



October Cottage Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Reminders: Sneeze in the inside of your elbows or tissue. Wash your hands frequently. Wet hands, Lather with Soap, Scrub for at least 20 seconds, rinse and dry. Clean hands before and after, with eating and toileting, then after blowing nose, cough, or sneezing! 🤧	Neighborhood Chat will take place every day in between scheduled activities Activity dates, times and locations are subject to change. Snacks will be offered by VWs at 2:30p and 8:30p every day.	CR=Craftsman CL=Colonial *= Music Performances of Creative Aging Cincinnati Membership -SAIDO is M-F session times vary for each participant		1 Men's Luncheon with Deacon Fred, CR 10:00 Horticulture with Robert Evans 11:30 Exercise with Lillie & Music, CL 1:00 Bible Study with Deacon Fred, CR 1:30 Bridge, CR Den 3:30 Famous Book Quotes, CL-Simone 5:00 Social Hour, CR Den	2 11:30 Exercise with Eunique & Music, CR 1:15 Tai Chi with Michael Porte, CR 1:30 Music Connection with May Festival, CR 4:00 Happy/Dance Hour with Christy Plaughter, CR 7:00 Conversation Cards	3 11:30 Exercise with Amy & Music, CR 1:30 Puzzle Hour 2:00 Lyrica Duo, CR 4:00 Words that start with OC, CR- Amy 5:00 Bingo with Cassie, CL 7:00 "Toy Story 5" with Popcorn, Disney
4 11:30 Exercise with Tika & Music, CR 2:00 Church Service, CR 3:30 Which Word Doesn't Fit, CR-Corie 5:00 Ring Toss, CL- Kris 7:00 Musical or Opera of Choice Happy Birthday Sally Kelsall!	5 Manicure by your VW 11:15 Tai Chi with Michael Porte, CR 4:00 Piano Concert with Cliff Adams, CR 5:00 Violin and Piano with Vince Phelan and Rick Hagee, CL 7:00 Craft Night with VWs, CR Happy Birthday Dean Colville!	6 11:30 Exercise with Simone & Music, CL 1:30 Java Time with Deacon Fred, CR 2:00 Bridge, CL Den 3:00 Sonny Hill Trio, CR 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs	7 Hair Day 11:30 Exercise with Briana & Music, CL 1:30 Board of Elections Here, CR Den 3:00 Music Therapy with Olivia, CL 4:00 Animal Service Project for STAF, CL 7:00 Bowling with VWs	8 Men's Luncheon with Deacon Fred, CR 11:30 Exercise with Marie & Music, CR 1:00 Bible Study with Deacon Fred, CR 1:30 Bridge, CR Den 4:00 Digital Accordion and Clarinet with Sally and Joe LuKasik, CR 5:00 Social Hour, CR Den	9 11:30 Exercise with Tonya & Music, CR 1:15 Tai Chi with Michael Porte, CR 2:00 Piano Concert with Daven Robinson, CL 3:30 Coloring with Carren, CL 4:00 Happy Hour, CL 7:00 Conversation Cards, CR- Sherry	10 11:30 Exercise with Kris & Music, CL 1:30 Puzzle Hour 3:30 It Happened in October, CL-Tika 5:00 Bingo with LaTonya, CL 7:00 "We Bought A Zoo" with Popcorn, Disney
11 11:30 Exercise with Karrie & Music, CR 2:00 Church Service, CR 4:00 Guitar and Vocals with Nate Schappecher * 7:00 Musical or Opera of Choice	12 Manicure by your VW 1:15 Tai Chi with Michael Porte, CR 4:00 Christopher Columbus Trivia, CR-Lillie 5:00 Indigenous Peoples of the World, CR-Amy 7:00 Craft Night with VWs, CR	13 11:30 Exercise with Donna & Music, CR 2:00 Bridge, CL Den 3:00 Guitar Concert with Bill, CR 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs	14 Hair Day 11:30 Exercise with Eunique & Music, CR 1:20 Going to the Zoo 2:00 Cincinnati Symphony Orchestra, CR 7:00 Bowling with VWs	15 Men's Luncheon with Deacon Fred, CR 10:00 Horticulture with Robert Evans 1:00 Bible Study with Deacon Fred, CR 2:00 Garden Talk in Courtyard, Cincinnati Nature Center-Cory Christopher 3:30 Bridge, CR Den 5:00 Social Hour, CR Den	16 11:30 Exercise with Jasmen & Music, CL 1:15 Tai Chi with Michael Porte, CR 3:30 Coloring with Corie, CL 4:00 Jazz Piano with Zach Karp & Happy Hour, CR 7:00 Conversation Cards, CL-Karrie	17 11:30 Exercise with Carren & Music, CL 1:30 Puzzle Hour 2:00 Lyrica Duo, CR 4:00 October Trivia, CR-Tonya 5:00 Bingo with Amy, CR 7:00 "Mrs. Harris Goes to Paris," with Popcorn, Netflix

