November 2026

Lyndon House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Game of Checkers-LH 6:30 Keeping up Appearances On KET 13 Daylight Saving Time Ends	2 10:30 Exercise –LH 11:00 Who Am I-LH 3:30 Word in Words-LH "Cornucopia " 6:30- Evening Walk -LH	3 10:30 Exercise -LH 10:30 Shopping Trip-LH 3:30 Bingo-LH 6:30 Puzzle Challenge-LH	4 10:30 Exercise – LH 11:00 Morning Walk-LH 3:00 Joy visiting w/Teddy 4:00 Lyndon & Dudley Happy Hour-LH	5 10:30 Exercise – LH 11:00 November Facts-LH 1:00 Stories in Mind-AL (Marmion Neighborhood) 7:00 Wheel Watcher	6 10:30 Exercise -LH 11:00 Morning Walk 3:30 Documentary: The UnXplained Episode 1 6:30 Puzzle Challenge-LH	7 10:30 Exercise-LH 2:00 Movie Matinee-LH Resident Choice-Prime TV 6:00 Antique Roadshow on KET-LH
8 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Resident Choice Board Games-LH 6:30 Keeping up Appearances On KET 13	9 10:30 Exercise –LH 11:00 What Am I-LH 3:30 Word in Words-H "Tradition " 6:30 Evening Walk	10 10:30 Exercise-LH 10:30 Shopping Trip 3:30 Bingo-LH 6:30 Puzzle Challenge-LH	11 10:30 Exercise –LH 11:00 Morning Walk-LH 3:00 Joy visiting w/Teddy 3:30 Happy Hour w/ Tyronne Cotton	12 10:30 Exercise – LH 10:30 LFPL Book Exchange -WRE 11:00 Community Event "Lunch & Learn"-LH 2:00 Jeopardy Trivia-LH 7:00 Wheel Watcher -LH	13 10:30 Exercise -LH 11:00 Morning Walk 2:00 Community Service Project-LH 3:30 Documentary: The UnXplained Episode 2 6:30 Puzzle Challenge-LH	14 10:30 Exercise-LH 3:30 Gift Basket Bingo–LH 7:00 Tim Farmers Country Kitchen on KET- LH
15 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30-Game of Checkers-LH 6:30 Keeping up Appearances On KET 13	16 10:30 Exercise – LH 11:00 What Am I -LH 3:00 Piano & Flute Performance- w/ Margaret and Jeff-R 3:30 Word in Words- LH "Gratitude " 6:30- Evening Walk-	17 10:30 Exercise –LH 10:30 Shopping Trip 3:30 Bingo-LH 6:30 Puzzle Challenge -LH	18 10:30 Exercise-LH 11:00 Resident Council -LH 2:30 The Talents of Greg V. - LH 3:00 Joy visiting/Teddy 3:30 Happy Hour-LH	19 10:30 Exercise 11:30 Caregiver Support Luncheon -LH 1:00 Stories in Mind-AL (Marmion Neighborhood) 7:00 Wheel Watcher	20 10:30 Exercise -LH 11:00 Morning Walk-LH 2:00 Afternoon Tea-LH 3:30 Documentary: The UnXplained Episode 3 6:30 Puzzle Challenge-LH	21 10:30 Exercise-LH 2:00 Movie Matinee -LH Resident Choice- Prime - TV 6:00 Antique Roadshow on KET- LH
22 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Resident Choice Board Games-LH 6:30 Keeping up Appearances On KET 13	23 10:30– Exercise LH 11:00 Where Am I -LH 3:30 Word *in* Words-LH "Thanksgiving" 6:30 Evening Walk-LH	24 10:30 Exercise – LH 10:30 Shopping Trip-LH 3:30 Bingo-LH 6:30 Puzzle Challenge-LH	25 10:30 Exercise-LH 11:00 Morning Walk-LH 3:00 Joy visiting w/ Teddy 3:30 Happy Hour -LH	26 10:30 Exercise – LH 11:00 Trivia -LH 2:00 Movie-The Great Turkey Town Miracle -LH 7:00 Wheel Watcher-LH Thanksgiving Day (U.S.)	27 10:30 Exercise -LH 11:00 Morning Walk -LH 3:30 Documentary: The UnXplained Episode 4 6:30 Puzzle Challenge-LH	28 10:30 Exercise-LH 3:30 Gift Basket Bingo–LH 7:00 Tim Farmers Country Kitchen on KET- LH
29 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30-Game of Checkers-LH 6:30 Keeping up Appearances On KET 13	30 10:30– Exercise LH 11:00 Outing- Lunch @ The Cafe & Visit Louisville Stoneware INC. 11:00 Who Am I-LH 3:30 Word *in* Words-LH "Leftovers" 6:30 Evening Walk-LH					

Location Key: ***AC****=Activity Center/****DR****=Dining Room/****LR****=Living Room/* ***AL****= Marmion/****NE****= Clingman/****LH****= Lyndon House/****R****=Rotunda/****SLC****=ST. Lukes Chapel/* ***WRE****=Westport Rd. Entrance* ***Activities***