



Deupree House


2026
Life Enrichment & Wellness

Printed 5/28/26

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 12:50/55 Bus to Hyde Park Plaza * 1:30 Diane Shields: American Revolution Basics-I (EC) 2:30 Chair Yoga with Christy (C) 4:00 Art Gallery Opening (EC) 7:00 Poker (CR)	9:30-10:15 Aqua Aerobics (P) 10:30 Bible Study (CR) 11:30 Tai Chi with Michael (EC) 5:15 Rosary (C) 7:30 Dr. Hoffman (audiologist) Presentation (EC)	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 10:30/35 Bus to Dorothy Lane Market* 11:30 Mind Fit (CO) 1:00 Art with Marty (CO) 2:30 Aqua Aerobics (P) 3:30 Perk Up with Peggy (CO)	9:30-10:15 Aqua Aerobics (P) 9:50/55 Bus to Hyde Park Plaza* 10:30 Recycling Pick Up-outside of apartment door 11:30 Tai Chi with Michael (EC) 12:00 Lunch-Courtyard/Club Room 1:00 Duplicate Bridge*(CR) 1:30-4:30 Mahjong (AS)*	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 2:00 Life Lessons from the Great Books (EC) 7:30 Carol (EC)	11:00/05 Bus to Lunken Farm Market* 12-2: Lunch (G39) 2:00 Carol (EC) 2:00 Knitting (CR) 3:00/05 Bus to St. Mary's Church*
7	8	9	10	11	12	13
8:20/25 Bus to Redeemer* 10:00 Sunday Service (C) 11-1 Brunch (G39)	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 10:45/50 Bus to Tour of Downtown Cincinnati Public Library* 12:50/55 Bus to Hyde Park Plaza * 2:30 Chair Yoga with Christy (C) 7:00 Game Night (CR)	9:30-10:15 Aqua Aerobics (P) 10:30 Bible Study (CR) 11:30 Tai Chi with Michael (EC) 1:05/10 Bus to Kenwood/Trader Joe's * 1:00 Book Club (EC) 2:30 Trivia with Christopher (EC) 5:00 Rosary (C)	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 10:30/35 Bus to Benken Garden Center* 11:30 Mind Fit (CO) 2:30 Aqua Aerobics (P) 3:30 Perk Up with Peggy (CO) 7:30 Hymn Sing (EC)	9:30-10:15 Aqua Aerobics (P) 9:50/55 Bus to Hyde Park Plaza* 10:00 Saint of the Day(CR) 11:30 Tai Chi with Michael (EC) 12:00 Lunch-Courtyard/Club Room 1:00 Duplicate Bridge*(CR) 1:30-4:30 Mahjong (AS)*	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 2:00 Life Lessons from the Great Books (EC) 7:30 Project Hail Mary (EC)	12-2 Tech Guy at DH* 12-2: Lunch (G39) 2:00 Project Hail Mary (EC) 2:00 Knitting (CR) 3:00/05 Bus to St. Mary's Church*
14	15	16	17	18	19	20
8:20/25 Bus to Redeemer* 9:15/20 Bus to HP Farmers Market* 10:00 Sunday Service (C) 11-1 Brunch (G39) 5:00/15 Dinner out Greyhound Tavern*	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 12:50/55 Bus to Hyde Park Plaza* 1:30 Diane Shields: American Revolution Basics-II (EC) 2:30 Chair Yoga with Christy (C) 7:00 Poker (CR)	9:30-10:15 Aqua Aerobics (P) 10:30 Bible Study (CR) 11:30 Tai Chi with Michael (EC) 2:00 Japanese Decorative Arts Presentation (EC) 5:00 Rosary (C) 7:30 Violin/Piano Recital with Tony & Jade Lin (EC)	9:30-10:15 Chair Class (CR) 10:15-10:30 Balance Class (CR) 10:45-11:30 Chair Class (CR) 11:30 Mind Fit (CO) 1:00 Art with Marty (CO) 2:30/35 Bus to MPL -Nourishing Minds with Rabbi* 2:30 Aqua Aerobics (P) 3:30 Perk Up with Peggy (CO) 6:30/35 Bus to MPL for Sycamore Community Band* (weather permitting)	PODIATRIST: DR. PATEL 8-2 (AS)* 9:30-10:15 Aqua Aerobics (P) 9:50/55 Bus to Hyde Park Plaza* 10:00 Saint of the Day (CR) 10:30 Recycling Pick Up-outside of apartment door 11:30 Tai Chi with Michael (EC) 12:00 Lunch-Courtyard/Club Room 1:00 Duplicate Bridge*(CR) 1:30-4:30 Mahjong (AS)* 1:30 Horticulture Class* (EC) 5:00 Monthly Cocktail Party(CR) 6:30/35 Bus to Opera*	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 2:00 Life Lessons from the Great Books (EC) 7:30 Father's Little Dividend (EC)	11:00/05 Bus to Lunken Farm Market* 12-2: Lunch (G39) 2:00 Father's Little Dividend (EC) 2:00 Knitting (CR) 3:00/05 Bus to St. Mary's Church*