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18 11:30 Exercise with Tierra & Music, CR 2:00 Church Service, CR 4:00 Music with Marci Hedges, CR 5:00 Ring Toss, CL- Shannon 7:00 Musical or Opera of Choice	19 Manicure by your VW 11:30 Exercise with Tika & Music, CR 1:15 Tai Chi with Michael Porte, CR 5:00 Brain Food Game, CR- Sharon 7:00 Craft Night with VWs, CR	20 11:30 Exercise with Simone & Music, CL 1:30 Java Time with Deacon Fred, CR 2:00 Bridge, CL Den 4:00 October History in Presentation, CR- Dornetta 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs	21 Hair Day 11:30 Exercise with Tonya & Music, CR 1:30-3:30 Walking Club 2:00 Art with Marty Santos, CR 3:00 Music Therapy with Olivia, CL 4:00 Famous Composer Facts and Trivia, CR-Sharon 7:00 Bowling with VWs	22 Men's Luncheon with Deacon Fred, CR 11:30 Exercise with Briana & Music, CR 1:00 Bible Study with Deacon Fred, CR 1:30 Bridge, CR Den 1:30 Resident Council, CL 4:00 Painting while listening to classical music, CL- Simone 5:00 Social Hour, CR Den	23 11:30 Exercise with Cassie & Music, CL 1:15 Tai Chi with Michael Porte, CR 3:30 Coloring with Lillie, CR 4:00 Happy Hour, CR 5:00 Halloween Party	24 11:30 Exercise with Amy & Music, CR 1:30 Puzzle Hour 2:00 Music with Therese Bibby, CL* 5:00 Bingo with Tierra , CR 7:00 "Downtown Abby, A New Era" with Popcorn, Netflix
25 11:30 Exercise with Gwen & Music, CR 2:00 Church Service, CR 4:00 Today in History, CL- Tika 5:00 Balloon Toss, CL- Carren 7:00 Musical or Opera of Choice	26 Manicure by your VW 11:30 Exercise with Jasmen & Music, CL 1:15 Tai Chi with Michael Porte, CR 2:00 Cincinnati Symphony Orchestra, CR 4:00 Solve the Riddles, CR- Sharon 6:00 Carry in National Exemplar 7:00 Craft Night with VWs, CR	27 11:30 Exercise with Mariah & Music, CL 1:30 Java Time with Deacon Fred, CR 2:00 Bridge, CL Den 4:00 Painting while listening to classical music, CR- Dornetta 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs	28 Hair Day 11:30 Exercise with Marie & Music, CR 1:30-3:30 Walking Club 2:00 Cincinnati Ballet, CR 3:15 Jazz Piano Concert with Phil DeGreg, CR 4:30 "Hocus Pocus," Disney 6:00 Bus Ride to see Halloween Decorations	29 Men's Luncheon with Deacon Fred, CR 11:30 Exercise with Keisha & Music, CR 1:00 Bible Study with Deacon Fred, CR 1:30 Bridge, CR Den 4:00 Painting while listening to classical music, CL- LaTonya 5:00 Social Hour, CR Den Vaccine Clinic	30 11:30 Exercise with Lillie & Music, CL 1:15 Tai Chi with Michael Porte, CR 3:30 Coloring with Corie , CL 4:00 Halloween Stories, CR- Amy 7:00 Bowling with VWs	31 11:30 Exercise with Sharon & Music, CR 1:30 Puzzle Hour 5:00 Bingo with Tonya , CR 7:00 "Halloweentown" with Popcorn, Disney 

Monthly Observances: Breast Cancer Awareness, Cybersecurity, Columbus/Indigenous Peoples' Day, Halloween