

March Cottage Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>11:30 Exercise with Sharron & Music, CL 2:00 Church Service, CL 3:00 This Day in History, CR-Corie 3:30 Listen to Chopin, CR 4:00 Music with Marci Hedges, CR 7:00 Musical or Opera of Choice</p>	<p>2</p> <p>Manicure by your VW 11:00 Tai Chi with Michael Porte, CR 11:15 Music Therapy with Olivia, CL 3:00 Hot Tea, CR 3:30 Sing the Next Line Quiz, CR-Tika 4:00 Piano Concert with Cliff Adams, CR 7:00 Game Night with VWs, CR</p>	<p>3</p> <p>11:30 Exercise with Lillie & Music, CL 3:30 World Wildlife Day, CL 4:00 HealthRHYTHMS with DD, CL 4:30 Guess the American Classic Car, CL-DD 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs</p>	<p>4</p> <p>Hair Day 11:30 Exercise with Eunique & Music, CR 1:30-3:30 Walking Club 4:00 Smart & Humorous One-Liners, CR-Samantha 5:00 Balloon Toss, CR-Milli 7:00 Bowling with VWs Happy Birthday Pete Bidlingmeyer!</p>	<p>5</p> <p>Men's Luncheon with Deacon Fred, CR 10:00 Horticulture with Robert Evans 11:30 Exercise with Cassie & Music, CL 2:00 Bible Study with Deacon Fred, CR 4:00 March Trivia, CL-LaTonya 5:00 Social Hour, CR Den</p>	<p>6</p> <p>11:30 Exercise with Tonya & Music, CR 1:15 Tai Chi with Michael Porte, CR 2:30 World Day of Prayer, CR-Donna 3:00 Piano Music with Daven Robenson, CL 4:00 Happy Hour, CL 5:00 Conversation Cards, CL-Lillie</p>	<p>7</p> <p>11:30 Exercise with Marie & Music, CR 1:30 Puzzle Hour 2:00 Lyrica-Reedy Keys Duo 4:00 Balloon Toss, CL - Shannon 7:00 "POLLYANNA" with Popcorn, Disney</p>
<p>8</p> <p>11:30 Exercise with Tierra & Music, CR 2:00 Church Service, CR 4:00 International Women's Day, CR-Tonya 7:00 Musical or Opera of Choice</p> <p>Daylight Saving Time begins</p>	<p>9</p> <p>Manicure by your VW 11:30 Exercise with Simone & Music, CL 1:15 Tai Chi with Michael Porte, CR 3:00 Hot Tea, CL 4:00 Violin and Piano with Vince and Rick, CL 7:00 Game Night with VWs, CR</p>	<p>10</p> <p>11:30 Exercise with Amy & Music, CR 1:30 Java Time with Deacon Fred, CR 4:00 English Words with Spanish Origins, CR-Tika 5:00 Social Hour, CR Den 6:00 Erickson Academy of Irish Dance, CL 7:00 Corn Hole with VWs</p>	<p>11</p> <p>Hair Day 11:30 Exercise with Nakisha & Music, CR 1:30-3:30 Walking Club 4:00 Sing The Next Line Quiz, CR-Janet 5:00 Balloon Toss, CL-Corie 7:00 Bowling with VWs</p>	<p>12</p> <p>Men's Luncheon with Deacon Fred, CR 11:30 Exercise with Donna & Music, CR 2:00 Bible Study with Deacon Fred, CR 3:00 Girl Scout Cookie Tasting with Mary Lou, CL 5:00 Social Hour, CL Den</p>	<p>13</p> <p>11:30 Exercise with Briana & Music, CL 1:15 Tai Chi with Michael Porte, CR 3:30 Balloon Toss, CR-Sherry 4:00 Jazz Piano with Zach Karp and Happy Hour, CR 5:00 Conversation Cards, CR- Amy 7:00 Bingo with VWs, CL</p>	<p>14</p> <p>11:30 Exercise with Sharon & Music, CR 1:30 Puzzle Hour 2:00 Karaoke, CL- Briana 3:30 Who Am I? March Birthdays, CL-Carren 4:00 Piano Music with Alex Bronston, CL* 7:00 "Growing up Animal" with Popcorn, Disney</p>
<p>15</p> <p>11:30 Exercise with Kris & Music, CL 2:00 Church Service, CR 3:30 Ides of March, CR-Tierra 4:00 Music with Marci Hedges, CL 5:00 March Madness Facts, CR-Sherry 7:00 Musical or Opera of Choice</p>	<p>16</p> <p>Manicure by your VW 11:15 Music Therapy with Olivia, CL 1:15 Tai Chi with Michael Porte, CR 3:00 Hot Tea, CR 4:00 Balloon Toss, CR-Milli 5:00 Aroma Therapy with DD, CR</p>	<p>17</p> <p>11:30 Exercise with Mariah & Music, CL 3:30 St. Patrick's Day Party With Dolores Mason, CR 4:30 Card Games, CL 5:00 Social Hour, CL Den 7:00 Corn Hole with VWs</p> <p>St. Patrick's Day</p>  <p>Dentist Here</p>	<p>18</p> <p>Hair Day 11:00 Puppy Visits from Circle Tail, CL 11:30 Exercise with Marie & Music, CR 1:30-3:30 Walking Club 2:00 Art Therapy with Marty Santos, CR 5:00 Balloon Toss, CR-Samantha 7:00 Bowling with VWs Happy Birthday Pat Landen!</p>	<p>19</p> <p>10:00 Horticulture with Robert Evans 11:30 Exercise with Donna & Music, CR 1:30 Resident Council, CL 3:30 March Poems and Verses, CR- Sherry 4:00 Digital Accordion and Clarinet with Joe and Sally LuKasik, CR 5:00 Social Hour, CR Den</p> <p>Podiatry Here</p>	<p>20</p> <p>11:30 Exercise with Eunique & Music, CR 1:15 Tai Chi with Michael Porte, CR 3:30 It Happened in March, CR-Janet 4:00 Happy Hour, CL 5:00 Conversation Cards, CL- Karrie 7:00 Bingo with VWs, CL First Day of Spring</p>	<p>21</p> <p>11:30 Exercise with Nakisha & Music, CR 1:30 Puzzle Hour 2:00 Lyrica-Reedy Keys Duo 3:30 Harmony Day, CL-Shannon 5:00 Listen to Poetry, CL-Simone 7:00 "HELLO DOLLY" with Popcorn, Disney</p>



