



Interlink

ERH

When you
love what you do,
it shows

Heartfelt Expertise at Marjorie P. Lee

Recognized as a Congestive Heart Failure Center of Excellence by The Christ Hospital

By Kristin Davenport
Photo by Gary Kessler

John was a resident in Lee Gardens, the nursing rehab center at Marjorie P. Lee (MPL), and came to us from The Christ Hospital, where he had been admitted for congestive heart failure (CHF). His condition called for a change in lifestyle habits and managing a new diet and routine concerned him. He understood that failing to follow the doctor's plan could mean a return to the hospital.

"I thought it would be too easy to settle back into my old habits," John says. The MPL team went into action to make sure he had the knowledge and tools he needed to return home with confidence.

"The difference for me was the staff at Marjorie P. Lee," John says. "They guided me in making the right choices throughout

my day. The nurses at MPL knew my goals and gave me their support."

"We have been recognized as a member of the hospital's prestigious Center of Excellence Network for CHF," says Laura Lamb, Vice President of Residential Housing and Healthcare for ERH. The decision to form this partnership with MPL was based on the outstanding quality of the nursing care, the longstanding reputation in the community and a track record of low readmission rates back to the hospital for patients.

"We make the CHF education effective and practical for short-term residents because they live with us for 20 to 25 days," Lamb says. "Together, we are creating new habits.

They are weighing themselves each morning, watching fluid and salt intake and eating an appropriate portion size." The



Left, Jessica Marcum, RN – MPL Care Team Manager;
Judi Dean, Director of Nursing at Marjorie P. Lee

technology is cutting-edge, and the staff is trained in heart-failure care. "The partnership has been ongoing, and the rigorous evaluation and accreditation process took a year to complete," Lamb notes.

"Treatment requires specialization, and not everyone can take care of heart-failure patients," says Judi Dean, the Director

of Nursing at MPL. "We have spent extensive time and effort developing comprehensive care and meal plans and educational materials for staff, residents and their families."

Being part of the CHF Network is another example of the care and service at MPL that residents and their families have come to expect.



Please Welcome Betsy Sorensen to ERH

*Please join us in welcoming
Betsy Sorensen to Marjorie P.
Lee! Betsy will serve the MPL
community in the role of
Front Desk Receptionist.*

Milestone Anniversaries

*Congratulations to the fol-
lowing individuals who have
celebrated a "milestone"
anniversary with ERH*

March

Affordable Housing Management

Doug Chambers
AL Development 1

Deupree House

Megan Mead
Nursing Admin.....5

Kaitlyn Cooper
Dining Services 1

Marjorie P. Lee

Joanna Schneider
Amstein House 20

Magatte Seck
Amstein House 10

Loretta Colwell
Assisted Living..... 5

Cindy McKittrick
Lee Garden 5

Arlene McNickles
Nursing 5

Abena Boggs
Nursing 1

Jessica Marcum
Nursing Admin.....1

Nita Moses
Amstein House 1

April

Deupree House

Lori Kelly
Dining Services..... 20

Brian Lamb
Dining Services..... 20

Preston Kahn
Dining Services..... 1

Living Well Senior Solutions

Pam Ward
Aging Life Care 5

Marjorie P. Lee

Gavin Sanders
Dining Services..... 5

Kia Austin
Independent Living 1

Vanessa Arp
Lee Garden..... 1

Saya McClair
Dining Services..... 1

Mindy Sims
Case Management..... 1

New Faces

*Welcome to the following
individuals who have re-
cently joined the ERH team*

Cambridge Heights

Jodi Bell
Administration
02/25/2015

Cindy Edmiston
Transportation
(02/23/2015)

Anthem Announcement

In January, Anthem discovered there had been a cyber attack to gain unauthorized access to their IT system. Attackers obtained personal information relating to consumers who were or are currently covered by Anthem.

Anthem set up an information web site anthemfacts.com and individually notified members by U.S. Postal mail with specific information on how to enroll in free credit monitoring and identity protection services.

Anthem has established a toll-free number 877-263-7995 to answer questions related to this incident. Anthem is warning of phone and email scams. Anthem is not emailing or calling members regarding the attack and is not asking for credit card or Social Security numbers.

For guidance on recognizing scam email, visit the FTC: <http://www.consumer.ftc.gov/articles/0003-phishing>.

Deupree House

Taylor Biehl
Dining Services
(02/11/2015)

Martine Chamberlain
Deupree Cottages
(02/04/2015)

Simon Dadosky
Dining Services
(03/20/2015)

Margo Dailey
Dining Services
(03/30/2015)

Erica Griffin
Dining Services
(02/12/2015)

Simone Douglas
Deupree Cottages
(02/19/2015)

Ebony McBurrows
Deupree Cottages
(03/17/2015)

Steve Jones
Dining Services
(02/25/2015)

Falisha Payne
Craftsman Cottage
(03/03/2015)

ERH Corporate

Spring Young
Fund Development
(02/23/2015)

Marjorie P. Lee
Alene Kennedy
Dining Services
(02/24/2015)

Joy Leonard
Administration
(03/27/2015)

Meals on Wheels

John Dunn
Transportation
(02/18/2015)

Parkview Place

Ray Norrod
Maintenance
(02/03/2015)

St. Paul Village

Doug Feldkamp
Maintenance
(02/09/2015)

Caroline Hershner
Wellness (02/26/2015)

St. Pius Place

Patrice Stargell
Administration
(02/19/2015)



EARN MORE

ERH TALENT REFERRAL PROGRAM

Refer a New Employee & Earn a Bonus!

