



July Cottage Calendar


	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Reminders: Sneeze in the inside of your elbows or tissue. Wash your hands frequently. Wet hands, Lather with Soap, Scrub for at least 20 seconds, rinse and dry. Clean hands before and after, with eating and toileting, then after blowing nose, cough, or sneezing! </p>	<p>Neighborhood Chat will take place every day in between scheduled activities</p> <p>Activity dates, times and locations are subject to change.</p> <p>Snacks will be offered by VWs at 2:30p and 7:00p every day.</p>		<p style="text-align: right;">1</p> <p>Hair Day 11:30 Exercise with Marie & Music, CR 1:30-3:30 Walking Club 4:00 Canada Quiz, CR-Dornetta 5:00 Balloon Toss, CL-Cassie 7:00 Bowling with VWs</p>	<p style="text-align: right;">2</p> <p>Men's Luncheon with Deacon Fred, CR 10:00 Horticulture with Robert Evans 11:30 Exercise with Lillie & Music, CL 1:00 Bible Study with Deacon Fred, CR 1:30 Bridge, CR Den 3:30 July Trivia, CR-LaTonya 5:00 Social Hour, CR Den</p>	<p style="text-align: right;">3</p> <p>11:30 Exercise with Briana & Music, CL 1:15 Tai Chi with Michael Porte, CR 3:30 Lisa Caron, CL-Simone 4:00 Happy Hour, CR 7:00 Conversation Cards, CR-Amy</p>	<p style="text-align: right;">4</p> <p>11:30 Exercise with Tierra & Music, CR 12:00 Courtyard BBQ 1:30 Puzzle Hour 2:00 Lyrica Duo, CR 4:00 USA Quiz, CR-Marie 5:00 Bingo with Kris, CL 8:00 Macy's Firework Show, NBC</p> <p style="text-align: center;">Independence Day</p>
<p style="text-align: right;">5</p> <p>11:30 Exercise with Karrie & Music, CR 2:00 Church Service, CR 3:30 Australian Indigenous Quiz, CR-Sherry 4:00 Music with Marci Hedges, CL 5:00 Ring Toss, CL-Tika 7:00 Musical or Opera of Choice</p>	<p style="text-align: right;">6</p> <p>Manicure by your VW 11:15 Music Therapy with Olivia, CL 11:15 Tai Chi with Michael Porte, CR 3:30 Mystery Trivia with frozen sweet treats, CL 4:00 Piano Concert with Cliff Adams, CR 7:00 Craft Night with VWs, CR Dentist Here</p>	<p style="text-align: right;">7</p> <p>11:30 Exercise with Kisha & Music, CR 1:30 Java Time with Deacon Fred, CR 4:00 Chocolate Tasting, CL 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs</p>	<p style="text-align: right;">8</p> <p>Hair Day 11:30 Exercise with Mariah & Music, CL 1:30 River City Ramblers, CR 3:00 Blueberry Tasting, CL 4:00 Letter J Quiz, CR-Tinia 5:00 Balloon Toss, CR-Tierra 7:00 Bowling with VWs</p>	<p style="text-align: right;">9</p> <p>Men's Luncheon with Deacon Fred, CR 11:30 Exercise with Donna & Music, CR 1:00 Bible Study with Deacon Fred, CR 1:30 Bridge, CR Den 4:00 Digital Accordion and Clarinet with Joe and Sally LuKasik, CR 5:00 Social Hour, CL Den</p>	<p style="text-align: right;">10</p> <p>11:30 Exercise with Tika & Music, CR 1:15 Tai Chi with Michael Porte, CR 4:00 HealthRHYTHMS with DD, CL 4:30 Happy Hour, CL 7:00 Conversation Cards, CL-Corie</p> <p>Therapy Dog Bucky, here for a visit</p>	<p style="text-align: right;">11</p> <p>11:30 Exercise with Kris & Music, CL 1:30 Puzzle Hour 2:00 Jazz Band Courtyard Summer Party with Ice Cream Truck 5:00 Bingo with Tonya, CR 7:00 "Sheep Detective" with Popcorn, Prime</p>
<p style="text-align: right;">12</p> <p>11:30 Exercise with Marie & Music, CR 2:00 Church Service, CR 3:30 It Happened in July, CL-Briana 4:00 Balloon Toss, CR-Corie 7:00 Musical or Opera of Choice</p>	<p style="text-align: right;">13</p> <p>Manicure by your VW 11:30 Exercise with Gwen & Music, CR 1:15 Tai Chi with Michael Porte, CR 3:30 Mystery Trivia with frozen sweet treats, CR 4:00 Violin and Piano with Vince and Rick, CR 7:00 Craft Night with VWs, CR</p>	<p style="text-align: right;">14</p> <p>11:30 Exercise with Simone & Music, CR 12:00 Carry-in Buca di Beppo 1:30 Java Time with Deacon Fred, CR 3:30 Bastille Day Trivia, CR-LaTonya 4:00 Sonny Hill Trio, CR 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs</p>	<p style="text-align: right;">15</p> <p>Hair Day 11:30 Exercise with Mariah & Music, CL 1:30-3:30 Walking Club 2:00 Art Therapy with Marty Santos, CL 3:00 Listen to a Short Story with Graeters Ice cream CL 5:00 Balloon Toss, CR- 7:00 Bowling with VWs</p>	<p style="text-align: right;">16</p> <p>Men's Luncheon with Deacon Fred, CR 10:00 Horticulture with Robert Evans 1:00 Bible Study with Deacon Fred, CR 1:30 Resident Council 1:30 Bridge, CR Den 5:00 Social Hour, CR Den Vision Here Happy Birthday Andrew Jergens!</p>	<p style="text-align: right;">17</p> <p>11:30 Exercise with Cassie & Music, CL 1:15 Tai Chi with Michael Porte, CR 3:00 Color with DD, CR 4:00 Happy Hour- Jazz Piano with Zack Karp, CR</p> <p>Happy Birthday Linda Callard!</p>	<p style="text-align: right;">18</p> <p>11:30 Exercise with Sharon & Music, CR 1:30 Puzzle Hour 2:00 Lyrica Duo, CR 4:00 Who Am I July Birthdays, CL-Cassie 5:00 Bingo with Carren, CL 7:00 "The Shaggy Dog" with Popcorn, Disney</p>



