

# December Activities



## IT'S BEGINNING TO LOOK A LOT LIKE CHRISTMAS

Tuesday, December 2nd at 12:30pm

Join your neighbors as we decorate the community for the Holiday Season! Sing Christmas Carols, eat cookies and hang ornaments. Help spread the Holiday Cheer!



Christmas Celebration w/ Bingo  
Tuesday, December 23rd at 12:30pm

Please join us in the community room for our annual Christmas party! There will be a delicious meal, classic Christmas songs and BINGO!

**MUST SIGN UP BY MONDAY  
DECEMBER 15<sup>TH</sup> TO SECURE A MEAL**



Quarter Bingo  
Friday, December 5th at 10:00am

It's raining quarters! Every bingo wins a quarter. Last game, cover all for \$1.00



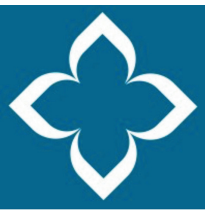
Winter Craft  
Tuesday, December 9<sup>th</sup> at 12:30pm

You don't have to be creative to enjoy this craft! We're making a snowman out of stickers, glue, a dinner glass and some ribbon! It is a perfect decoration for your apartment!

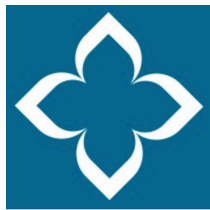


New Year Celebration  
Tuesday, December 30<sup>th</sup> at 12:30

Let's say goodbye to 2025 and hello to 2026 at this activity where we will enjoy sparkling grape juice, work on our new year's resolutions and discuss suggestions for activities in 2026 from you all! Happy new year!



# KNOWLTON RESIDENT NEWSLETTER December 2025



## Transportation

The bus fare is \$2. Please bring reusable bags for groceries. There is a limit of **3 bags**. No push carts or wagons are allowed on the bus. **Bus drivers will not be able to assist you in getting bags/senior boxes on OR off of the bus. If you need assistance, please prepare for that ahead of time.**

PHONE LINE 513-431-9767

All reservations must be called into the transportation line. Please leave the destination, your name, phone #, the property name & if you have a walker or wheelchair. There will be a \$2 charge per trip. Bus drivers will only wait 10 minutes after the designated times.

### Bus Schedule

12/4 at 10:10 Kroger  
12/8 at 9:45 Sugar 'n' Spice  
12/11 at 11:15 Free store  
12/17 at 3:30 Pyramid Hill & El Trompo  
12/18 at 10:10 Walmart  
12/19 at 10:25 Five Below  
12/22 at 10:00 Stonecreek  
12/31 at 10:10 Kroger

**Pyramid Hill Holiday Lightshow:**  
The Pyramid Hill Lights features a unique route through the art and nature filled sculpture park. Bus drivers will be stopping at El Trompo for residents to eat before the lightshow. You will be responsible for paying for your own meal if you wish to have one. **MUST PAY \$2 TO THE LOCK BOX BY MON. 12/8 & CALL TRANSPORTATION TO SECURE A SPOT ON THIS TRIP. This \$2 will cover the usual bus fee.**  
**CALLS WILL BE MADE FOR ADJUSTED TIMES**

## Building Information

Patrice, Community Manager:

513-222-2825

Sue & Alli, Activities:

513-527-7058

Rebecca, Service Coordinator:

Thursdays 10:00-3:30

513-818-6376

Wes, Wellness Mgr:

513-818-6377

Afton, Wellness Asst.:

513-813-7155

Tonya & Manndy Transportation:

513-431-9767

Maintenance:

1-877-235-1331

### 2026 SOCIAL SECURITY LETTERS

Once you receive your 2026 social security letters, please bring it to the office so staff can get a copy for their files.

## December Birthdays

Darryl Farris 12/4

Ivy Wells 12/6

William Humphrey 12/12

Martha Breeding 12/25

Darlene Gaines 12/25



# RESIDENT INFORMATION

## Resident Council Meeting

Thursday December 6th at 6:00pm  
First Thursday of the month



## Hospitality Community Meeting

Wednesday, December 5th at 5pm  
First Wednesday of the month



## Senior Food Boxes

### Monday December 15th

Food boxes are delivered the third Monday of the month.



