



Larkspur

New Carlisle Village
July New Letter
Issue 7



Water Lily



WHAT'S FRESH JULY

Beets	Mango
Blackberries	Melons
Blueberries	Nectarines
Corn	Okra
Cucumber	Peaches
Eggplant	Purslane
Fennel	Raspberries
Figs	Squash blossoms
Grape & cherry tomatoes	Summer squash
Green beans	Tomatillos
Kohlrabi	Watermelon
	Zucchini

allrecipes



Peach Salsa

Active Time:

10 mins

Stand Time:

5 mins

Total Time:

15 mins

Servings:

6




Ingredients

- 3 medium-size fresh peaches (about 1 ¼ lb. total), pitted and diced
- ½ cup finely chopped red onion (from 1 onion)
- ½ cup quartered multicolored cherry tomatoes
- ¼ cup packed chopped fresh cilantro leaves
- ½ small serrano chile, cut into thin rings
- 1 teaspoon grated lime zest plus 2 Tablespoons fresh juice (from 1 lime)
- 1 teaspoon kosher salt
- ¼ teaspoon chili powder

Directions

1. Stir together peaches, red onion, tomatoes, cilantro, serrano, lime zest, lime juice, salt, and chili powder in a medium bowl. Let stand 5



minutes at room temperature before serving,
stirring occasionally.

Can you answer these questions about the 4th of July?




1.) Who was the youngest person to sign the
Declaration of Independence at 26 years old?

- a.) Edward Rutledge
- b.) Thomas Jefferson
- c.) John Adams
- d.) George Washington

2.) Which state became the first to make 4th of July
an official Holiday in 1781?

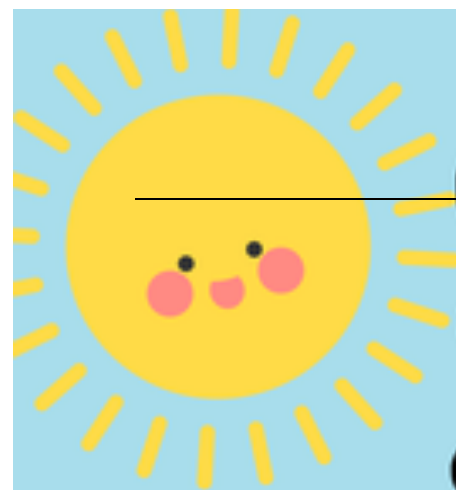
- a.) Pennsylvania
- b.) New York
- c.) Virginia
- d.) Massachusetts

3.) There are more than 314 million people living in the
United States today, how many people were in the United
States when they signed the Declaration of Independence?

- a.) 1 million people
 - b.) 855,000 people
 - c.) 2.5 million People
- 

d.)750, 000 people

1.) A 2.) D 3.) C



SUN SAFETY

✓ COVER UP

Wear clothing that covers your skin.



✓ APPLY SUNSCREEN

SPF 30 or higher, 20 minutes before sun exposure. Reapply every 2 hours.



✓ WEAR A HAT & SUNGLASSES

Broad-brimmed hats provide better protection.

✓ SEEK SHADE

Reduce UV radiation by taking shelter under a tree, umbrella or another shady spot.





Signs of Dehydration

- LOSS OF APPETITE
- DRY MOUTH
- DIARRHEA
- EXCESSIVE PANTING
- DECREASED SKIN ELASTICITY*
- SUNKEN EYES
- LETHARGY

*Lift the skin over your pet's shoulder and release.
Healthy: Skin immediately goes back to normal position.
Dehydrated: Skin will not fall back to normal position.



Joyce Robinson will be here July 11, 2023 at 11:00. The signup sheet is located at the service coordinators office.

You will need to bring:

Your I.D.

Social security card of birth certificated

Your most recent electric bill

Social security award letter/ proof of income

If you need copies from the office come in before July 11 to get them.

