

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2026</h1> <p>LOCATIONS: CLUBHOUSE = CH LYNDON HOUSE = LH St. Luke's Chapel = SLC</p>				<div>1</div> <p>HAPPY NEW YEAR 2026!</p> <p>10.30am: Lyndon House exercise</p> <p>2pm: Tai-Chi w/Susan & Ann, CH</p> <p>New Year's Day</p>	<div>2</div> <p>10.30am: Lyndon House exercise</p> <p>3.30pm: Lyndon House documentary series: "Real Vikings - Age of Invasion"</p>	<div>3</div> <p>10.30am: Morning Stretches, Lyndon House, all welcome!</p>
<div>4</div> <p>10.30am: Worship Service w/Rev Lisa & Deacon Harvey, SLC</p>	<div>5</div> <p>10.30am: Lyndon House exercise</p> <p>2pm: Functional Exercise w/Gry, CH</p> <p>4pm: Movie Night: "The Color Purple"</p>	<div>*Epiphany/3 King's Day 6</div> <p>Larry Transport 9am - 1pm</p> <p>10.30am: Lyndon House exercise</p> <p>2pm: Dudley Maintenance Meeting, w/Keith & Fran, Clubhouse</p> <p>6.30pm: Men's Choir w/Melanie, CH</p>	<div>7</div> <p>10.30am: Lyndon House exercise</p> <p>1pm: Mah-Jongg Game, CH</p> <p>4.30pm: Dudley Social Hour & Dinner, CH</p>	<div>Larry Transport 9am - 1pm 8</div> <p>10.30am: Lyndon House exercise</p> <p>2pm: Tai-Chi w/Susan & Ann, CH</p> <p>3pm: Dudley Scrabble Game, CH</p>	<div>*Julie Preston & John Robinson 9</div> <p>10.30am: Lyndon House exercise</p> <p>11am: Women's Brunch, CH (sign up by 1/7)</p> <p>3.30pm: Lyndon House documentary series: "Real Vikings - Rise of the Pagans"</p>	<div>*Curtis Barrett 90 10</div> <p>10.30am: Morning Stretches, Lyndon House, all welcome!</p> <p>The Barrett's renting the Clubhouse?</p>
<div>* Nancy Ragan 11</div> <p>10.30am: Worship Service w/Rev Lisa & Deacon Harvey, SLC</p>	<div>12</div> <p>10am: Hand & Foot Card Game, CH</p> <p>10.30am: Lyndon House exercise</p> <p>2pm: Functional Exercise w/Gry, CH</p> <p>2-5pm: Dudley Exec. Council Com. Meeting, CH (closed session)</p>	<div>Larry Transport 9am - 1pm 13</div> <p>10.30am: Lyndon House exercise</p> <p>11-1pm: Retired Episcopal Clergy mtg & lunch, CH</p> <p>2pm: Documentary, CH: Rosa Parks, mother of a Movement</p> <p>6.30pm: Men's Choir w/Melanie, CH</p>	<div>* Anne Ehrman 14</div> <p>9am: Men's Breakfast, CH</p> <p>10.30am: Lyndon House exercise</p> <p>1pm: Mah-Jongg Game, CH</p> <p>2pm: No Name Book Club, CH</p> <p>4.30pm: Dudley Social Hour & Dinner, CH</p>	<div>Larry Transport 9am - 1pm Gry in Cincinnati 15</div> <p>10.30am: Lyndon House exercise</p> <p>2pm: Tai-Chi w/Susan & Ann, CH</p>	<div>16</div> <p>10am: Coffee Concert w/Louisville Orchestra, sign up w/Gry for transportation</p> <p>10.30am: Lyndon House exercise</p> <p>3.30pm: Lyndon House documentary series: "Real Vikings - Rise of Ragnar & Sons"</p>	<div>17</div> <p>10.30am: Morning Stretches, Lyndon House, all welcome!</p>
<div>* Mike Abell & Sally Jackson 18</div> <p>10.30am: Worship Service w/Rev Lisa & Deacon Harvey, SLC</p>	<div>19</div> <p>10.30am: Lyndon House exercise</p> <p>2pm: Functional Exercise w/Gry, CH</p> <p>4pm: Movie Night: "The Butler"</p> <p>Martin Luther King Jr. Day</p>	<div>Larry Transport 9am - 1pm 20</div> <p>10.30am: Lyndon House exercise</p> <p>1pm: Trip to Speed Museum, sign up w/Gry</p> <p>6.30pm: Men's Choir w/Melanie, CH</p>	<div>* Susan Bell 21</div> <p>10.30am: Lyndon House exercise</p> <p>1pm: Mah-Jongg Game, CH</p> <p>4.30pm: Dudley Social Hour & Dinner, CH</p>	<div>Larry Transport 9am - 1pm 22</div> <p>10.30am: Lyndon House exercise</p> <p>2pm: Tai-Chi w/Susan & Anne, CH</p>	<div>*Barbara Abell & Trish Burke 23</div> <p>10.30am: Lyndon House exercise</p> <p>3.30pm: Lyndon House documentary series: "Real Vikings - Viking Women"</p>	<div>24</div> <p>10.30am: Morning Stretches, Lyndon House, all welcome!</p>
<div>25</div> <p>10.30am: Worship Service w/Rev Lisa & Deacon Harvey, SLC</p>	<div>* Ann Stevenson 26</div> <p>10am: Hand & Foot Card Game, CH</p> <p>10.30am: Lyndon House exercise</p> <p>2pm: Functional Exercise w/Gry, CH</p>	<div>* Nancy Lutz & Pat Walker 27</div> <p>Larry Transport 9am - 1pm</p> <p>10.30am: Lyndon House exercise</p> <p>2pm: Documentary, CH "Temple Grandin, An Open Door"</p> <p>6.30pm: Men's Choir w/Melanie, CH</p>	<div>28</div> <p>10.30am: Lyndon House exercise</p> <p>1pm: Mah-Jongg Game, CH</p> <p>4.30pm: Dudley Social Hour & dinner, CH</p>	<div>Larry Transport 9am - 1pm 29</div> <p>10.30am: Lyndon House exercise</p> <p>2pm: Tai-Chi w/Susan & Ann, CH</p>	<div>30</div> <p>10.30am: Lyndon House exercise</p> <p>2pm: Fitness & Wellbeing Presentation, CH</p> <p>3.30pm: Lyndon House documentary series: "Mysteries of the Great Lakes"</p> <p>4pm: "Dudley's got Talent", CH (flyer coming out soon)</p>	<div>*GG Temple 31</div> <p>10.30am: Morning Stretches, Lyndon House, all welcome!</p>