

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Dudley Square Life Enrichment Calendar

LOCATIONS:

CH = CLUBHOUSE

LH = LYNDON HOUSE

SLC = St. LUKE'S CHAPEL

MH = MORTON HOUSE

*BIRTHDAYS & MONTHLY EVENTS

SPECIAL EVENTS

October 2026

				*Gwyn Morton Larry transport 9am - 1pm 9am: PODIATRIST in the Clubhouse, sign up w/Gry 10.30am: Lyndon House Exercise 1.30pm: "Beginner Tai-Chi", CH 2pm: Tai-Chi w/Susan & Ann, CH 3pm: Handwork Group gathering, CH	*Joe Richardson 10.30am: Lyndon House Exercise 11am: Women's Brunch, CH, sign up w/Gry by 3.30pm: Lyndon House documentary series: "World's Greatest Hotels"	Gry away until Oct 12th
10.30am: Worship Service w/Rev Lisa & Deacon Harvey, SLC 3.30pm: Afternoon Stretches in Lyndon House	10.30am: Lyndon House Exercise 4pm: Clubhouse Documentary "Idaho the Movie"	Larry transport 9am - 1pm 10.30am: Lyndon House Exercise 3.15pm: Rev Schmidt Class "When God Speaks", SLC 6.30pm: Men's Choir, CH	*Margaret Bromley 9am-12noon: Flu & Covid Vaccine Clinic, CH (Sign up necessary) 10.30am: Lyndon House Exercise 1pm: Mah-Jongg Game, CH 4pm: Joint Social Hour w/Lyndon House, LH	Larry transport 9am - 1pm 10.30am: Lyndon House Exercise 10.30am: Dudley Book Club, CH 2pm: Tai-Chi w/Susan & Ann, CH 3pm: Scrabble Game, CH	10.30am: Lyndon House Exercise 3.30pm: Lyndon House documentary series: "World's Greatest Hotels"	10.30am: Lyndon House Morning Stretches
*Doug Temple 10.30am: Worship Service w/Rev Lisa & Deacon Harvey, SLC 3.30pm: Afternoon Stretches in Lyndon House	Columbus Day & Indigenous People Day 10am: Hand & Foot card game, CH 10.30am: Lyndon House Exercise 2pm: Fitness Group w/Gry, CH 4pm: Movie Night: "August: Osage county"	Larry transport 9am - 1pm 10am: Landscape Com Mtg, CH 10.30am: Lyndon House Exercise 11-1pm: Retired Episcopal Clergy Mtg & Lunch, CH 2pm: Dudley Women's Deeper Discussions, CH 3.15pm: Rev Schmidt Class "When God Speaks", SLC 6.30pm: Men's Choir, CH	9am: Men's Breakfast, CH sign up w/Jim N 10.30am: Lyndon House Exercise 1pm: Mah-Jongg Game, CH 2pm: "No Name" Book Club, CH 4:30pm: Dudley Social Hour, CH	*Tom Owen Larry transport 9am - 1pm 10.30am: Lyndon House Exercise 11am: Trip to Joe Huber's Farm & Restaurant, including lunch, sign up w/Gry 2pm: Tai-Chi w/Susan & Ann, CH	*Harry Rothgerber 10am: Louisville Orchestra Coffee Concert, sign up w/Gry for transportation 10.30am: Lyndon House Exercise 2pm: Caregiver Support Group, CH 3.30pm: Lyndon House documentary series: "World's Greatest Hotels"	*Dick Lutz 10.30am: Lyndon House Morning Stretches
2pm: Alzheimer's Foundation Annual Fundraising Walk at Churchill Downs. Transport provided, sign up w/Gry. 10.30am: Worship Service w/Rev Lisa & Deacon Harvey, SLC 3.30pm: Afternoon Stretches in Lyndon House	10.30am: Lyndon House Exercise 11am: Office of Vocational Rehabilitation Blind/Low Vision Services Presentation, LH 2pm: Fitness Group w/Gry, CH 4pm: Clubhouse Documentary "Seven Wonders of the Buddhist World"	Larry transport 9am - 1pm 10.30am: Lyndon House Exercise 3.15pm: Rev Schmidt Class "When God Speaks", SLC 6.30pm: Men's Choir, CH	*Melanie Wood 10.30am: Lyndon House Exercise 1pm: Mah-Jongg Game, CH 4pm: Annual Fall Dinner and Meeting, Grille 75, transportation provided	Larry transport 9am - 1pm 10.30am: Lyndon House Exercise 11am: Fitness group w/Gry, CH 2pm: Tai-Chi w/Susan & Ann, CH	10.30am: Lyndon House Exercise 3.30pm: LH documentary series: "World's Greatest Hotels"	*Allan Atherton 10.30am: Lyndon House Morning Stretches
*Harriet Port 10.30am: Worship Service w/Rev Lisa & Deacon Harvey, SLC 3.30pm: Afternoon Stretches in Lyndon House	10am: Hand & Foot card game, CH 10.30am: Lyndon House Exercise 2pm: Fitness Group w/Gry, CH 4pm: Movie Night: "Beetlejuice"	Larry transport 9am - 1pm 10.30am: Lyndon House Exercise 2pm: Dudley Women's Deeper Discussions, CH 3.15pm: Rev Schmidt Class "When God Speaks", SLC 6.30pm: Men's Choir, CH	10.30am: Lyndon House Exercise 1pm: Mah-Jongg Game, CH 4.30pm: Dudley Social Hour & Halloween Party, CH	Larry transport 9am - 1pm 10.30am: Lyndon House Exercise 10.30am: Cave Hill Cemetery Trip w/Mike Abell + Lunch at The River House, sign up w/Gry 2pm: Tai-Chi w/Susan & Ann, CH	10.30am: Lyndon House Exercise 2pm: Therapy Department presentation w/Brian Fogle, CH 3.30pm: Lyndon House documentary series: "World's Greatest Hotels" 4pm: Classic Movie, hosted by Barb Abell "Adam's Rib"	HALLOWEEN 10.30am: Lyndon House Morning Stretches

* All activities/events/trips are subject to change.

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