.

ERS
Gatherings for Good
 — GALA SERIES 2025 —
 INTIMATE & FUN EVENTS TO
 BENEFIT THE GOOD SAMARITAN MISSION



PRESENTED BY:



SUPPORTED BY:



2026 has two all-new signature events in the works for this coming fall.



FALCON'S LANDING | Friday, September 25
 at Meshewa House of Turner Farm in Indian Hill



A historic estate on 230 acres of organic farmland and open pastures—the epitome of simple elegance.

SPHERE OF LIFE | Friday, November 13
 at Mercantile Immersive in Downtown Cincinnati



Cincinnati's first 360° multisensory event space, featuring IMAX-quality cinematic experiences with cutting-edge LED displays, spatial audio, and dynamic lighting.

We hope you'll join us!

Donor Profile:

If You Want To Know the History of ERS There Is No Better Authority Than Jon B. Boss

For more than 60 years, Jon has been a steadfast champion of ERS and the needs of older adults. His journey began as a freshman at Wyoming High School, when his church—Ascension and Holy Trinity—committed to supporting 20 older women living in a new residence, The Bishop Reese Home. The Reese Home was supported by Memorial Homes Foundation, which later became what is now known as ERS. Marjorie Purves Lee was one of the founding trustees of the Reese Home. Following her death, her husband built a home in her memory, Marjorie P. Lee, which remains one of ERS' retirement communities today.

Jon's path led him to Denison University, then the Marine Corps, and later a successful career with The Kroger Company—which brought Jon and his wife, Jeanne, back home to Cincinnati. Locally, he has long been an active lay leader in the Diocese of Southern Ohio. In 1987, Bishop William G. Black asked him to serve as his director of administration. Since then, Jon has faithfully served as a trustee representative of the diocese, advising the bishop on the allocation of funds for church buildings and other diocesan needs. This included an appointment to Episcopal Retirement Homes (now Episcopal Retirement Services) Foundation board. Jon stepped down from both roles at the end of 2025, leaving an extraordinary legacy of leadership and service.

In his early years of service to ERS, Jon—who would later serve as board chair—worked closely with the board and staff leadership to establish policies across all levels of the organization that set enduring standards of excellence for generations to come. These areas included, as Jon recalls, admissions, discharges, transfers, communicable diseases, pricing, human resources, and financial policy—along with board responsibilities such as investment



policy, conflicts of interest, strategic planning, and charitable giving.

Laura Lamb, ERS president and CEO, met Jon in 1994 when she began her time at ERS as an intern working on her master's degree. "Jon has been a tremendous supporter of ERS through the years. On a personal level, I feel so fortunate that he took me under his wing, so to speak, and has mentored me for more than 30 years. He cares deeply about ERS and our mission—and helps us all grow by sharing his wisdom and knowledge."

Jon and Jeanne have been personally charitable toward ERS for more than 35 years—through annual gifts, attendance at fundraising galas and events, and by making the ultimate commitment of including ERS in their estate plans. Jon has also tirelessly encouraged others to make ERS a priority in their own giving. ■

ERS

Episcopal Retirement Services

3870 Virginia Avenue
Cincinnati, OH 45227-3427
EpiscopalRetirement.com

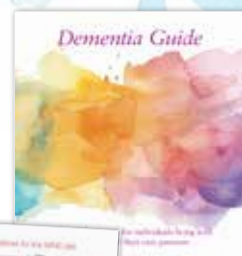
NON-PROFIT ORG.
U.S. POSTAGE
PAID
CINCINNATI, OH
PERMIT NO. 5782



**New Resource for Individuals Living With
Dementia and Their Care Partners**

Dementia Guide

As an outreach ministry of Episcopal Retirement Services (ERS), the Center for Memory Support and Inclusion (CMSI) serves people with dementia, their care partners, and the broader community through social programming, support, and education. ERS is proud to offer the region's only Dementia Guide as a free resource for individuals living with dementia and their care partners.



About the Guide

In this guidebook, you will find information about dementia, including diagnoses and what to expect, communication tips and brain health strategies, as well as practical tools for navigating day-to-day challenges, along with other topics like:

- Normal aging vs signs of dementia
- How diet and activity affect brain health
- How to connect with someone living with memory loss
- Home safety checklist

**Scan this code
to get your FREE guide:**



To learn more about CMSI resources, programs, support, and educational opportunities, visit thecenter.org or contact CMSI Director Shannon Braun at sbraun@erslife.org or 513.966.5620.