

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30 Exercise – LH 11:00 New Years Trivia LH 7:00 Wheel Watcher -LH New Year's Day	2 10:30 Exercise -LH 11:00 Noodle Ball-LH 3:30 Documentary: Real Vikings -Age of Invasion Episode 1	3 10:30 Morning Stretches-LH 2:30 Movie Matinee -LH Resident Choice- Prime - TV 6:00 Antique Roadshow on KET- LH
4 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Afternoon Stretches-LH 6:30 Keeping up Appearances On KET 15	5 10:30 Exercise –LH 2:00-Tea Cup Chat-LH 3:30 Word in Words-LH " Resolution"	6 10:30 Exercise –LH 10:30 Shopping Trip 3:30 Bingo –LH 6:30 Puzzle Challenge-LH	7 10:30 Exercise – LH 2:00 Rosary Devotions -AL 3:30 Happy Hour -LH	8 10:30 Exercise – LH 1:00 Stories in Mind-LH 2:00 English Toffee Day 7:00 Wheel Watcher -LH	9 10:30 Exercise -LH 11:00 Noodle Ball-LH 3:30 Documentary: Real Vikings-Rise of the Pagans Episode 2	10 10:30 Morning Stretches-LH 3:30 Gift Basket Bingo–LH 7:00 Tim Farmers Country Kitchen on KET- LH
11 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Afternoon Stretch's -LH 6:30 Keeping up Appearances On KET 15	12 10:30 Exercise –LH 2:00 Tea Cup Chat (National Hot Tea Day) 3:30 Word in Words-LH “Expression”	13 10:30 Exercise –LH 3:30 Bingo –LH 6:30 Puzzle Challenge-LH	14 10:30 Exercise –LH 11:00 Say What?-LH 3:30 Happy Hour-LH	15 10:30 Exercise –LH 11:00 Trivia-LH 2:30- The Talents of Greg V-LH 7:00 Wheel Watcher-LH	16 10:30 Exercise -LH 11:00 Noodle Ball-LH 2:00 Fun Facts: Fig Newton Day 3:30 Documentary: Real Vikings- Rise of Ragner & Sons Episode 3	17 10:30 Morning Stretches-LH 2:30 Movie Matinee -LH Resident Choice- Prime - TV 6:00 Antique Roadshow on KET- LH
18 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Tyrone Cotton –PC 3:30-Afternoon Stretch's-LH 6:30 Keeping up Appearances On KET 15	19 10:30 Exercise – LH 2:00 Amazon Prime- Dr. Martin Luther King -A Historical Perspective -LH 3:30 Word in Words- LH " Importance" Martin Luther King Jr. Day	20 10:30 Exercise – LH 10:30 Shopping Trip 3:30 Bingo-LH 6:30 Puzzle Challenge -LH	21 10:30 Exercise –LH 2:00 Rosary Devotions- AL 3:30 Happy Hour-LH	22 10:30 Exercise – LH 11:00 Resident Council –LH 1:00 Stories in Mind-LH 7:00 Wheel Watcher -LH	23 10:30 Exercise -LH 11:00 Noodle Ball-LH 3:30 Documentary: Real Vikings- Viking Women Episode 4	24 10:30 Morning Stretches-LH 3:30 Gift Basket Bingo–LH 7:00 Tim Farmers Country Kitchen on KET- LH
25 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Afternoon Stretch's -LH 6:30 Keeping up Appearances On KET 15	26 10:30– Exercise LH 11:00 Hot Chocolate and Treats 3:30 Word in Words-LH “Supermarket”	27 10:30 Exercise – LH 10:30 Shopping Trip-LH 3:30 Bingo-LH 6:30 Puzzle Challenge -LH	28 10:30 Exercise – LH 2:00 WB Nail Salon-LH 3:30 Happy Hour-LH	29 10:30 Exercise – LH 2:00 Winter Craft-LH 7:00 Wheel Watcher-LH	30 10:30 Exercise –LH 11:00 Baking in the Kitchen LH 3:30 Documentary: Mysteries of the Great Lakes	31 10:30 Morning Stretches-LH 2:30 Movie Matinee -LH Resident Choice- Prime - TV 6:00 Antique Roadshow on KET- LH