




Deupree House

2026 Life Enrichment & Wellness

Printed 4/27/26

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 11:00/05 Bus to Newtown Farm Market* 2:00 Life Lessons from the Great Books (EC) 4:30 Happy Hour with Duchess & Phil DeGreg - BYOB (CR) 7:30 Secretariat (EC)	12:00/05 Bus to MET Opera @ Cinemark* 12-2: Lunch(G39) 2:00 Secretariat (EC) 12-2 Tech Guy at DH* 2:00 Knitting (CR) 3:00/05 Bus to St. Mary's Church 5:30 Auxiliary Derby Party (CR)
3	4	5	6	7	8	9
10:00 Sunday Service 11-1 Brunch (G39) 2:55/3 Bus to Linton*	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 12:50/55 Bus to Hyde Park Plaza * 1:30 Diane Shields: Theodosia Burr (EC) 2:30 Yoga with Christy (C) 7:00 Poker (CR)	9:30/35 Bus to Polling Station* 9:30-10:15 Aqua Aerobics (P) 10:30 Bible Study (CR) 11:30 Tai Chi with Michael (EC) 5:15 Rosary (C) 7:30 Jade Lin Dance Recital Video Showing (EC)	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 11:30 Mind Fit (CO) 12:00 Lunch in the Courtyard 1:00 Art with Marty (CO) 2:30 Aqua Aerobics (P) 3:30 Afternoon Pick-Me with Peggy (EC)	9:30-10:15 Aqua Aerobics (P) 9:50/55 Bus to Hyde Park Plaza * 10:00 Saint of the Day(CR) 10:30 Recycling Pick Up (outside of apartment door) 11:30 Tai Chi with Michael (EC) 1:00 Duplicate Bridge (CR)* 1:00 Moments That Matter: Listen, learn, and grow together (EC)	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 9:35/40 Bus to Symphony* 2:00 Life Lessons from the Great Books (EC) 7:30 Divine Secrets of the Ya-Ya Sisterhood (EC)	11:00/05 Bus to Lunken Farm Market* 2:00 Divine Secrets of the Ya-Ya Sisterhood (EC) 2:00 Knitting (CR) 3:00/05 Bus to St. Mary's Church* 6:20/25 Bus to Symphony*
10	11	12	13	14	15	16
8:20/25 Bus to Redeemer* 10:00 Sunday Service 11-1 Brunch (G39) 	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 12:50/55 Bus to Hyde Park Plaza * 1:00 Floats with Friends (CR) 2:30 Yoga with Christy (C) 7:00 Game Night (CR)	10:30 Bible Study (CR) 11:30 Tai Chi with Michael (EC) 1:00 Book Club (EC) 1:05/10 Bus to Kenwood/Trader Joe's * 2:30 Trivia with Christopher (EC) 5:15 Rosary (C) 7:30 Space Talk with Jerry Black (EC)	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 11:30 Mind Fit (CO) 12:00 Lunch in the Courtyard 2:00 Grief 101: Mindfulness & Grief (EC) 2:30 Meet with Maisie (CR) 2:30 Aqua Aerobics (P) 3:30 Afternoon Pick-Me with Peggy (EC)	9:30-10:15 Aqua Aerobics (P) 9:50/55 Bus to Hyde Park Plaza* 10:00 Ascension Day Prayer Service (C) 11:30 Tai Chi with Michael (EC) 1:00 Duplicate Bridge (CR)* 3:30 Coffee & Information (EC)	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 11:00/05 Bus to Newtown Farm Market* 2:00 Life Lessons from the Great Books (EC) 6:25/30 Bus to May Festival* 7:30 Remarkably Bright Creatures (EC)	12-2 Tech Guy at DH* 2:00 Remarkably Bright Creatures (EC) 2:00 Knitting (CR) 3:00/05 Bus to St. Mary's Church 6:25/30 Bus to May Festival*



