November

Deupree House

Life Enrichment & Wellness 2026

Printed:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  **10:00** Sunday Service (C) **11-1** Brunch (G39) 1:00 Bengals Game (CR) **2:55/3:00** Bus to Linton Series*	**2** **9:30-10:15** Chair Class (EC) **10:15-10:30** Balance Class(EC) **10:45-11:30** Chair Class (EC) **12:50/55** Bus to HP Plaza* **2:00** Heritage Presentation: Historic Haunting Part II (EC) **2:30** Chair Yoga with Christy (C) **7:00** Poker (CR)	**3** **9:30-10:15** Aqua Aerobics (P) **9:30/35** Bus to Voting at New Life Temple* **10:30** Bible Study (CR) **11:30** Tai Chi with Michael (EC) **2:00** Coffee & Cincinnati Art (EC) **5:15** Rosary (C)	**4** **9:30-10:15** Chair Class (EC) **10:15-10:30** Balance Class **10:45-11:30** Chair Class (EC) **11:30** Mind Fit (CO) **12:00** Lunch in CY or CR **1:00** Art with Marty (CO) **2:30** Aqua Aerobics (P) **3:00** Memorial Service for those who we have lost the past year (EC) **6:20/25** Bus to Chamber Music*	**5** **PODIATRIST: DR. PATEL 8-2 (AS)*** **9:30-10:15** Aqua Aerobics (P) **9:50/55** Bus to HP Plaza* **10:00** Saint of the Day-Adeline Blanchard Tyler and her Companions (CR) **10:30** Recycling Pick Up-outside of apartment door **11:30** Tai Chi with Michael (EC) **1:00** Duplicate Bridge* (CR) **1:30** Mahjong (AS)	**6** **9:30-10:15** Chair Class (EC) **10:15-10:30** Balance Class **10:45-11:30** Chair Class (EC) **1:00** Canasta (AS) **2:00** Lessons from the Great Books-*virtual lecture* (EC) **7:30** News of the World (EC)	**7** **12-2:** Lunch (G39) **2:00 PM** News of the World (EC) **2:00** Knitting (CR) **3:00/05** Bus to St. Mary's Church*
8 **10:00** Sunday Service (C) **11-1** Brunch (G39) **9:30** Bengals Game (CR)	**9** **9:30-10:15** Chair Class (EC) **10:15-10:30** Balance Class **10:45-11:30** Chair Class (EC) **11:00/05** Bus to MPL Holiday Market* **12:50/55** Bus to HP Plaza* **2:00** WWI Documentary: They Shall Not Grow Old (EC) **2:30** Chair Yoga with Christy (C) **7:00** Game Night (CR)	**10** **9:30-10:15** Aqua Aerobics (P) **10:30** Bible Study (CR) **11:30** Tai Chi with Michael (EC) **10:50/55** Bus to Christ Church Cathedral Performance by CCM Harpsicord and Organ students* **1:00** Book Club (EC) **1:05/10** Bus to Kenwood/Trader Joe's* **2:30** Trivia with Christopher(EC) **4:35/5:00** Rosary & Mass (C)	**11** **9:30-10:15** Chair Class (EC) **10:15-10:30** Balance Class **10:45-11:30** Chair Class (EC) **11:30** Mind Fit (CO) **12:00** Lunch in CY or CR **2:00** Queen City Sisters Concert Hosted by Deupree Auxiliary(EC) **2:30** Aqua Aerobics (P) **3:30** Perk Up with Peggy (CO)	**12** **9:30-10:15** Resident Led Aqua Aerobics (P) **9:50/55** Bus to HP Plaza * **10:00** Saint of the Day- Charles Simeon (CR) **11:30** Tai Chi with Michael (CR) **1:00** Duplicate Bridge* (CR) **1:30** Mahjong (AS)	**13** **9:30-10:15** Chair Class (EC) **10:15-10:30** Balance Class **10:45-11:30** Chair Class (EC) **11:00** Organizational Meeting for Itty Bitty Bunch of Booklovers (CO)* **1:00** Canasta (AS) **2:00** Lessons from the Great Books-*virtual lecture* (EC) **5:45/50** ERS Gatherings for Good: The Sphere of Life at Mercantile Immersive* **7:30** Hacksaw Ridge (EC)	**14** **12:00/05** Bus to MET @ Cinemark* **1-3** Tech Guy at DH* **12-2:** Lunch (G39) **2:00 PM** Hacksaw Ridge (EC) **2:00** Knitting (CR) **3:00/05** Bus to St. Mary's Church* **6:15/20** Bus to Symphony*
15 **10:00** Sunday Service (C) **11-1** Brunch (G39) **4:00/05** Dinner out at Greyhound Tavern* **8:20** Bengals Game (CR)	**16** **9:30-10:15** Chair Class (EC) **10:15-10:30** Balance Class **10:45-11:30** Chair Class (EC) **12:50/55** Bus to HP Plaza* **2:30** Chair Yoga with Christy (C) **5-6** Sandy Elliott's 95th Birthday Party (CR) **7:00** Poker (CR)	**17** **9:30-10:15** Aqua Aerobics (P) **10:30** Bible Study (CR) **11:30** Tai Chi with Michael (EC) **2:30** Therapy Talk: Winter Safety (EC) **5:15** Rosary (C) **7:30** Vince Phelan & Steve Phillips Concert (EC)	**18** **9:30-10:15** Chair Class (EC) **10:15-10:30** Balance Class **10:45-11:30** Chair Class (EC) **11:30** Mind Fit (CO) **12:00** Lunch in CY or CR **1:00** Art with Marty (CO) **2:00** Grief 101: Coping with Holidays (EC) **2:30** Aqua Aerobics (P) **3:30** Perk Up with Peggy (CO)	**19** **9:30-10:15** Aqua Aerobics (P) **9:50/55** Bus to HP Plaza* **10:00** Saint of the Day-Elizabeth of Hungary (CR) **10:30** Recycling Pick Up-YOUR APT **11:30** Tai Chi with Michael (EC) **1:00** Duplicate Bridge* (CR) **1:30** Horticulture (EC)* **1:30** Mahjong (AS) **3:30** Coffee & Information (EC) **5:00** Monthly Cocktail Party (CR) **6:20/25** Bus to Shakespeare Series*	**20** **9:30-10:15** Chair Class (CR) **10:15-10:30** Balance Class **10:45-11:30** Chair Class (CR) **1:00** Canasta (AS) **1:30/35** Bus to MPL CSO Duet Concert* **10-3 MARKETING EVENT** **7:30** 12 Angry Men (EC)	**21** **12-2:** Lunch (G39) **2:00 PM** 12 Angry Men (EC) **2:00** Knitting (CR) **3:00/05** Bus to St. Mary's Church* **6:15/20** Bus to Symphony*

