





January Cottage Calendar




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CR=Craftsman CL=Colonial *= Music Performances of Creative Aging Cincinnati Membership -SAIDO session times may vary. Neighborhood Chat will take place every day in between scheduled activities	Activity dates, times and locations are subject to change. Snacks will be offered by VWs at 2:30p and 7:00p every day.	Reminders: Sneeze in the inside of your elbows or tissue. Wash your hands frequently. Wet hands, Lather with Soap, Scrub for at least 20 seconds, rinse and dry. Clean hands before and after, with eating and toileting, then after blowing nose, cough, or sneezing! 		Men's Luncheon with Deacon Fred, CR 11:30 Exercise with Kris & Music, CL 2:00 Bible Study with Deacon Fred, CR 3:30 New Year Resolutions, CR-Sherry 4:00 Watch Rose Bowl,CR 5:00 Social Hour, CR Den	11:00 SAIDO 11:15 Music Therapy with Olivia, CR 11:30 Exercise with Leslie & Music, CR 1:15 Tai Chi with Michael Porte, CR 2:30 The Game of Things, CR-Leslie 4:00 Happy Hour, CR 5:00 January Trivia, CR-Amy 7:00 Bingo with VWs, CR	11:30 Exercise with Sharon & Music, CR 1:30 Puzzle Hour 2:00 Lyrica-Reedy Keys Duo 3:30 Fruit Cake Social, CR 4:00 Balloon Toss, CR -Corie 5:00 Who Am I?, CL -Tika 7:00 "Ladies in Lavendar" With Popcorn, DVD
11:30 Exercise with Karrie & Music, CR 2:00 Church Service, CL 3:30 1940's Trivia, CR-Tierra 4:00 Music Performance with Marci Hedges, CR 7:00 Musical or Opera of Choice	Manicure by your VW 11:00 SAIDO 11:30 Exercise with Lillie & Music, CL 1:15 Tai Chi with Michael Porte, CR 3:00 Hot Cocoa Bar, CR 4:00 Piano Concert with Cliff Adams, CR 5:00 Which Word Doesn't Fit, CR- Janet	Women's Luncheon, CL 11:00 SAIDO 11:30 Exercise with Nakisha & Music, CR 1:30 Java Time with Deacon Fred, CR 3:30 Epiphany, CR 4:00 HealthRHYTHMS with DD, CR 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs	Hair Day 11:00 SAIDO 11:30 Exercise with Mariah & Music, CL 2:00 Make PB&J sandwiches with DD, CL 3:30 Bird Bingo, CL-Simone 5:00 Balloon Toss, CL-Latonya 7:00 Bowling with VWs	Men's Luncheon with Deacon Fred, CR 11:00 SAIDO 11:30 Exercise with Donna & Music, CR 2:00 Bible Study with Deacon Fred, CR 3:00 "Elvis Presley" CL 5:00 Social Hour, CL Den	11:00 SAIDO 11:30 Exercise with Cassie & Music, CL 1:15 Tai Chi with Michael Porte, CR 3:30 Name that Tune, CL 4:00 Happy Hour, CL 5:00 Conversation Cards-Karrie 7:00 Bingo with VWs, CL	11:30 Exercise with Marie & Music, CR 1:30 Puzzle Hour 2:30 Karaoke with Marie, CR 4:00 Balloon Toss, CL -Shannon 5:00 Pot Luck Quiz#1, CL -Lillie 7:00 "What About Bob" with Popcorn, DVD
11:30 Exercise with Briana & Music, CL 2:00 Church Service, CL 4:00 Which Word Doesn't Fit, CR-Leslie 7:00 Musical or Opera of Choice	Manicure by your VW 11:15 Music Therapy with Olivia, CR 11:30 Exercise with Amy & Music, CR 1:15 Tai Chi with Michael Porte, CR 3:00 Hot Cocoa Bar, CR 4:00 Violin and Piano with Vince and Rick,CL Vision Here	Women's Luncheon, CL 11:00 SAIDO 11:30 Exercise with Simone & Music, CL 1:30 Java Time with Deacon Fred, CR 2:00 Make Vegetable Soup with DD, CR 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs	Hair Day 11:00 SAIDO 11:30 Exercise with Donna & Music, CR 3:00 Paint while listening to Classical Music, CR-Sharon 5:00 Balloon Toss, CL 7:00 Bowling with VWs	Men's Luncheon with Deacon Fred, CR 10:00 Horticulture with Robert Evans 11:30 Exercise with Eunique & Music, CR 2:00 Bible Study with Deacon Fred, CR 3:30 It Happened in January, CL-Corie 4:00 Digital Accordion & Clarinet with Sally and Joe LuKasik, CR	11:00 SAIDO 11:30 Exercise with Lillie & Music,CL 1:15 Tai Chi with Michael Porte, CR 3:00 Match the Star to the Movie, CR 4:00 Happy Hour, CL 5:00 Conversation Cards, CL-Simone Podiatry Here	11:30 Exercise with Janet & Music, CR 1:30 Puzzle Hour 2:00 Lyrica-Reedy Keys Duo 3:30 The Great Boston Molasses Flood, CR 5:00 Pot Luck Quiz#2, CR-Sherry 7:00 "Driving Miss Daisy" with Popcorn, DVD



