

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10.30am: Worship Service w/Rev Lisa & Deacon Harvey, SLC 2pm: Great Courses - "Evolution of American Federalism", CH	2 9-11am: Clubhouse Cleaning 10.30am: Lyndon House Exercise 2pm: Functional Exercise w/Gry, CH 4pm: Movie Night, CH: "Nuremburg"	3 Larry transport 9am - 1pm 10am: Trip to Frazier Museum, sign up w/Gry by 2/27 (Special exhibit) 10.30am: Lyndon House Exercise 2pm: Dudley Women's Discussion Group, CH 6.30pm: Men's Choir, CH 7pm: The Concordia Choir Concert, Christ Church United Methodist. Transportation provided, sign up w/Gry by 2/27	4 10.30am: Lyndon House Exercise 1pm: Mah-Jongg Game, CH 3pm: Lenten Study w/Rev Lisa, SLC 4.30pm: Dudley Social Hour & dinner, CH	5 *Grier Martin Larry transport 9am - 1pm 10.30am: LH Exercise 11am: Lunch trip to Claudia Sanders Restaurant, sign up w/Gry by 3/2 2pm: Tai-Chi w/Susan & Ann 4pm: "American Federalism" catch-up session	6 *Lee Berndt 10.30am: Lyndon House Exercise 11am: Women's Brunch, sign up by 3/4 3.30pm: Lyndon House documentary series: "Building Ireland"	7 10.30am: Lyndon House Morning Stretches
8 10.30am: Worship Service w/Rev Lisa & Deacon Harvey, SLC 2pm: Great Courses - "Evolution of American Federalism", CH  Daylight Saving Time Begins	9 10am: Hand & Foot card game, CH 10.30am: Lyndon House Exercise 2-5pm: Dudley Executive Council Committee Meeting (Closed session)	10 Larry transport 9am - 1pm 10.30am: LH Exercise 11 - 1pm: Retired Episcopal Clergy Mtg & Lunch, CH 2pm: CH documentary: "Temple Grandin, An Open Door" 6.30pm: Men's Choir, CH	11 *Gladys Ford 9am: Men's Breakfast, sign up by 3/6 10.30am: LH Exercise 1pm: Mah-Jongg Game, CH 2pm: "No Name" Book Club 3pm: Lenten Study w/Rev Lisa 4.30pm: Dudley Social Hour & dinner, CH	12 Larry transport 9am - 1pm 10.30am: Lyndon House Exercise 2pm: Tai-Chi w/Susan & Ann, CH 3pm: Scrabble Game, CH 4pm: "American Federalism" catch-up session, CH	13 10.30am: Lyndon House Exercise 3.30pm: Lyndon House documentary series: "Building Ireland"	14 Dudley Preventative Maintenance - Dryer Vent Cleaning! 10.30am: Lyndon House Morning Stretches
15 10.30am: Worship Service w/Rev Lisa & Deacon Harvey, SLC 2pm: Great Courses - "Evolution of American Federalism", CH	16 10.30am: Lyndon House Exercise 4pm: Movie Night, CH:	17 *St. Patrick's Day Larry transport 9am - 1pm 9am: PODIATRIST IN THE CLUBHOUSE, sign up w/Gry 10.30am: LH Exercise 2pm: Dudley Women's Discussion Group, CH 6.30pm: Men's Choir, CH	18 10.30am: Lyndon House Exercise 1pm: Mah-Jongg Game, CH 3pm: Lenten Study w/Rev Lisa, SLC 4.30pm: St. Patrick's Day Social Hour & dinner, CH (Wear Green)	19 Larry transport 9am - 1pm 10.30am: Lyndon House Exercise 2pm: Tai-Chi w/Susan & Ann, CH 4pm: "American Federalism" catch-up session, CH	20 *Lynne Schulz & Keith Melcher *Spring Equinox 10.30am: LH Exercise 2pm: Caregiver Support Group, CH 3.30pm: Lyndon House documentary series: "Building Ireland"	21 10.30am: Lyndon House Morning Stretches
22 10.30am: Worship Service w/Rev Lisa & Deacon Harvey, SLC 2pm: Great Courses - "Evolution of American Federalism", CH	23 10am: Hand & Foot card game, CH 10.30am: Lyndon House Exercise	24 Larry transport 9am - 1pm 10.30am: Lyndon House Exercise 2pm: Clubhouse documentary: "Greenland, the biggest island on the planet" 6.30pm: Men's Choir, CH	25 10.30am: Lyndon House Exercise 1pm: Mah-Jongg Game, CH 3pm: Lenten Study w/Rev Lisa, SLC 4.30pm: Dudley Social Hour & dinner, CH	26 Larry transport 9am - 1pm 10.30am: Lyndon House Exercise 2pm: Tai-Chi w/Susan & Ann, CH 4pm: "American Federalism" catch-up session, CH	27 10.30am: LH Exercise 2pm: Fitness & Wellbeing Presentation w/Therapy Department, CH 3.30pm: LH documentary series: "Hidden Ireland" 4pm: Classic Movie Night w/Curt Barrett, CH	28 10.30am: Lyndon House Morning Stretches
29 *Susan Melcher *Palm Sunday 10.30am: Pal Sunday Service w/Rev Lisa & Deacon Harvey, SLC 2pm: Great Courses - "Evolution of American Federalism", CH	30 *Nancy Troy 10.30am: Lyndon House Exercise 4pm: Movie Night, CH:	31 *John Richards Larry transport 9am - 1pm 10.30am: Lyndon House Exercise 6.30pm: Men's Choir, CH	Locations: CH = Clubhouse LH = Lyndon House SLC = St. Luke's Chapel			

# March 2026

\* All activities/events/trips are subject to change.

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