

September Cottage Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Reminders: Sneeze in the inside of your elbows or tissue. Wash your hands frequently. Wet hands, Lather with Soap, Scrub for at least 20 seconds, rinse and dry. Clean hands before and after, with eating and toileting, then after blowing nose, cough, or sneezing! 🤧	Neighborhood Chat will take place every day in between scheduled activities Activity dates, times and locations are subject to change. Snacks will be offered by VWs at 2:30p and 8:30p every day.	1 11:30 Exercise with Gwen & Music, CR 1:30 Java Time with Deacon Fred, CR 2:00 Bridge, CL Den 4:00 Listen to Dolly Parton, CR 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs	2 Hair Day 11:30 Exercise with Simone & Music, CL 2:00 ERS 75th Anniversary Celebration, DH 3:00 Music Therapy with Olivia, CL 5:00 Balloon Toss, CR-Amy 7:00 Bowling with VWs	3 Men's Luncheon with Deacon Fred, CR 10:00 Horticulture with Robert Evans 11:30 Exercise with Mariah & Music, CR 1:00 Bible Study with Deacon Fred, CR 1:30 Bridge, CR Den 5:00 Social Hour, CR Den	4 11:30 Exercise with Eunique & Music, CR 1:15 Tai Chi with Michael Porte, CR 2:00 Piano Concert with Daven Robinson, CL 4:00 Happy/Dance Hour with Christy Pllaughter, CR 7:00 Conversation Cards, CL- Corie	5 11:30 Exercise with Briana & Music, CL 1:30 Puzzle Hour 2:00 Lyrice Duo, CR 4:00 September Trivia, CR-Tonya 5:00 Bingo with Lillie, CL 7:00 "9 to 5" with Popcorn, Disney
6 11:30 Exercise with Nakisha & Music, CR 2:00 Church Service, CR 3:30 Newton & Frizell Duo, CR* 5:00 Ring Toss, CL-Simone 7:00 Musical or Opera of Choice	7 Labor Day Manicure by your VW 11:15 Tai Chi with Michael Porte, CR 12:00 Courtyard Cookout 4:00 Piano Concert with Cliff Adams, CR 5:00 Labor Day Facts, CR-Sherry 7:00 Craft Night with VWs, CR	8 11:30 Exercise with Simone & Music, CL 1:30 Java Time with Deacon Fred, CR 2:00 Bridge, CL Den 4:00 Service Project for Ester Marie Hatton, CR 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs	9 Hair Day 11:30 Exercise with Cassie & Music, CL 1:30 Cottage "Wheelchair Car Wash" with DH Maintenance 5:00 Balloon Toss, CR-Tierra 7:00 Bowling with VWs	10 Men's Luncheon with Deacon Fred, CR 11:30 Exercise with Donna & Music, CR 1:00 Bible Study with Deacon Fred, CR 1:30 Bridge, CR Den 2:00 "Little Women," CR, Netflix 5:00 Social Hour, CR Den	11 Patriot Day 11:30 Exercise with Lillie & Music, CL 1:15 Tai Chi with Michael Porte, CR 4:00 Patriot Day Trivia, CR-Dornetta 7:00 Conversation Cards, CR-Sherry	12 11:30 Exercise with Sharon & Music, CR 1:30 Puzzle Hour 3:30 Words starting with S Quiz, CR- Corie 5:00 Bingo with Tika, CL 7:00 "The Love Bug" with Popcorn, Disney
13 11:30 Exercise with Gwen & Music, CR 2:00 Church Service, CR 3:30 It Happened in September Quiz, CR-Tierra 4:00 Balloon Toss, CR-Corie 7:00 Musical or Opera of Choice	14 Manicure by your VW 11:30 Exercise with Cassie & Music, CL 1:15 Tai Chi with Michael Porte, CR 4:00 Apple Tasting, CR 5:00 An Orchard of Trivia, CR-Amy 7:00 Craft Night with VWs, CR	15 9:30 Health and Wellness Fair, DH Event Center 11:30 Exercise with Briana & Music, CL 2:00 Bridge, CL Den 3:00 Guitar Concert with Bill, CR 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs	16 