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 10:00 Sunday Service (C) 11-1 Brunch (G39) 	22 9:30-10:15 Chair Class (EC) 10:45-11:30 Chair Class (EC) <i>BOTH ON VIDEO</i> 12:50/55 Bus to HP Plaza* 2:30 Chair Yoga with Christy (C) 4:00 Resident Council (EC) 7:00 Game Night (CR)	23 9:30-10:15 Aqua Aerobics (P) 10:30 Bible Study (CR) 11:30 Tai Chi with Michael (EC) 12:35/40 Bus to Rookwood, BMV, Walmart, Fresh Market * 1:00 Peach Ice Cream Tasting (CR) 4:35/5 Rosary & Mass (C)	24 9:30-10:15 Chair Class (CR) 10:15-10:30 Balance Class (CR) 10:45-11:30 Chair Class (CR) 11:30 Mind Fit (CO) 2:30 Aqua Aerobics (P) 2:00 Cincinnati Art Museum: African American Art (EC) 4:00 Happy Hour with Phil & Joe (CR)	25 9:30-10:15 Resident Led Aqua Aerobics (P) 9:50/55 Bus to Hyde Park Plaza* 10:00 Saint of the Day(CR) 1:00 Duplicate Bridge*(CR) 1:30-4:30 Mahjong (AS)* 2:00 CSO Concert (cottages) 3:30 Coffee & Information (EC)	26 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 2:00 Life Lessons from the Great Books (EC) 7:30 Green Book (EC)	27 12-2 Tech Guy at DH* 12-2: Lunch (G39) 2:00 Green Book (EC) 2:00 Knitting (CR) 2:00 CSO Concert (EC) 2:30/35 Bus to St. Cecilia Church*
28 10:00 Sunday Service (C) 11-1 Brunch (G39)	29 9:30-10:15 Chair Class (EC) 10:45-11:30 Chair Class (EC) <i>BOTH ON VIDEO</i> 12:50/55 Bus to Hyde Park Plaza* 2:00 Presentation by Author, Chet Rogenski: The Longest Staircase (EC) 2:30 Chair Yoga with Christy (C) 7:00 Poker (CR)	30 9:30-10:15 Aqua Aerobics (P) 10:30 Bible Study (CR) 11:30 Tai Chi with Michael (EC) 2:00 Marty: Life is Short (EC) {Martin Short Documentary} 5:15 Rosary (C)				

EC=Event Center C=Chapel CR=Club Room G39=Grille 39	DR=Dining Room P=Pool CO=Conference Room FZ=Fitness Zone	Green= wellness classes Red*=sign up required Black=no sign up required	Saturday Lunch in Grille 39 12-2 p.m. Sunday Brunch in Grille 39 11-1 Saturday & Sunday Dinner for Grille 39- Reservations Needed <div style="display: flex; justify-content: space-around;"> 5:00 5:30 6:00 </div>	Activity Level  -Mild Walking, Plenty of seats and places to stop and catch your breath   - Walking, sporadic seating options
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