New Carlisle Food Truck Nights

May 4th thru October 19th

1st & 3rd Thursday of each month • Downtown next to CVS Pharmacy

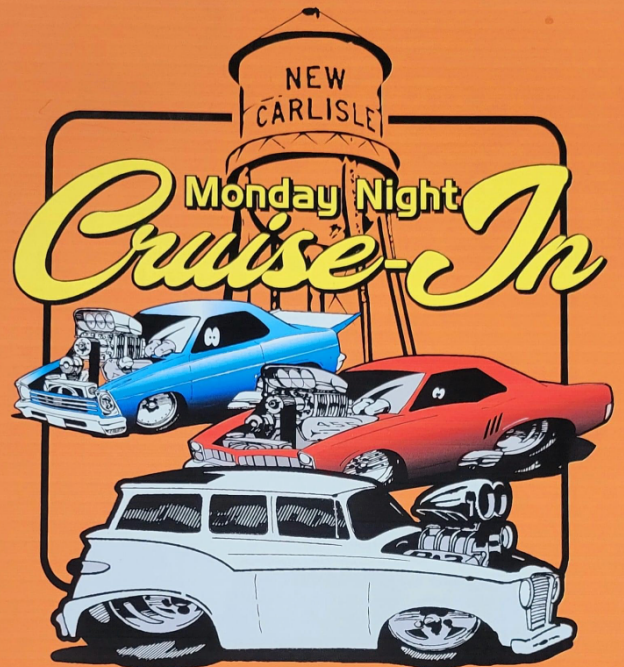
- May 4th & 18th
- June 1st & 15th
- July 6th & 20th
- August 3rd & 17th
- September 7th & 21st
- October 5th & 19th

**4PM
TO
8PM**



The Monday night Cruise-ins! The Cruise-ins are every night Monday night. If you want something to do to get over those Monday Blues this could be an idea.

Try something new and enjoy some food. At the bi weekly Food Truck nights.



**Located on Main St in the
Park National Bank, Brethren Church &
April's Pet Grooming's Parking Lots**

What's happening around Here?

Snap –Ed Bingo will be July 5, 2023
at 1:30pm in the community room.



OHIO
SNAP-ED

Better food choices for healthier Buckeyes

The farmers market is every
Saturday from 10am-2pm

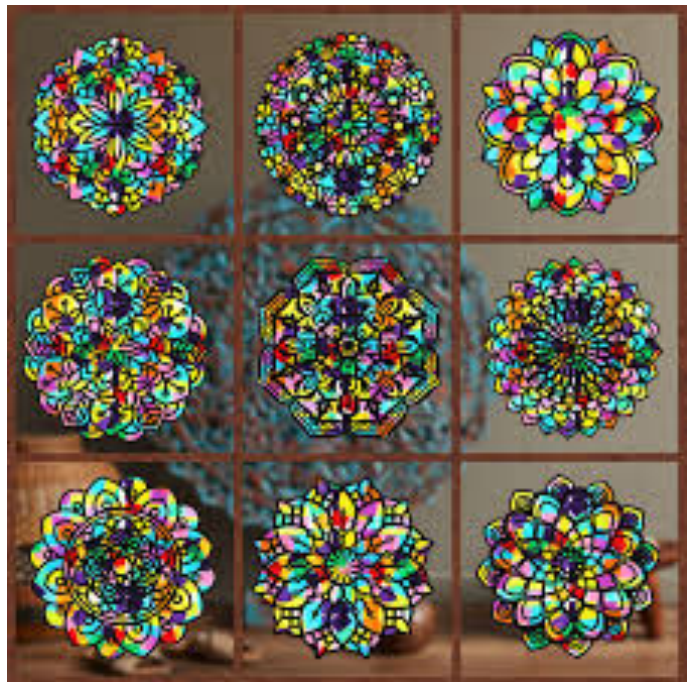


NEW CARLISLE
Farmers Market

Tillie from the library is coming in to do a craft with the residents.
It will be Friday July 14 at 1:30pm
in the community room



Crafts with Emily on Thursday July 27, 2023 at 2pm in
the community room



★HAPPY★ BIRTHDAY!

