

# November Activities



## Thanksgiving Bingo

**Tuesday, November 4th  
at 12:30pm**

Join us in the community room to play a few rounds of bingo! If you bingo, you win a prize!

## Quarter Bingo

**Friday, Nov.7th at 10:00**

It's raining quarters! Every bingo wins a quarter. Last game, cover all for \$1.00

## Turkey Shoot Trivia

**Tuesday, November 11  
at 12:30**

Let's have some fun with trivia! Answer correctly and get a chance to shoot a turkey. Come win fun prizes

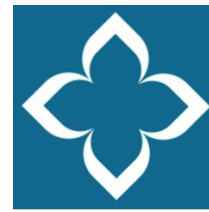


## Thanksgiving Celebration

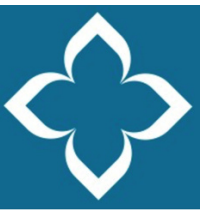
**Tuesday, November 25<sup>th</sup> at 12:30**

Please join us in giving thanks this year at our Thanksgiving Celebration in the community room. There will be a meal provided and a small activity to go along with the thankful spirit of the season! Even some door prizes to show our appreciation for all of you who make activities great! We hope you will join us. **You must sign up by Monday, November 17<sup>th</sup> to be included in the headcount for meals. We cannot guarantee meals to anyone who does not sign up by that day.**

*Knowlton is a residential community of Episcopal Retirement Services*



# KNOWLTON RESIDENT NEWSLETTER November 2025



## Transportation

The bus fare is \$2. Please bring reusable bags for groceries. There is a limit of 3 bags. No push carts or wagons are allowed on the bus. **Bus drivers will not be able to assist you in getting bags/senior boxes on OR off of the bus. If you need assistance, please prepare for that ahead of time.**

PHONE LINE 513-431-9767

All reservations must be called into the transportation line. Please leave the destination, your name, phone #, the property name & if you have a walker or wheelchair. There will be a \$2 charge per trip. Bus drivers will only wait 10 minutes after the designated times.

## Bus Schedule

**11/4 at 10:10 Ross**  
**11/6 at 10:10 Kroger**  
**11/7 at 11:10 Hard Rock Casino**  
**11/10 at 10:10 Cracker Barrel**  
**11/13 at 11:10 Free Store**  
**11/17 at 10:40 C R Deals**  
**11/20 at 10:10 Walmart**  
**11/21 at 9:20 Cinti Mural Tour**

**11/21 Mural Tour with Tonya & Manndy**  
**Enjoy an up close view of several downtown murals and meet one of the artists. You don't want to miss this!**

***CALLS WILL BE MADE FOR ADJUSTED TIMES***

## Building Information

Patrice, Community Manager:

513-222-2825

Sue & Alli, Activities:

513-527-7058

Rebecca, Service Coordinator:

Thursdays 10:00-3:30

513-818-6376

Wes, Wellness Mgr:

513-818-6377

Afton, Wellness Asst.:

513-813-7155

Tonya & Manndy Transportation:

513-431-9767

Maintenance:

1-877-235-1331

## November Birthdays

**Carl Thomas 11/15**

**Lisa Jones 11/17**



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# RESIDENT INFORMATION

## Resident Council Meeting

Thursday November 6th at 6:00pm

First Thursday of the month



## Hospitality Community Meeting

Wednesday, November 5th at 5pm

First Wednesday of the month



## Senior Food Boxes

Monday November 17th

Food boxes are delivered the third Monday of the month.



## Resident Games

Every Saturday:

Bingo -4 pm to 6pm

Pokeno 6pm



## All Resident Meeting

Thursday November 13th at 6:00pm

Second Thursday of the month



## Bible Study

Every Monday at 11:00



## Pest Inspection

Thursday, November 13th

11:00am to 12:00pm

Inspections are scheduled the second Thursday of the month.



## NOVEMBER LAUGHS

1. What is the most negative month of the year?  
NO-vember.
2. Why do people love November?  
Because they simply fall for it.
3. Why did the pilgrim's pants keep falling down?  
Because his buckle was on his hat.
4. What is the most knowledgeable month of the year?  
Know-vember.
5. What would be everyone's favorite season if money grew on trees?  
Fall.
6. Why didn't the turkey feel like eating in November?  
Because it was stuffed.
7. What is Humpty Dumpty's favorite month?  
November. Because he had a great fall.



# WELLNESS PROGRAMS

## WISE Program

Tuesdays at 2:30pm

Join speakers from Talbert House for a 6-week mental health program covering topics of stress, anxiety, depression, grief and more. Come learn about ways to improve your mental and physical health in a welcoming environment.



## Cooking Class with Chef Jordon Anthony

Tue., Nov18 at 1:00

Chef Anthony is coming to your community to teach a cooking class. The class will take place in the Community Room, space is limited so sign up today. Join Chef Anthony Jordan for a hands-on cooking lesson and a delicious meal. This month's recipe: Black-Eyed Pea & Collard Stew with Smoked Turkey and Cornbread.



## CMC Lunch & Learn: King Records and Herzog Studios:

Fri., Nov. 14 at 1:00

Hear how King Records became an independent record label recording and manufacturing bluegrass, country, jazz, doo-wop, R&B and made James Brown, the Godfather of Soul. A catered lunch is provided.

## Wellness Advisory Council

Thurs., Nov. 20 at 9:00

Got a suggestion? Join members of the ERS Wellness Team to share your feedback on Wellness programming and help us bring the best to your community.

## Exercise Class

Every Wednesday 10:30

Get ready to elevate your well-being with our invigorating chair exercise class, suitable for all fitness levels. Join us each week and embark on a journey to enhance your strength and balance. Don't miss out on this fantastic opportunity to prioritize your health and wellness. See you there!



## Personal Training Opportunity

Interested in personal training? Schedule a session with ERS wellness Manager Wes or ERS wellness assistant Johnnie, to have a customized exercise program written for you. Call Wes at 859-567-0839 or Johnnie at 513-299-8275 to schedule today!

## Bingoscize

Wednesdays & Fridays at 11:30am

Join Afton for a 10-week session of Bingocize. This class combines exercise and health information with the fun of Bingo.