November Cottage Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **11:30** Exercise with Marie & Music, CR **2:00** **Church Service, CR** **3:30** All Saints Quiz, CL-Simone **5:00** Ring Toss, CL-Shannon **7:00** Musical or Opera of Choice	**2** **Manicure by your VW** **11:15** Tai Chi with Michael Porte, CR **4:00** **Piano Concert with Cliff Adams, CR** **5:00** Dancing with the Stars, Disney **7:00** Craft Night with VWs, CR	**3** **11:30** Exercise with Gwen & Music, CR **1:30** Java Time with Deacon Fred, CR **2:00** **Bridge, CL Den** **3:00** **Music Therapy with Olivia** **3:00** **Deupree Memorial Service, DH** **5:00** Social Hour, CR Den **7:00** Corn Hole with VWs	**4** **Hair Day** **11:30** Exercise with Tonya & Music, CR **3:00** **Music Therapy with Olivia, CL** **4:00** Words that start with N, CL- Briana **5:00** November Trivia, CR- Sharon **7:00** Bowling with VWs	**5** **Men's Luncheon with Deacon Fred, CR** **10:00** **Horticulture with Robert Evans** **11:30** Exercise with Simone & Music, CL **1:00** **Bible Study with Deacon Fred, CR** **1:30** **Bridge, CR Den** **3:30** Number 11 Quiz, CR-Sherry **5:00** Social Hour, CR Den	**6** **11:30** Exercise with Carren & Music, CL **1:15** Tai Chi with Michael Porte, CR **4:00** **Happy/Dance Hour with Christy, CR** **7:00** Conversation Cards, CL-Carren **Happy Birthday Don Gray!**	**7** **11:30** Exercise with Kris & Music, CL **1:30** Puzzle Hour **2:00** **Lyrica Duo, CR** **4:00** Words ending with AGE, CR-Karrie **5:00** Bingo with Corie, CR **7:00** "Moana" with Popcorn, Disney
8 **11:30** Exercise with Karrie & Music, CR **2:00** **Church Service, CR** **3:30** Diwali Trivia, CR-Marie **5:00** Ring Toss, CL-Latonya **7:00** Musical or Opera of Choice	**9** **Manicure by your VW** **11:15** Tai Chi with Michael Porte, CR **3:30** Which Came First, CR-Janet **4:00** **Violin and Piano with Vince Phelan and Rick Hagee, CR** **5:00** Dancing with the Stars, Disney **7:00** Craft Night with VWs, CR	**10** **11:30** Exercise with Donna & Music, CR **1:30** Java Time with Deacon Fred, CR **2:00** **Bridge, CL Den** **4:00** **Polished Brass, CR** **5:00** Social Hour, CR Den **7:00** Corn Hole with VWs	**11** **Hair Day** **11:30** Exercise with Simone & Music, CL **2:00** **Queen City Sisters, DH Event Center** **4:00** Veteran's Day Poems, CL-Dornetta **7:00** Bowling with VWs **Veteran's Day**	**12** **Men's Luncheon with Deacon Fred, CR** **11:30** Exercise with Marie & Music, CR **1:00** **Bible Study with Deacon Fred, CR** **1:30** **Bridge, CR Den** **4:00** **Digital Accordion and Clarinet with Sally & Joe LuKasik, CR** **5:00** Social Hour, CR Den	**13** **11:30** Exercise with Mariah &Music, CR **1:15** Tai Chi with Michael Porte, CR **2:00** **Piano Concert with Daven Robinson, CL** **3:30** Kindness Poems, CR-Sherry **4:00** Happy Hour, CL **7:00** Conversation Cards, CR- Marie	**14** **11:30** Exercise with Lille & Music, CL **1:30** Puzzle Hour **3:30** Would You Rather Game, CR-Tonya **5:00** Bingo with Briana, CL **7:00** "I Will Always Love You" with Popcorn, Disney
15 **11:30** Exercise with Tierra & Music, CR **2:00** **Church Service, CR** **4:00** **Music with Marci Hedges, CR** **7:00** Musical or Opera of Choice	**16** **Manicure by your VW** **1:15** Tai Chi with Michael Porte, CR **4:00** **Service Project for City Gospel, CR** **5:00** 6 Funny Places to visit on the internet, CR- Tierra **7:00** Craft Night with VWs, CR	**17** **11:30** Exercise with Marie & Music, CR **2:00** **Bridge, CL Den** **3:30** **HealthRHYTHMS with DD, CR** **4:00** **History with Trudy Gaba, CR** **5:00** Social Hour, CR Den **7:00** Corn Hole with