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18 11:30 Exercise with Karrie & Music, CR 2:00 Church Service, CL 4:00 Music Performance with Marci Hedges, CR 5:00 Which Word Doesn't Fit, CL- Tika 7:00 Musical or Opera of Choice	19 Manicure by your VW 11:00 SAIDO 11:30 Exercise with Gwen & Music, CR 1:15 Tai Chi with Michael Porte, CR 2:30 Listen to Duke Ellington 4:00 MLK Quotes, CR 7:00 Game Night with VWs (CL) 	20 Women's Luncheon, CL 11:00 SAIDO 11:30 Exercise with Amy & Music, CR 2:00 Who Said It? CR 3:00 Cincinnati Chamber Orchestra, CR 5:00 Social Hour,CL Den 7:00 Corn Hole with Vws	21 Hair Day 11:00 SAIDO 11:30 Exercise with Simone & Music,CL 2:00 Art Therapy with Marty Santos, CR 4:30 Finish the Movie Title, CR 5:00 Balloon Toss, CR -Tash 7:00 Bowling with VWs	22 11:00 SAIDO 11:30 Exercise with Kisha & Music, CR 2:30 HealthRHYTHMS with DD, CL 3:30 Armchair Travel to South Korea, CL 5:00 Social Hour, CL Den	23 11:00 SAIDO 11:30 Exercise with Eunique & Music, CR 1:15 Tai Chi with Michael Porte, CR 4:00 Happy Hour, CL 5:00 Dinner 6:00 Winter Ball-Cincinnati Contemporary Jazz Orchestra, CR	24 11:30 Exercise with Cassie & Music, CL 1:30 Puzzle Hour 2:30 Karaoke, CL -Briana 4:00 Balloon Toss, CL -Samantha 5:00 Who Am I? Famous Faces, CR-Tonya 7:00 "Grumpy Old Men" with Popcorn, DVD
25 11:30 Exercise with Briana & Music, CR 2:00 Church Service, CL 4:00 Music Performance with Marci Hedges 7:00 Musical or Opera of Choice	26 Manicure by your VW 11:00 SAIDO 11:30 Exercise with Mariah & Music, CR 1:15 Tai Chi with Michael Porte, CR 2:30 Listen to Nina Simone 4:00 Violin and Piano with Vince and Rick, CR 7:00 Game Night with VWs (CL)	27 Women's Luncheon,CL 11:00 SAIDO 11:30 Exercise with Amy & Music,CR 1:30 Java Time with Deacon Fred, CR 3:00 Hot Cocoa Bar, CL 4:00 Paint while listening to Classical Music, CL-Cassie 5:00 Social Hour, CL Den 7:00 Corn Hole with Vws	28 Hair Day 11:00 SAIDO 11:30 Exercise with Marie & Music, CR 3:30 Armchair Travel to Denmark, CR 5:00 Balloon Toss, CL- Corie 7:00 Bowling with VWs	29 Men's Luncheon with Deacon Fred, CR 11:00 SAIDO 11:30 Exercise with Eunique & Music, CR 2:00 Bible Study with Deacon Fred, CR 3:15 Jazz Piano Concert with Phil DeGreg and Joe Lukasik, CR 5:00 Social Hour, CL Den Happy Birthday Janet Melvin!	30 11:00 SAIDO 11:15 Music Therapy with Olivia, CR 11:30 Exercise with Simone & Music, CL 1:15 Tai Chi with Michael Porte, CR 2:30 Winter Quiz, CR 4:00 Happy Hour, CR -Amy 5:00 Conversation Cards, CR-Janet	31 11:30 Exercise with Sharon & Music, CR 1:30 Puzzle Hour 2:30 Karaoke, CR-Sharon 4:00 Balloon Toss, CR -Sherry 5:00 January Flashback, CR-Tierra 7:00 "The Wizard of Oz" with Popcorn, DVD

Monthly Observances: Some Monthly Observances: Glaucoma Awareness Month, National Birth Defects Prevention Month, Cervical Cancer Screening Month, National Blood Donor Month, Thyroid Awareness Month, National Stalking Awareness Month