

Wellness Calendar



Marjorie P. Lee — June 2026

Sun-day	Monday	Tuesday	Wednesday	Thursday	Friday	Satur-day	
	1 Chair Yoga 10:30-11:15am (EC) Aqua Aerobics 2:15pm-3:00pm	2 Balance Class 10:15-10:30am (EC) Chair Class 10:30-11:15am (EC)	3 Tai Chi Flow 10-10:45am (EC)	4 Balance Class 10:15-10:30am (EC) Chair Class 10:30-11:15am (EC)	5 Aqua Aerobics 9:30am-10:15am	6	
7	8 Chair Yoga 10:30-11:15am (EC) Aqua Aerobics 2:15pm-3:00pm	9 Balance Class 10:15-10:30am (EC) Chair Class 10:30-11:15am (EC)	10 Tai Chi Flow Canceled	11 Balance Class 10:15-10:30am (EC) Chair Class 10:30-11:15am (EC)	12 Aqua Aerobics 9:30am-10:15am	13	
14	15 Chair Yoga 10:30-11:15am (EC) Aqua Aerobics 2:15pm-3:00pm	16 Balance Class 10:15-10:30am (EC) Chair Class 10:30-11:15am (EC)	17 Tai Chi Flow 10-10:45am (EC)	18 Balance Class 10:15-10:30am (EC) Chair Class 10:30-11:15am (EC)	19 Aqua Aerobics Canceled	20	
21	22 Chair Yoga 10:30-11:15am (EC) Aqua Aerobics 2:15pm-3:00pm	23 Balance Class 10:15-10:30am (EC) Chair Class 10:30-11:15am (EC)	24 Tai Chi Flow 10-10:45am (EC)	25 Balance Class 10:15-10:30am (EC) Chair Class 10:30-11:15am (EC)	26 Aqua Aerobics 9:30am-10:15am	27	
28	29 Chair Yoga 10:30-11:15am (EC) Aqua Aerobics 2:15pm-3:00pm	30 Balance Class 10:15-10:30am (EC) Chair Class 10:30-11:15am (EC)	<div style="border: 2px solid red; padding: 10px; display: inline-block;"> Monique will lead Monday Aqua Aerobics when Chloe is on maternity leave. </div>				

