



Deupree House

2026  
Life Enrichment & Wellness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				 <b>NO WELLNESS CLASSES OR TRANSPORTATION TODAY</b> <b>1:00 Duplicate Bridge*</b>	<b>2</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>2:00</b> How to Be a Good Christian- <i>virtual lecture</i> (EC) <b>7:30</b> When Harry Met Sally (EC)	<b>3</b> <b>12-2:</b> Lunch (G39) <b>12:40/45</b> Bus to Boar's Head & Yule Log Festival at Christ Church Cathedral* <b>2:00 PM</b> When Harry Met Sally (EC) <b>2:00</b> Knitting(CR) <b>3:00/05</b> Bus to St. Mary's Church*
<b>4</b> <b>10:00</b> Sunday Service <b>11-1</b> Brunch (G39)	<b>5</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>12:50/55</b> Bus to Hyde Park Plaza* <b>1:30</b> Diane Shields: Cleopatra <b>2:30</b> Yoga with Christy (EC) <b>7:00</b> Game Night (C)	<b>6</b> 9:30-10:15 Aqua Aerobics (P) <b>10:30</b> Bible Study (CR) 11:30 Tai Chi with Michael (EC) <b>2:00</b> Meet & Greet with Jennifer Lovejoy (Receptionist) (CR) <b>5:15</b> Rosary (C)	<b>7</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>11:30</b> Mind Fit (CO)* <b>1:00</b> Art with Marty (CO) <b>1:00</b> Movie & Popcorn: Eleanor the Great (EC) <b>2:30</b> Aqua Aerobics (P)	<b>8</b> 9:30-10:15 Aqua Aerobics (P) <b>9:50/55</b> Bus to Hyde Park Plaza* <b>10:00</b> Saint of the Day 11:30 Tai Chi with Michael (EC) <b>12:00</b> Lunch in the Courtyard or Club Room <b>1:00</b> Duplicate Bridge*	<b>9</b> 9:30-10:15 Chair Class (EC) 10:45-11:30 Chair Class (EC) <b>2:00</b> How to Be a Good Christian- <i>virtual lecture</i> (EC) <b>7:30</b> Miracle (EC)	<b>10</b> <b>12-2 Tech Guy at DH*</b> <b>12-2:</b> Lunch (G39) <b>12:00/05</b> Bus to MET at Cinemark* <b>2:00 PM</b> Miracle (EC) <b>2:00</b> Knitting(CR) <b>3:00/05</b> Bus to St. Mary's Church* <b>6:30/35</b> Bus to Symphony*
<b>11</b> <b>10:00</b> Sunday Service <b>11-1</b> Brunch (G39) <b>5:00/05</b> Bus to Dinner out at Oriental Wok*	<b>12</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>12:50/55</b> Bus to HP Plaza* <b>1:00</b> The Key Resident Appreciation Party (EC) <b>2:30</b> Yoga with Christy (EC) <b>7:00</b> Poker (CR)	<b>13</b> <b>10:30</b> Bible Study (CR) 11:30 Tai Chi with Michael (EC) <b>1:00</b> Book Club (EC) <b>1:05/10</b> Bus to Kenwood/Trader Joe's* <b>2:30</b> Trivia with Christopher (EC) <b>4:35/5</b> Rosary & Mass (C)	<b>14</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>11:30</b> Mind Fit (CO) * <b>2:00</b> Grief 101: Caring for Yourself & Others (EC) <b>2:30</b> Aqua Aerobics (P)	<b>15</b> 9:30-10:15 Aqua Aerobics (P) <b>9:50/55</b> Bus to Hyde Park Plaza* <b>10:00</b> Saint of the Day 11:30 Tai Chi with Michael <b>12:00</b> Lunch in the Courtyard or Club Room <b>1:00</b> Duplicate Bridge* <b>1:30</b> Horticulture Therapy (CO)* <b>5:00</b> Monthly Cocktail Party (CR)	<b>16</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>9:45/50</b> Bus to Symphony* <b>2:00</b> How to Be a Good Christian- <i>virtual lecture</i> (EC) <b>7:30</b> The Butler (EC)	<b>17</b> <b>12-2:</b> Lunch (G39) <b>2:00 PM</b> The Butler (EC) <b>2:00</b> Knitting (CR) <b>3:00/05</b> Bus to St. Mary's Church* <b>6:30/35</b> Bus to Symphony*



