Dudley Square Life Enrichment Calendar

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 *Daylight Saving Time Ends *All Saint's Day *Episcopal Church Home 145 years 10.30am: Worship Service w/Rev Lisa & Deacon Harvey, SLC	2 *All Soul's Day 10.30am: Lyndon House Exercise 11am: Scam & Fraud Prevention Presentation w/Sophia Harris, CH 4pm: Clubhouse Documentary: *"Appalachia - The Endless Forest"*	3 *Mid-Term Elections* Larry transport 9am - 1pm 10am: Gry will provide transportation for voting, sign up 10.30am: Lyndon House Exercise 2m: Gry will provide transportation for voting, sign up 6.30pm: Men's Choir, CH	4 10.30am: Lyndon House Exercise 11am: Talk by Tom Owen, "The Stink That Will Not Die: Louisville's Affection for Pigs Since Pioneer Times", CH 1pm: Mah-Jongg Game, CH 4pm: Joint Social Hour w/Lyndon House, LH	5 DUDLEY II PAVING *Russ Prough Larry transport 9am - 1pm 10.30am: Lyndon House Exercise 11am: Fitness w/Gry, CH 1.30pm: "Beginner Tai-Chi", CH 2pm: Tai-Chi w/Susan & Ann, CH 3pm: Handwork Group gathering, CH 3pm: "Round the Square" newsletter meeting, CH	6 DUDLEY II PAVING - NO DRIVING! 10.30am: Lyndon House Exercise 11am: Women's Brunch, CH, sign up w/Gry by 11/4 3pm: "Dudley Friends Group" meeting, CH 3.30pm: Lyndon House documentary series: "The UnXplained"	7 10.30am: Lyndon House Morning Stretches
8 *Judy Fischer & Pete Lanham 10.30am: Worship Service w/Rev Lisa & Deacon Harvey, SLC	9 10am: Hand & Foot card game, CH 10.30am: Lyndon House Exercise 1pm: Fitness Group w/Gry, CH 3-5pm: Dudley Executive Council Committee Meeting, MH (Closed session) 4pm: Movie Night: *"PRESSURE"*	10 Larry transport 9am - 1pm 10am: Landscape Com Mtg, CH 10.30am: Lyndon House Exercise 11-1pm: Retired Episcopal Clergy Mtg & Lunch, CH 2pm: Dudley Women's Deeper Discussions, CH 6.30pm: Men's Choir, CH	11 *VETERAN'S DAY* 9am: Men's Breakfast, CH sign up w/Jim N 10.30am: Lyndon House Exercise 1pm: Mah-Jongg Game, CH 2pm: "No Name" Book Club, CH 4:30pm: Dudley Social Hour, CH	12 Larry transport 9am - 1pm 10.30am: Lyndon House Exercise 10.30am: Dudley Book Club, CH 11am: Lunch & Learn w/Diabetes Foundation, LH. Sign up w/Teran 2pm: Tai-Chi w/Susan & Ann, CH 3pm: Scrabble Game, CH	13 10.30am: Lyndon House Exercise 11am: "I Am Just Not Ready Yet", presentation by Elizabeth Pace, ECH Director of Community Relations, CH 2pm: "Pet Care Giving Day" Service Project w/Teran, LH 2pm: Therapy Department Monthly Wellness Presentation w/Brian, CH 3.30pm: Lyndon House documentary series: "The UnXplained"	14 10.30am: Lyndon House Morning Stretches 12 - 6pm: Clubhouse is rented out to (Chelsey in Dining Services)
15 *Nancy Utterback 10.30am: Worship Service w/Rev Lisa & Deacon Harvey, SLC 12 - 6pm: The Clubhouse is rented out to the Clark Family, a Morton House resident.	16 10.30am: Lyndon House Exercise 2pm: Fitness Group w/Gry, CH 4pm: Clubhouse Documentary: *"Mt. Everest-The Peak of Mankind"*	17 Larry transport 9am - 1pm 10-12pm: ECH Foundation Board Mtg, CH (Closed meeting) 10.30am: Lyndon House Exercise 2.30pm: Coffee & Information w/ERS Servant Leadership Team, CH 3.15pm: Clubhouse piano tuning 6.30pm: Men's Choir, CH	18 10.30am: Lyndon House Exercise 11am: Presentation by Visiting Nurses Association (VNA) at Home, CH 1pm: Mah-Jongg Game, CH 4:30pm: Dudley Social Hour, CH	19 Larry transport 9am - 1pm 10.30am: Lyndon House Exercise 11am: Fitness w/Gry, CH 2pm: Tai-Chi w/Susan & Ann, CH	20 10.30am: Lyndon House Exercise 11am: Trip to Churchill Downs for the Fall Races incl. lunch, sign up w/Gry 2pm: Caregiver Support Group, CH 3.30pm: Lyndon House documentary series: "The UnXplained" 4pm: Classic Movie: "The King's Speech" hosted by Curt Barrett, CH	21 10.30am: Lyndon House Morning Stretches
22 10.30am: Worship Service w/Rev Lisa & Deacon Harvey, SLC	23 10am: Hand & Foot card game, CH 10.30am: Lyndon House Exercise 2pm: Fitness Group w/Gry, CH 4pm: Movie Night: "WONDER"	24 Larry transport 9am -1pm 10.30am: Lyndon House Exercise 2pm: Dudley Women's Deeper Discussions, CH 6.30pm: Men's Choir, CH	25 *Michael Burris 10.30am: Lyndon House Exercise 1pm: Mah-Jongg Game, CH	26 *Bob McDonald Wishing you all a Very Happy Thanksgiving	27 *Bill Theuer 10.30am: Lyndon House Exercise 3.30pm: LH documentary series: "The UnXplained"	28 10.30am: Lyndon House Morning Stretches
29 *1st Advent Sunday *Susan Martin 10.30am: Worship Service w/Rev Lisa & Deacon Harvey, SLC	30 *Jane Barrett 10.30am: Lyndon House Exercise 11am: Lunch trip to "The Cafe" + shopping at Louisville Stonewear Pottery. Sign up w/Gry 4pm: Clubhouse Documentary: "FRIDA"					

LOCATIONS:
CH = CLUBHOUSE
LH = LYNDON HOUSE
SLC = St. LUKE'S CHAPEL
MH = MORTON HOUSE
*BIRTHDAYS & MONTHLY EVENTS
SPECIAL EVENTS

* All activities/events/trips are subject to change.

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