Roxana E. 7/3

Judy K. 7/8

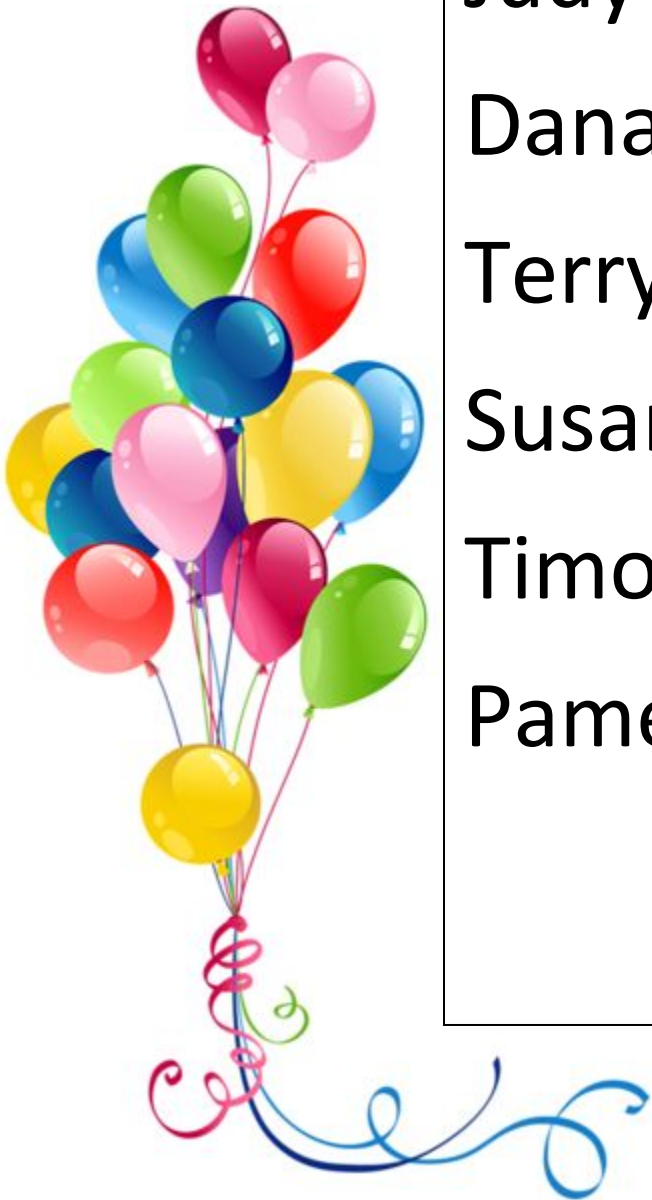
Dana C. 7/11

Terry F. 7/11

Susan G. 7/11

Timothy P. 7/15

Pamela C. 7/27





4th of July Word Search

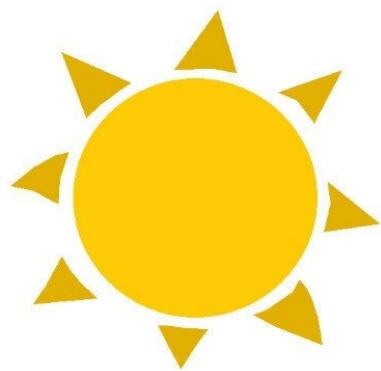
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I	Y	D	G	A	E	N	M	U	I	J	R	J	P	A
R	T	H	E	E	R	I	O	F	X	Y	W	I	U	U
E	U	H	D	P	Y	A	L	U	N	T	Y	V	A	O
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M	S	W	H	I	T	E	A	J	W	C	Y	O	J	I
Q	Y	G	R	Y	H	T	B	R	B	L	E	F	U	Y
I	V	A	A	E	J	E	I	L	S	A	U	M	L	W
A	C	I	R	E	M	A	U	G	S	Z	B	Y	Y	G
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AMERICA
BLUE
FIREWORKS
FOURTH

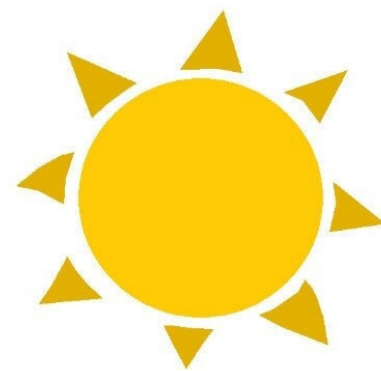
FREEDOM
INDEPENDENCE
JULY
PARADE

RED
STARS
SUMMER
WHITE





Summer Word Search



SUMMER

SUNSHINE

SWIM

BOAT

CAMP

HIKE

GARDEN

PLAY

BEACH

JULY

AUGUST

PARK

PICNIC

POPSICLE

ICE CREAM

SHORTS

DRESS

TRAVEL

VACATION

SEASON

G A R D E N Y S M B M T O L S

N I A R M E L E S E E R W O U

U C I N C I P E A S I A M S N

L M L I N O I T A C A V R P S

P O P S I C L E Q L D E K I H

U I P E C A M P I O O L F C I

Y T N S R E T L M D N T R E N

P W N S O E P A T G N E D X E

A U G R I A D Y B O A Y A T E

R L J U L Y G R S A S O U P A

K E F G L C E A T H I R G A S

B A L Y P A E N O C R E U R D

S H O R T S O O H A E H S H R

U Y P E M N O S A E S S T D E

C H E T A M C L Y B G M R E S

X L A O V Z R C O J B R I N S

F O S E M A E R C E C I O W L

B L O S S U M M E R W B M O S





Starting July 1, 2023 we will
have a new maintenance and
housekeeping partner, Building
Management Partners (BMP)

The new number to call
for work requested in
your apartment is:

1-877-235-1331



Thursday July 20 at
noon is our lunch in. If
you would like to bring
prepackage food like
chips or dessert etc. Let
the office know.

Thank you



If you are interested in
being a part of a
crochet club here at
New Carlisle Village
please call the Service
Coordinator at
937-203-2035