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>18</b> <b>10:00</b> Sunday Service <b>11-1</b> Brunch (G39) <b>12:00/05</b> Bus to Aronoff* <b>2:55/3</b> Bus to Linton Series*	<b>9-9:30</b> Alteration (AS)* <b>19</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>NO TRANSPORTATION TODAY</b> <b>1:30</b> Diane Shields: The Biltmore (Ashville, NC) (EC) <b>2:30</b> Yoga with Christy (EC) <b>7:00</b> Game Night (CR) 	<b>20</b> 9:30-10:15 Aqua Aerobics (P) <b>10:30</b> Bible Study (CR) 11:30 Tai Chi with Michael (C) <b>2:00</b> Food Insecurity in Cincinnati (EC) <b>5:15</b> Rosary (C)	<b>21</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>11:30</b> Mind Fit (CO)* <b>1:00</b> Art with Marty (CO) <b>2:30/35</b> Bus to MPL for Nourishing Minds with Rabbi (MPL)* <b>2:30</b> Aqua Aerobics (P)	<b>22</b> 9:30-10:15 Aqua Aerobics (P) <b>9:50/55</b> Bus to Hyde Park Plaza* <b>10:00</b> Saint of the Day 11:30 Tai Chi with Michael (EC) <b>12:00</b> Lunch in the Courtyard or Club Room <b>1:00</b> Duplicate Bridge*	<b>23</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>2:00</b> How to Be a Good Christian-virtual lecture (EC) <b>7:30</b> Springsteen: Deliver Me From No Where (EC)	<b>24</b> <b>12-2 Tech Guy at DH*</b> <b>12-2:</b> Lunch (G39) <b>2:00 PM</b> Springsteen: Deliver Me From No Where (EC) <b>2:00</b> Knitting (CR) <b>3:00/05</b> Bus to St. Mary's Church*
<b>25</b> <b>10:00</b> Sunday Service <b>11-1</b> Brunch (G39) <b>1:00/05</b> Bus to Pops*	<b>26</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>12:50/55</b> Bus to HP Plaza* <b>4:00</b> Resident Council (EC) <b>7:00</b> Game Night (CR)	<b>27</b> 9:30-10:15 Aqua Aerobics (P) <b>10:30</b> Bible Study (CR) <b>10:50/55</b> Bus to Christ Church Cathedral for music and lunch* 11:30 Tai Chi with Michael <b>12:35/40</b> Bus to Rookwood, Fresh Market, Walmart, & BMV* <b>4:35/5:00</b> Mass & Rosary (C) <b>7:30</b> Summermusik Concert (EC)	<b>28</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>11:30</b> Mind Fit (CO)* <b>2:30</b> Aqua Aerobics (P) <b>2:00</b> Therapy Talk with Emily Keeping (EC) <b>4:30</b> Happy Hour with Phil & Joe (CR) <b>6:30/35</b> Bus to Playhouse in the Park*	<b>29</b> <b>PODIATRIST: Dr. Patel (AS)</b> 9:30-10:15 Aqua Aerobics (P) <b>9:50/55</b> Bus to Hyde Park Plaza* <b>10:00</b> Saint of the Day 11:30 Tai Chi with Michael (EC) <b>12:00</b> Lunch in the Courtyard or Club Room <b>1:00</b> Duplicate Bridge*	<b>30</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>2:00</b> How to Be a Good Christian-virtual lecture (EC) <b>7:30</b> The Boys in the Boat (EC)	<b>31</b> <b>12-2:</b> Lunch (G39) <b>2:00 PM</b> The Boys in the Boat (EC) <b>2:00</b> Knitting (CR) <b>3:00/05</b> Bus to St. Mary's Church* <b>6:30/35</b> Bus to Symphony*

EC=Event Center    DR=Dining Room  
C=Chapel    P=Pool  
CR=Club Room    CO=Conference Room  
G39=Grille 39

**Green= wellness classes**

**Red\*=sign up required**

**Black=no sign up required**

Saturday Lunch in Grille 39 12-2 p.m.

Sunday Brunch in Grille 39 11-1

Saturday & Sunday Dinner for Grille 39-**Reservations Needed**

**5:00**

**5:30**

**6:00**