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p>8:20/25 Bus to Redeemer* 8:45/50 Depart for Walk to Cure Arthritis* 10:00 Sunday Service 11-1 Brunch (G39) 2:00/05 Bus to May Festival*</p>	<p>18</p> <p>9:30-10:15 Chair Class (EC) 10:45-11:30 Chair Class (EC) BOTH CLASSES WILL BE ON VIDEO 12:50/55 Bus to Hyde Park Plaza* 1:30 Diane Shields: Beverly Hills Fire-1977 (EC) 2:30 Yoga with Christy (C) 7:00 Poker (CR)</p>	<p>19</p> <p>9:30-10:15 Aqua Aerobics (P) 10:50/55 Bus to music live at Lunch at Christ Church Cathedral featuring Pork City Slim* 10:30 Bible Study (CR) 11:30 Tai Chi with Michael (EC) 3:00 Staff/Resident Corn Hole Tournament (EC) 5:15 Rosary (C) 6:25/30 Bus to May Festival*</p>	<p>20</p> <p>9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 11:30 Mind Fit (CO) 12:00 Lunch in the Courtyard 1:00 Art with Marty (CO) 2-3 Stock the Library Baby Shower for Chloe Sarbaugh (CR) 2:30/35 Bus to MPL for Nourishing Minds with Rabbi (EC)* 2:30 Aqua Aerobics (P) 3:30 Afternoon Pick-Me with Peggy (EC)</p>	<p>21</p> <p>9:30-10:15 Aqua Aerobics (P) 9:50/55 Bus to Hyde Park Plaza* 10:00 Saint of the Day (CR) 10:30 Recycling Pick Up-outside of apartment door 11:30 Tai Chi with Michael (EC) 1:00 Duplicate Bridge (CR)* 1:30 Horticulture (EC)* 5:00 Monthly Cocktail Party (CR) 6:25/30 Bus to May Festival*</p>	<p>22</p> <p>9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 2:00 Life Lessons from the Great Books (EC) 7:30 1917 (EC)</p>	<p>23</p> <p>11:00/05 Bus to Lunken Farm Market* 2:00 1917 (EC) 2:00 Knitting (CR) 3:00/05 Bus to St. Mary's Church* 6:25/30 Bus to May Festival*</p>
<p>24</p> <p>8:20/25 Bus to Redeemer* 10:00 Sunday Service 11-1 Brunch (G39)</p>	<p>25</p> <p>NO WELLNESS CLASSES OR TRANSPORTATION TODAY 7:00 Game Night (CR)</p>	<p>26</p> <p>9:30-10:15 Aqua Aerobics (P) 10:30 Bible Study (CR) 11:30 Tai Chi with Michael (EC) 12:35/40 Bus to Rookwood, BMV, Walmart, Fresh Market * 2:00 Walker/Wheelchair check and repair clinic with therapy (EC) 4:00 Resident Council (EC) 4:35/5:00 Rosary & Mass (C)</p>	<p>27</p> <p>9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 11:30 Mind Fit (CO) 12:00 Lunch in the Courtyard 2:30 Aqua Aerobics (P) 2:00 Recycling Hub Presentation (EC) 3:30 Afternoon Pick-Me with Peggy (EC) 4:30 Happy Hour with Phil & Joe (CR)</p>	<p>28</p> <p>9:30-10:15 Aqua Aerobics (P) 9:50/55 Bus to Hyde Park Plaza* 10:00 Saint of the Day (CR) 11:30 Tai Chi with Michael (EC) 1:00 Duplicate Bridge (CR) 6:25/30 Bus to Cincinnati Shakespeare Series (EMMA)*</p>	<p>29</p> <p>9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 11:00/05 Bus to Newtown Farm Market* 2:00 Life Lessons from the Great Books (EC) 7:30 Brooklyn (EC)</p>	<p>30</p> <p>12:00/05 Bus to Met @ Cinemark* 12-2 Tech Guy at DH* 2:00 PM Brooklyn (EC) 2:00 Knitting (CR) 3:00/05 Bus to St. Mary's Church*</p>
<p>31</p> <p>8:20/25 Bus to Redeemer* 10:00 Sunday Service 11-1 Brunch (G39) 5:00/15 Dinner out Bonefish Grill*</p>	<p>Memorial Day</p>					

EC=Event Center DR=Dining Room
 C=Chapel P=Pool
 CR=Club Room CO=Conference Room
 G39=Grille 39 FZ=Fitness Zone

Green = wellness classes Red* = sign up required
Black = no sign up required

Saturday & Sunday Dinner for Grille 39

5:00	5:30	6:00
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