



# Deupree Meals On Wheels

## LACTOSE FREE THERAPEUTIC MEALS

**NOTE: ALL Therapeutic meals require a doctor's order.  
Please send in your orders 1 week before you need delivery.**

Each Meal includes 1 Half Pint of Lactose Free Milk

Asian Vegetables & Rice (contains mushrooms), Peas, Baked Cinnamon Apples, and Cinnamon Teddy Graham	Grilled Chicken Breast, Green Beans, Squash, Pears, Gluten Free Bread, and Lactose Free Margarine	Turkey Ham & Beans, Mixed Vegetables, Peaches, Wheat Bread, and Lactose Free Margarine
Crunchy Cod w/Panko Bread Crumbs, Egg Noodles, Green Beans, Squash, Pineapple, and Chocolate Elf Grahams	Hamburger Patty, Potato Wedges, Broccoli, Pineapple, and Wheat Bread	
Fried Egg & Turkey Sausage, Red Skin Potatoes, Green Beans, 100% Orange Juice, Gluten Free Bread, and Margarine	Swiss Steak w/ Tomatoes, Peppers, & Onion, Carrots and O'Brien Potatoes, Peaches, Wheat Bread, and Lactose Free Margarine	



Meals Produced in a Facility that also Produces Foods Containing Milk  
NOTE: Menu subject to change without notice.