Hair Day 11:30 Exercise with Eunique & Music, CR 1:30-3:30 Walking Club 2:00 Art with Marty Santos, CR 3:00 Music Therapy with Olivia, CL 4:00 Hispanic Trivia, CR 7:00 Bowling with VWs	17 Men's Luncheon with Deacon Fred, CR 10:00 Horticulture with Robert Evans 11:30 Red's Vs Dodgers Game pick up- Lunch in the Ball Park 1:00 Bible Study with Deacon Fred, CR 1:30 Bridge, CR Den 5:00 Social Hour, CR Den	18 11:30 Exercise with Aaliyah & Music, CR 1:15 Tai Chi with Michael Porte, CR 4:00 Happy Hour, CR 7:00 Conversation Cards, CL- Simone	19 11:30 Exercise with Lillie & Music, CL 1:30 Puzzle Hour 2:00 Lyrice Duo, CR 4:00 Oktoberfest, CL 5:00 Bingo with Madeline, CR 7:00 "Dolly Parton's Heartstrings" with Popcorn, Netflix

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20 11:30 Exercise with Donna & Music, CR 2:00 Church Service, CR 4:00 Music with Marci Hedges, CR 5:00 Ring Toss, CL-Shannon 7:00 Musical or Opera of Choice	21 Manicure by your VW 11:15 Music Therapy with Olivia, CL 11:30 Exercise with Aaliyah & Music, CR 1:15 Tai Chi with Michael Porte, CR 2:30 Poems for Grandparents, CR-Sharon 4:00 Violin and Piano with Vince Phelan and Rick Hagee, CR 7:00 Craft Night with VWs, CR	22 1st Day of Autumn 11:30 Exercise with Marie & Music, CR 12:00 Carry-in Zips 1:30 Java Time with Deacon Fred, CR 2:00 Bridge, CL Den 4:00 Autumn Trivia, CR-Dornetta 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs	23 Hair Day 11:30 Exercise with Mariah & Music, CL 1:30-3:30 Walking Club 2:00 Cincinnati Chamber Orchestra, DH Event Center 4:00 Autumn Poems, CL-Lillie 7:00 Bowling with VWs	24 Men’s Luncheon with Deacon Fred, CR 11:30 Exercise with Eunique & Music, CR 1:00 Bible Study with Deacon Fred, CR 1:30 Bridge, CR Den 1:30 Resident Council, CL 2:00 Deupree House Dining Food Demonstration, CL 4:00 Painting while listening to classical music, CL- LaTonya 5:00 Social Hour, CR Den	25 11:30 Exercise with Kisha & Music, CR 1:15 Tai Chi with Michael Porte, CR 3:30 Autumn Word Scramble, CR-Lillie 4:00 Happy Hour with Zach Karp, CL 7:00 Conversation Cards, CL- Carren	26 11:30 Exercise with Sharon & Music, CR 1:30 Puzzle Hour 2:00 Classical Surprise, CR* 5:00 Bingo with Tierra , CR 7:00 “Dolly Parton, A Musicares Tribute” with Popcorn, Netflix
27 11:30 Exercise with Karrie & Music, CR 2:00 Church Service, CR 4:00 Fall Quiz, CL-LaTonya 5:00 Balloon Toss, CL-Carren 7:00 Musical or Opera of Choice	28 Manicure by your VW 11:30 Exercise with Marie & Music, CR 1:15 Tai Chi with Michael Porte, CR 4:00 Short Story Jokes, CL,-Corie 7:00 Craft Night with VWs, CR	29 11:30 Exercise with Briana & Music, CL 1:30 Java Time with Deacon Fred, CR 2:00 Bridge, CL Den 4:00 Painting while listening to classical music, CR-Lillie 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs	30 Hair Day 11:30 Exercise with Simone & Music, CL 1:30-3:30 Walking Club 3:15 Jazz Piano Concert with Phil DeGreg, CR 4:30 1950’s Quiz, CR-Amy 7:00 Bowling with VWs		CR=Craftsman CL=Colonial *= Music Performances of Creative Aging Cincinnati Membership -SAIDO is M-F session times vary for each participant	Monthly Observances: - National Suicide Prevention Month - National Aging Month - National Ovarian Cancer Awareness Month - National Hispanic Heritage Month