May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:30 Exercise -LH 11:00 KY Derby Trivia 3:30 Documentary: History's Greatest Escapes Episode 1	2 10:30 Morning Stretches-LH 4:00 Kentucky Derby Party-LH 6:00 Running of KY Derby on NBC- LH
3 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Afternoon Stretches-LH 6:30 Keeping up Appearances On KET 15	4 10:30 Exercise –LH 2:00-Tea Cup Chat-LH 3:30 Word in Words-LH " Steamboat "	5 10:30 Exercise –LH 10:30 Shopping Trip 3:30 Bingo and Margarites –LH 6:30 Puzzle Challenge-LH Cinco de Mayo	6 10:30 Exercise – LH 11:00 Who Am I- LH 3:00 Joy visiting w/Teddy & Hope 3:30 Happy Hour -LH	7 10:30 Exercise – LH 1:00 Stories in Mind-LH 7:00 Wheel Watcher -LH	8 10:30 Exercise -LH 11:00 Noodle Ball-LH 3:30 Documentary: History's Greatest Escapes Episode 2	9 10:30 Morning Stretches-LH 3:30 Gift Basket Bingo–LH 7:00 Tim Farmers Country Kitchen on KET- LH
10 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Afternoon Stretch's -LH 6:30 Keeping up Appearances On KET 15 Mother's Day	11 10:30 Exercise –LH 10:30 Outing-Cave Hill 2:00 Trivia-LH 3:30 Word in Words-LH "Sunflower "	12 10:30 Exercise –LH 10:30 Shopping Trip 3:30 Bingo –LH 6:30 Puzzle Challenge-LH	13 10:30 Exercise –LH 11:00 What Am I-LH 3:00 Joy visiting w/Teddy & Hope 3:30 Happy Hour-LH	14 10:30 Exercise – LH 2:00 Fun Facts-LH 7:00 Wheel Watcher -LH	15 10:30 Exercise -LH 11:00 Noodle Ball-LH 3:30 Documentary: History's Greatest Escapes Episode 3	16 10:30 Morning Stretches-LH 2:30 Movie Matinee -LH Resident Choice- Prime - TV 6:00 Antique Roadshow
17 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Tyrone Cotton –PC 3:30-Afternoon Stretch's-LH 6:30 Keeping up Appearances On KET 15	18 10:30 Exercise – LH 2:00 Canvas Painting-LH (Flag) 3:30 Word in Words- LH " Sandwich"	19 10:30 Exercise –LH 10:30 Shopping Trip 3:30 Bingo –LH 6:30 Puzzle Challenge-LH	20 10:30 Exercise –LH 11:00 Where Am I-LH 3:00 Joy visiting w/ Teddy & Hope 3:30 Happy Hour-LH	21 10:30 Exercise 1:00 Stories in Mind 2:30 The Talents of Greg V. - LH 7:00 Wheel Watcher-LH	22 10:30 Exercise -LH 11:00 Noodle Ball-LH 3:30 Documentary: History's Greatest Escapes Episode 4	23 10:30 Morning Stretches-LH 3:30 Gift Basket Bingo–LH 7:00 Tim Farmers Country Kitchen on KET- LH
24 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Afternoon Stretch's -LH 6:30 Keeping up Appearances On KET	25 10:30– Exercise LH 2:30 Seasonal Sips/ Patio 3:30 Word *in* Words-LH "Patriotic" Memorial Day	26 10:30 Exercise – LH 10:30 Shopping Trip-LH 3:30 Bingo-LH 6:30 Puzzle Challenge -LH	27 10:30 Exercise –LH 11:00 Where Am I-LH 2:30 WB Nail Salon-LH 3:00 Joy visiting w/ Teddy & Hope 3:30 Happy Hour-LH	28 10:30 Exercise – LH 11:00 Resident Council –LH 7:00 Wheel Watcher -LH	29 10:30 Exercise -LH 11:00 Noodle Ball-LH 3:30 Documentary: History's Greatest Escapes Episode 5	30 10:30 Morning Stretches-LH 2:30 Movie Matinee -LH Resident Choice- Prime - TV 6:00 Antique Roadshow
31 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Afternoon Stretch's -LH 6:30 Keeping up Appearances On KET						

Lyndon House

Location Key: ***AC***=Activity Center/***DR***=Dining Room/***LR***=Living Room/ ***AL***= Marmion/***NF***= Clingman/***LH***= Lyndon House/***R***=Rotunda/***SLC***=ST. Lukes Chapel/ ***WRE***=Westport Rd. Entrance

Activities Location and Time are Subject to Change