

December Activities



Winter Craft

Thursday, December 4th at 12:30pm

You don't have to be creative to enjoy this craft! We're making a snowman out of stickers, glue, a dinner glass and some ribbon! It is a perfect decoration for your apartment!



Quarter Bingo

Friday, December 19th at 10:00am

It's raining quarters! Every bingo wins a quarter. Last game, cover all for \$1.00

HAPPY
Holidays!



Christmas Celebration w/ Bingo

Thursday, December 18th at 12:30pm

Please join us in the community room for our annual Christmas party! There will be a delicious meal, classic Christmas songs and BINGO!

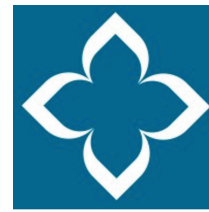
**MUST SIGN UP BY
WEDNESDAY DECEMBER 10TH
TO SECURE A MEAL**



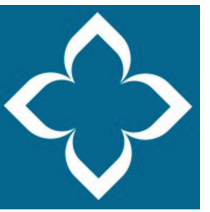
New Year Celebration

**Wednesday, December 31st
at 12:30**

Let's say goodbye to 2025 and hello to 2026 at this activity where we will enjoy sparkling grape juice, work on our new year's resolutions and discuss suggestions for activities in 2026 from you all! Happy new year!



FOREST RESIDENT NEWSLETTER December 2025



Transportation

The bus fare is \$2. Please bring reusable bags for groceries. There is a limit of **3** bags. No push carts or wagons are allowed on the bus. **Bus drivers will not be able to assist you in getting bags/senior boxes on OR off of the bus. If you need assistance, please prepare for that ahead of time.**

PHONE LINE 513-431-9767

All reservations must be called into the transportation line by 2:00 p.m. two days before any scheduled trip. Please leave the destination, your name, phone #, the property name & if you have a walker or wheelchair. There will be a \$2 charge per trip. Bus drivers will only wait 10 minutes after the designated times.

Bus Schedule

12/1 at 11:30 Kroger
12/2 at 10:15 Sugar 'n' Spice
12/5 at 9:30 Print Museum
12/12 at 11:30 Free store
12/15 at 10:30 Walmart
12/17 at 3:00 Pyramid Hill & El Trompo
12/19 at 10:00 Five Below
12/29 at 10:30 Kroger
1/02 at TBD Thrift Store

Pyramid Hill Holiday Lightshow:
The Pyramid Hill Lights features a unique route through the art and nature filled sculpture park.

Bus drivers will be stopping at El Trompo for residents to eat before the lightshow. You will be responsible for paying for your own meal if you wish to have one. MUST PAY \$2 TO THE LOCK BOX BY WED. 12/10 & CALL TRANSPORTATION TO SECURE A SPOT ON THIS TRIP. This \$2 will cover the usual bus fee.

Building Information

Patrice, Community Manager:

513-222-2825

Sue & Alli, Activities:

513-527-7058

Tonya & Manndy Transportation:

513-431-9767

Maria, Service Coordinator:

513-882-7195

Wes, Wellness Manager:

513-818-6377

Johnnie, Wellness Asst.:

513-470-8315

Maintenance:

1-877-235-1331

2026 SOCIAL SECURITY LETTERS
Once you receive your 2026 social security letters, please bring it to the office so staff can get a copy for their files.

December Birthdays

Kendall Basley 12/4





WELLNESS

Exercise Class Every Friday at 3:00

Get ready to elevate your well-being with our invigorating chair exercise class, suitable for all fitness levels. Join us each week and embark on a journey to enhance your strength and balance. Don't miss out on this fantastic opportunity to prioritize your health and wellness. See you there!

Wellness Advisory Council Monday, December 22nd at 2:00pm

Got a suggestion? Join members of the ERS Wellness Team to share your feedback on Wellness programming and help us bring the best to your community.

Davens Music Misteltoe Party Wednesday, December 10th at 12pm

It's time for some holiday Cheer! Join us for live music and snacks with Daven from Soul Music for Seniors

Personal Training Opportunity

Interested in personal training? Schedule a session with ERS wellness Manager Wes or ERS wellness assistant Johnnie, to have a customized exercise program written for you. Call Wes at 859-567-0839 or Johnnie at 513-299-8275 to schedule today!



Cooking Class with Chef Jordon Anthony Monday, December 8th at 2:00pm

Chef Anthony is coming to your community to teach a cooking class. The class will take place in the Community Room, space is limited so sign up today. Join Chef Anthony Jordan for a hands-on cooking lesson and a delicious meal. This month's recipe: **Salmon Croquette and Citrus Kale Salad**

RESIDENT LIFE

Pest Inspection Thursday, December 18th 9:30am to 10:30pm

Inspections are scheduled the third Thursday of the month.



Hair Cuts From The Heart Tuesday, December 23rd at 9am

Haircuts in the community room Sign up sheet on the bulletin board



Cincinnati Symphony Orchestra Monday, December 15th at 3:00pm A snack will be served

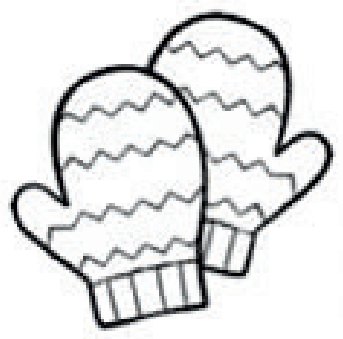
Altev Pharmacy Bingo & Vaccines Wednesday, December 10th

Light snacks will be provided and residents can get vaccines if they have not already.



December Word Search

X	D	E	C	O	R	A	T	E	C	E	L	E	B	R
C	P	E	A	R	L	H	A	R	B	O	R	D	A	Y
K	W	M	C	H	R	I	A	G	Q	P	L	R	E	S
W	I	N	T	E	R	C	W	N	I	W	B	D	E	S
A	N	D	J	A	M	V	G	N	U	F	Z	F	C	O
N	T	P	A	Z	V	B	O	I	P	K	T	G	O	L
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J	N	E	W	Y	E	A	R	S	E	V	E	A	D	C
C	E	L	E	B	R	A	T	E	K	W	A	Z	A	E



December	Christmas	New Years Eve
Winter	Hanukkah	Decorate
Cold	Kwanzaa	Celebrate
Pearl Harbor Day	Solstice	Presents