VWs	**18** **Hair Day** **11:30** Exercise with Mariah & Music, CL **2:00** **Art with Marty Santos, CR** **3:00** **Music Therapy with Olivia, CL** **4:00** Make Gratitude Cards, CR **6:45** **Delta Kings, CR**	**19** **Men's Luncheon with Deacon Fred, CR** **10:00** **Horticulture with Robert Evans** **1:00** **Bible Study with Deacon Fred, CR** **1:30** Resident Council, CL **1:30** **Bridge, CR Den** **3:30** Analogies Quiz, CR-Lillie **5:00** Social Hour, CR Den	**20** **11:30** Exercise with Kisha & Music, CR **1:15** Tai Chi with Michael Porte, CR **2:00** **Cincinnati Symphony Orchestra** **4:00** **Happy Hour with Zach Karp, CR** **7:00** Conversation Cards, CL-Cassie	**21** **11:30** Exercise with Janet & Music, CR **1:30** Puzzle Hour **2:00** **Lyrica Duo, CR** **4:00** Trivia Challenge, CR-Corie **5:00** Bingo with Sherry, CR **7:00** "Dr. Dolittle" with Popcorn, Netflix

November Cottage Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 **11:30** Exercise with Karrie & Music, CR **2:00** **Church Service, CR** **4:00** It Happened in November, CL-Tika **5:00** Ring Toss, CL-Carren **7:00** Musical or Opera of Choice	**23** **Manicure by your VW** **11:30** Exercise with Shay & Music, CL **1:15** Tai Chi with Michael Porte, CR **4:00** Popular Sayings and their Meanings, CR-Janet **5:00** Dancing with the Stars, Disney **7:00** Craft Night with VWs, CR	**24** **11:30** Exercise with Donna & Music, CR **1:30** Java Time with Deacon Fred, CR **2:00** **Bridge, CL Den** **4:00** Alternative Name Quiz, CR-Dornetta **5:00** Social Hour, CR Den **7:00** Corn Hole with VWs	**25** **Hair Day** **11:30** Exercise with Tonya & Music, CR **1:30-3:30** Walking Club **2:00** **Cincinnati Ballet** **3:15** **Jazz Piano Concert with Phil DeGreg and Joe LuKasik, CR** **7:00** Bowling with VWs	**26** **Men's Luncheon with Deacon Fred, CR** **11:30** Exercise with Briana & Music, CL **12:00 Thanksgiving Meal** **1:00** **Bible Study with Deacon Fred, CR** **1:30** **Bridge, CR Den** **4:00** "Planes, Trains and Automobiles," CR **5:00** Social Hour, CR Den  **Happy Thanksgiving**	**27** **11:30** Exercise with Eunique & Music, CR **1:15** Tai Chi with Michael Porte, CR **3:30** Reminisce Lazarus and Shillito's Shopping, CR-Madeline **4:00** Happy Hour, CR **7:00** Conversation Cards, CR-Tierra	**28** **11:30** Exercise with Cassie & Music, CL **1:30** Puzzle Hour **2:00** **Music with Roger Nunlist, CR *** **5:00** Bingo with Karrie , CR **7:00** "Becoming Santa" with Popcorn, Netflix
29 **11:30** Exercise with Tierra & Music, CR **2:00** **Church Service, CR** **4:00** Today in History, CL- Shannon **5:00** Balloon Toss, CL-Lillie **7:00** Musical or Opera of Choice	**30** **Manicure by your VW** **11:30** Exercise with Shay & Music, CL **1:15** Tai Chi with Michael Porte, CR **4:00** Listen to Poetry with Pumpkin Tea, CL-Corie **5:00** Dancing with the Stars, Disney **7:00** Craft Night with VWs, CR		**CR=Craftsman** **CL=Colonial** ***= Music Performances of Creative Aging Cincinnati Membership** -SAIDO is M-F session times vary for each participant	Neighborhood Chat will take place every day in between scheduled activities Activity dates, times and locations are subject to change. Snacks will be offered by VWs at 2:30p and 8:30p every day.	Reminders: Sneeze in the inside of your elbows or tissue. Wash your hands frequently. Wet hands, Lather with Soap, Scrub for at least 20 seconds, rinse and dry. Clean hands before and after, with eating and toileting, then after blowing nose, cough, or sneezing!	

Monthly Observances: Native American Heritage, Alzheimer's Awareness, Diabetes Awareness, Veterans Day and Thanksgiving Day.