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22 **10:00** Sunday Service (C) **11-1** Brunch (G39)	**23** **9:30-10:15** Chair Class (EC) **10:15-10:30** Balance Class **10:45-11:30** Chair Class (EC) **12:50/55** Bus to HP Plaza* **2:30** Chair Yoga with Christy (C) **4:00** Resident Council (EC) **6:55/7:00** Bus to Xavier Music Series* **7:00** Game Night (CR) **8:15** Bengals Game (CR)	**24** **9:30-10:15** Aqua Aerobics (P) **10:30** Bible Study (CR) **11:30** Tai Chi with Michael (EC) **12:35/40** Bus to Rookwood, Fresh Market, Walmart, & BMV* **1:00** Movie & Popcorn: The Odyssey (EC) **4:35/5:00** Rosary & Mass (C)	**25** **9:30-10:15** Chair Class (EC) **10:15-10:30** Balance Class **10:45-11:30** Chair Class (EC) **12:00** Lunch in CY or CR **2:30** Aqua Aerobics (P) **2:30** Meet with Maisie (CR) **3:30** Perk Up with Peggy (CO) **4:30** Happy Hour with Phil & Joe (CR)	**26** **NO WELLNESS CLASSES** **POOL IS CLOSED** **NO TRANSPORTATION** **11-12:30** Brunch (DR) 	**27** **NO WELLNESS CLASSES** **1:00** Canasta (AS) **2:00** How to Be a Good Christian-*virtual lecture* (EC) **7:30** Julia & Julia (EC)	**28** **12-2:** Lunch (G39) **1-3** Tech Guy at DH* **2:00 PM** Julie & Julia (EC) **2:00** Knitting (CR) **3:00/05** Bus to St. Mary's Church*
29 **10:00** Sunday Service (C) **11-1** Brunch (G39) **1:00** Bengals Game (CR)	**30** **9:30-10:15** Chair Class (EC) **10:15-10:30** Balance Class **10:45-11:30** Chair Class (EC) **12:50/55** Bus to HP Plaza* **1:00** Movie & Popcorn: The Odyssey (EC) **2:30** Chair Yoga with Christy (C) **7:00** Poker(CR)					

EC=Event Center
C=Chapel
CR=Club Room
G39=Grille 39
DR=Dining Room
P=Pool
CO=Conference Room
AS=Art Studio

Green= wellness classes

Red*=sign up required

Black=no sign up required

Saturday Lunch in Grille 39 12-2 p.m.

Sunday Brunch in Grille 39 11-1

Saturday & Sunday Dinner for Grille 39-**Reservations Needed**

5:00 **5:30** **6:00**