July Cottage Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
11:30 Exercise with Kris & Music, CL 2:00 Church Service, CR 4:00 Music with Marci Hedges, CL 5:00 Ring Toss, CR-Sherry 7:00 Musical or Opera of Choice	Manicure by your VW 11:15 Music Therapy with Olivia, CL 11:30 Exercise with Amy & Music, CL 1:15 Tai Chi with Michael Porte, CR 3:30 Mystery Trivia with UDF Peach Ice cream, CL 5:00 July in History, CR-Sharon 7:00 Craft Night with VWs, CR Happy Birthday Mary Lou Kurlich!	11:30 Exercise with Briana & Music, CL 3:30 French Trivia, CR- 5:00 Evening in Paris with Dolores Mason, CL-French Dinner to follow in CL 7:00 Corn Hole with VWs	Hair Day 11:30 Exercise with Kisha & Music, CR 1:30-3:30 Walking Club 3:15 Jazz Piano Concert with Phil DeGreg and Joe LuKasik, CR 4:30 Color with Dornetta, CR 7:00 Bowling with VWs	Men's Luncheon with Deacon Fred, CR 11:30 Exercise with Cassie & Music, CL 1:00 Bible Study with Deacon Fred, CR 1:30 Bridge, CR Den 3:30 Paint while listening to Classical Music, CR- Corie 5:00 Social Hour, CR Den Podiatry Here	11:30 Exercise with Tika & Music, CR 1:15 Tai Chi with Michael Porte, CR 2:00 Duchess Singers, CR 3:30 Cowboys and Cowgirls, CL-Kris 4:00 Happy Hour, CL 7:00 Conversation Cards, CL- Tika	11:30 Exercise with Simone & Music, CL 1:30 Puzzle Hour 3:30 Christmas in July, CL-Shannon 5:00 Bingo with LaTonya, CR 7:00 "Candleshoe" with Popcorn, Disney
26	27	28	29	30	31	
11:30 Exercise with Donna & Music, CR 2:00 Church Service, CR 4:00 This Day in History, CR-Tonya 5:00 Balloon Toss, CL-Simone 7:00 Musical or Opera of Choice	Manicure by your VW 11:30 Exercise with Shay & Music, CR 1:15 Tai Chi with Michael Porte, CR 3:30 Mystery Trivia with frozen sweet treats, CL 4:00 Violin and Piano with Vince and Rick, CR 7:00 Craft Night with VWs, CR	11:30 Exercise with Marie & Music, CR 1:30 Java Time with Deacon Fred, CR 2:00 Cincinnati Opera, CR 3:30 Color with DD, CL 4:30 Balloon Toss, CL-Carren 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs	Hair Day 11:30 Exercise with Lillie & Music, CL 1:30-3:30 Walking Club 2:00 Cincinnati Ballet, CL 3:30 Listen to a Short Story with Aglamesis Ice cream, CL 5:00 Balloon Toss, CR- 7:00 Bowling with VWs	Men's Luncheon with Deacon Fred, CR 11:30 Exercise with Eunique & Music, CR 1:00 Bible Study with Deacon Fred, CR 1:30 Bridge, CR Den 3:30 Paint while listening to Classical Music, CR-Sharon 5:00 Social Hour, CR Den	11:30 Exercise with Briana & Music, CL 1:15 Tai Chi with Michael Porte, CR 4:00 Happy Hour- Jazz Piano with Zack Karp, CR 7:00 Conversation Cards, CR-Sherry	CR=Craftsman CL=Colonial *= Music Performances of Creative Aging Cincinnati Membership -SAIDO is M-F session times vary for each participant

Monthly Observances: National Grilling Month, National Picnic Month, National Ice Cream Month, National Hot Dog Month