March Cottage Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 11:30 Exercise with Briana & Music, CL 2:00 Church Service, CR 4:00 Ocean Facts and Interesting Trivia, CR-Tonya 5:00 This Day in History, CR-Tierra 7:00 Musical or Opera of Choice	23 Manicure by your VW 11:30 Exercise with Mariah & Music, CR 1:15 Tai Chi with Michael Porte, CR 2:30 Four Letter Words Quiz, CR-Gwen 3:00 Hot Tea, CR 4:00 Violin and Piano with Vince and Rick, CR 7:00 Game Night with VWs (CL)	24 11:30 Exercise with Simone & Music, CL 2:00 Service Project for American Red Cross, CR 3:00 Cincinnati Opera, CR 4:00 Balloon Toss, CL-Corrie 5:00 Social Hour, CL Den 7:00 Corn Hole with VWs	25 Hair Day 11:30 Exercise with Amy & Music, CR 1:30-3:30 Walking Club 2:00 Cincinnati Ballet, CL 3:15 Jazz Piano Concert with Phil DeGreg and Joe LuKasik, CR 4:00 Word Train Quiz, CR-Janet 5:00 Armchair Travel to Greece, CR 7:00 Bowling with VWs	26 11:30 Exercise with Cassie & Music, CL 12:00 DH Auxiliary Opening Day Lunch And Parade 4:10 Reds at Red Sox Game 5:00 Social Hour, CR Den Happy Birthday Marvin Collins!	27 11:30 Exercise with Lillie & Music, CL 1:15 Tai Chi with Michael Porte, CR 3:30 March Quiz, CL-Simone 4:00 Jazz Piano with Zach Karp and Happy Hour, CL 7:00 Bingo with VWS, CR	28 11:30 Exercise with Janet & Music, CR 1:30 Puzzle Hour 2:30 Karaoke, CL-Cassie 3:00 Easter Egg Hunt 5:00 Listen to a Short Story, CL-Tika 7:00 "The Sound of Music" with Popcorn, DVD
29 11:30 Exercise with Karrie & Music, CR 2:00 Church Service, CR 4:00 Words starting with M Quiz, CR-Sherry 5:00 This Day in History, CR-Corie 7:00 Musical or Opera of Choice Palm Sunday	30 Manicure by your VW 11:30 Exercise with Tonya & Music, CR 1:15 Tai Chi with Michael Porte, CR 2:30 Coloring In For March, CR 3:00 Hot Tea, CL 4:00 HealthRHYTHMS with DD, CL 7:00 Game Night with VWs (CL)	31 11:30 Exercise with Mariah & Music, CL 3:00 Cincinnati Chamber Orchestra Quartet, CR 4:00 Card Games, CL 5:00 Social Hour, CL Den 7:00 Corn Hole with VWs		Reminders: Sneeze in the inside of your elbows or tissue. Wash your hands frequently. Wet hands, Lather with Soap, Scrub for at least 20 seconds, rinse and dry. Clean hands before and after, with eating and toileting, then after blowing nose, cough, or sneezing! 🙌	CR=Craftsman CL=Colonial *= Music Performances of Creative Aging Cincinnati Membership -SAIDO is M-F session times vary for each participant	Neighborhood Chat will take place every day in between scheduled activities Activity dates, times and locations are subject to change. Snacks will be offered by VWs at 2:30p and 7:00p every day.

Monthly Observances: National Nutrition Month, Colorectal Cancer Awareness Month, Women's History Month, Brain Injury Awareness Month, American Red Cross Month, National Kidney Month, Developmental Disabilities Awareness Month, National Social Work Month, Save Your Vision Month