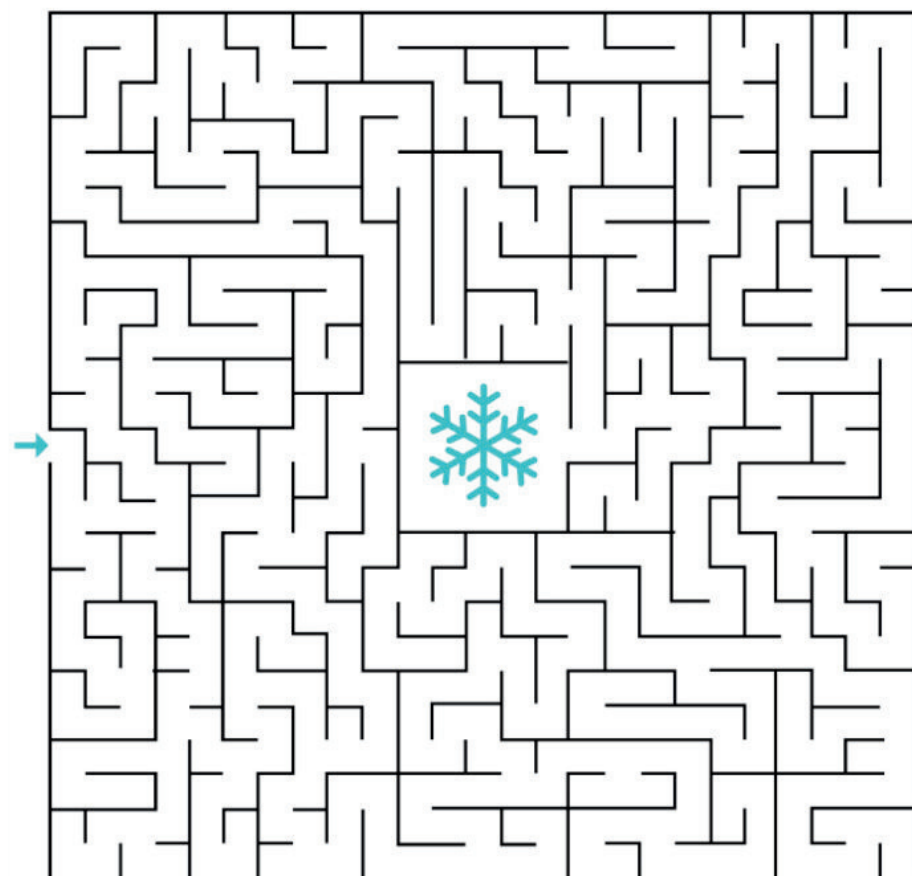
## Resident Games

Every Saturday:  
Bingo -4 pm to 6pm  
Pokeno 6pm



## WINTER MAZE

Find your way through the maze to reach the snowflake in the center.



## All Resident Meeting

Thursday December 13th at 6:00pm  
Second Thursday of the month



## Bible Study

Every Monday at 11:00



## Pest Inspection

Thursday, December 11th  
11:00am to 12:00pm  
Inspections are scheduled the second Thursday of the month.



# WELLNESS PROGRAMS



## Cooking Class with Chef Jordon Anthony

### Friday, December 19th at 12:00pm

Chef Anthony is coming to your community to teach a cooking class. The class will take place in the Community Room, space is limited so sign up today. Join Chef Anthony Jordan for a hands-on cooking lesson and a delicious meal. This month's recipe: **Salmon Croquette and Citrus Kale Salad.**

## Scents of the Season

### Monday, December 1<sup>st</sup> at 12:00pm

Join naturalist Carol Mundy for a hands-on and "nose-on" presentation on the fascinating journey of plants from around the world to your kitchen.

## Daven Roberson Presents:

### Music Mistletoe Party

### Wednesday, December 3<sup>rd</sup> at 1:00pm

It's time for some holiday Cheer! Join us for live music and snacks with Daven from Soul Music for Seniors



## Movie

### Monday, December 15<sup>th</sup> at 2:30pm

Be sure to sign up and suggest a movie.

## Wellness Advisory Council

### Thursday, December 18th at 9:00am

Got a suggestion? Join members of the ERS Wellness Team to share your feedback on Wellness programming and help us bring the best to your community.

## Exercise Class

### Every Wednesday 10:30

Get ready to elevate your well-being with our invigorating chair exercise class, suitable for all fitness levels. Join us each week and embark on a journey to enhance your strength and balance. Don't miss out on this fantastic opportunity to prioritize your health and wellness. See you there!



## Personal Training Opportunity

Interested in personal training? Schedule a session with ERS wellness Manager Wes or ERS wellness assistant Johnnie, to have a customized exercise program written for you. Call Wes at 859-567-0839 or Johnnie at 513-299-8275 to schedule today!

## Bingoscize

### Wednesdays & Fridays at 11:30am

Join Afton for a 10-week session of Bingoscize. This class combines exercise and health information with the fun of Bingo.