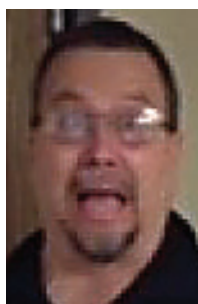
Meet Deupree House employees Steve Jones and Chrissy Stacey. Recently, Chrissy referred Steve to ERH for a position. Steve was interviewed and hired, so Chrissy received an "Earn More" bonus. Earn More is the talent referral program at Episcopal Retirement Homes.

Referrals from our ERH employees are our best source of meeting and recruiting talent to join our organization and to serve our residents. As gratitude to employees who refer a candidate who is hired, a monetary incentive is available as a gesture of appreciation. To learn more about Earn More, contact Molly de Jesus at x7133 or Pati Payne at MPL x5396 or DH x6647.



Ken Barker Going 'Over the Edge For Elders'

Ken Barker, maintenance at Canterbury Court (CCT), is really taking one for the team! Ken announced that he is going 'Over the Edge For



Elders' to rappel down 10 stories of the Central YMCA at the June 13 fund raising event in Cincinnati. The CCT staff rallied for Ken and created a banner and a thermometer. The resident council made a challenge grant of \$99 to the staff. CCT staff and residents have raised more than \$1,750 surpassing their goal of \$1,000. Each resident who makes a donation gets a photo of Ken for their door. Fund Development thanks the CCT staff and residents for all their support of this event. *For more information, visit www.ote4elders.org.*

ERH ANNUAL ED 2.0 SESSIONS

Take a nanosecond to meet with your manager and choose a session to attend.

2015 TOPICS

Infection Control	Setting Realistic Expectations for Families
Safety and Hazardous Communication	Corporate Compliance / HIPAA
Dementia	Health and Well Being
Residents' Rights	HR Self-Service Portal
Abuse and Neglect	

ANNUAL ED 2.0 DATES

Thursday, April 23

10:00 a.m. - 3:00 p.m.
Columbus for Affordable Living

Thursday, May 14

10:00 a.m. - 12:00 noon
*Computer Lab for Online Annual Ed
Deupree House Event Center

Tuesday, June 23

8:30 a.m. - 4:30 p.m.
Deupree House Event Center

Wednesday, August 12

8:30 a.m. - 4:30 p.m.
Marjorie P. Lee Event Center

Wednesday, October 14

8:30 a.m. - 4:30 p.m.
Marjorie P. Lee Event Center

Thursday, November 12

2:00 p.m. - 4:00 p.m.
*Computer Lab for Online Annual Ed
Marjorie P. Lee Event Center

Wednesday, December 9

8:30 a.m. - 4:30 p.m.
Marjorie P. Lee Event Center

Register with De'Shauna Liermann at ext. 5364 or dliermann@erhinc.com.





WELL-BEING

ERH STAFF WELLNESS PROGRAM



Yoga is proven to provide a variety of physical benefits, such as increased flexibility, improved strength, greater muscle tone, better balance, pain prevention, mindful breathing and reduced stress. Join us on Wednesdays from Noon to 12:45 as Patty Braash, Certified Yoga instructor and ERH

Wellness Coordinator leads us through this class. This is for beginner and intermediate yoga students. Mats and blocks are provided. This class is completely FREE to you and rotates between MPL and DH Event Centers. Look for an email each Wednesday to remind you of the correct location. For questions or more information, please see a member of the Wellness team or HR team.



Join us for Weight Watchers at Work, a great program that you can take advantage of each Monday at MPL from 11:15am to Noon. Join fellow ERH team members as we learn about mindful, healthier eating choices and how to live a more active lifestyle. ERH covers 25% of the price of this program and payroll deduction is available.

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Episcopal Retirement Homes



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For over sixty years, Episcopal Retirement Homes (ERH) has been a not-for-profit, financially sound organization dedicated to improving the lives of older adults through innovative, quality living environments based upon their values, and delivered by highly experienced, deeply committed professionals.

If you have a story idea or news to share, contact Molly de Jesus at 272.5555 ext. 7133 or mdejesus@erhinc.com.

Remember when you wanted to change the world?



Doug Spitler,
1979

You still can.



Doug Spitler,
2015

"Someone needs to step up and set an example and I do that through my giving." Doug Spitler CEO

Consider a planned gift, a bequest, a charitable gift annuity or making ERH a beneficiary in a trust to make it possible for us to continue helping older adults live well into the future.

*Please contact Diana Collins at 513.272.5555 extension 4224
or by email at dcollins@erhinc.com with questions.*

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Episcopal Retirement Homes