



Deupree House

2026  
Life Enrichment & Wellness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				 <p><b>1</b> NO WELLNESS CLASSES OR TRANSPORTATION TODAY <b>1:00</b> Duplicate Bridge*</p>	<p><b>2</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class <b>10:45-11:30</b> Chair Class (EC) <b>2:00</b> How to Be a Good Christian-<i>virtual lecture</i> (EC) <b>7:30</b> When Harry Met Sally (EC)</p>	<p><b>3</b> <b>12-2:</b> Lunch (G39) <b>12:40/45</b> Bus to Boar's Head &amp; Yule Log Festival at Christ Church Cathedral* <b>2:00 PM</b> When Harry Met Sally (EC) <b>2:00</b> Knitting(CR) <b>3:00/05</b> Bus to St. Mary's Church*</p>
<b>4</b> <b>10:00</b> Sunday Service <b>11-1</b> Brunch (G39)  <b>12:50/55</b> Bus to Hyde Park Plaza*  <b>1:30</b> Diane Shields: Cleopatra  <b>2:30</b> Yoga with Christy (EC)  <b>7:00</b> Game Night (C)	<b>5</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC)  <b>10:30</b> Bible Study (CR)  <b>11:30</b> Tai Chi with Michael (EC)  <b>2:00</b> Meet & Greet with Jennifer Lovejoy (Receptionist) (CR)  <b>5:15</b> Rosary (C)	<b>6</b> 9:30-10:15 Aqua Aerobics (P)  <b>10:30</b> Bible Study (CR)  <b>11:30</b> Tai Chi with Michael (EC)  <b>2:00</b> Meet & Greet with Jennifer Lovejoy (Receptionist) (CR)  <b>5:15</b> Rosary (C)	<b>7</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC)  <b>11:30</b> Mind Fit (CO)*  <b>1:00</b> Art with Marty (CO)  <b>1:00</b> Movie & Popcorn: Eleanor the Great (EC)  <b>2:30</b> Aqua Aerobics (P)	<b>8</b> 9:30-10:15 Aqua Aerobics (P)  <b>9:50/55</b> Bus to Hyde Park Plaza*  <b>10:00</b> Saint of the Day  <b>11:30</b> Tai Chi with Michael (EC)  <b>12:00</b> Lunch in the Courtyard or Club Room  <b>1:00</b> Duplicate Bridge*	<b>9</b> 9:30-10:15 Chair Class (EC) 10:45-11:30 Chair Class (EC)  <b>2:00</b> How to Be a Good Christian- <i>virtual lecture</i> (EC)  <b>7:30</b> Miracle (EC)	<b>10</b> <b>12-2 Tech Guy at DH*</b> <b>12-2:</b> Lunch (G39) <b>12:00/05</b> Bus to MET at Cinemark* <b>2:00 PM</b> Miracle (EC) <b>2:00</b> Knitting(CR) <b>3:00/05</b> Bus to St. Mary's Church* <b>6:30/35</b> Bus to Symphony*
<b>11</b> <b>10:00</b> Sunday Service  <b>11-1</b> Brunch (G39)  <b>5:00/05</b> Bus to Dinner out at Oriental Wok*	<b>12</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC)  <b>10:30</b> Bible Study (CR)  <b>11:30</b> Tai Chi with Michael (EC)  <b>1:00</b> Book Club (EC)  <b>1:05/10</b> Bus to Kenwood/Trader Joe's*  <b>2:30</b> Trivia with Christopher (EC)  <b>4:35/5</b> Rosary & Mass (C)	<b>13</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC)  <b>11:30</b> Mind Fit (CO) *  <b>2:00</b> Grief 101: Caring for Yourself & Others (EC)  <b>2:30</b> Aqua Aerobics (P)	<b>14</b> 9:30-10:15 Aqua Aerobics (P)  <b>9:50/55</b> Bus to Hyde Park Plaza*  <b>10:00</b> Saint of the Day  <b>11:30</b> Tai Chi with Michael  <b>12:00</b> Lunch in the Courtyard or Club Room  <b>1:00</b> Duplicate Bridge*  <b>1:30</b> Horticulture Therapy (CO)*  <b>5:00</b> Monthly Cocktail Party (CR)	<b>15</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC)  <b>9:45/50</b> Bus to Symphony*  <b>2:00</b> How to Be a Good Christian- <i>virtual lecture</i> (EC)  <b>7:30</b> The Butler (EC)	<b>16</b> <b>12-2:</b> Lunch (G39)  <b>2:00 PM</b> The Butler (EC)  <b>2:00</b> Knitting (CR)  <b>3:00/05</b> Bus to St. Mary's Church*  <b>6:30/35</b> Bus to Symphony*	<b>17</b>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>18</b> <b>10:00</b> Sunday Service <b>11-1</b> Brunch (G39) <b>12:00/05</b> Bus to Aronoff* <b>2:55/3</b> Bus to Linton Series*	<b>9-9:30</b> Alteration (AS)* <b>19</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>NO TRANSPORTATION TODAY</b> <b>1:30</b> Diane Shields: The Biltmore (Ashville, NC) (EC) <b>2:30</b> Yoga with Christy (EC) <b>7:00</b> Game Night (CR)	<b>20</b> <b>10:30</b> Bible Study (CR) 11:30 Tai Chi with Michael (C) <b>2:00</b> Food Insecurity in Cincinnati (EC) <b>5:15</b> Rosary (C)	<b>21</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>11:30</b> Mind Fit (CO)* <b>1:00</b> Art with Marty (CO) <b>2:30/35</b> Bus to MPL for Nourishing Minds with Rabbi (MPL)* <b>2:30</b> Aqua Aerobics (P)	<b>22</b> 9:30-10:15 Aqua Aerobics (P) <b>9:50/55</b> Bus to Hyde Park Plaza* <b>10:00</b> Saint of the Day 11:30 Tai Chi with Michael (EC) <b>12:00</b> Lunch in the Courtyard or Club Room <b>1:00</b> Duplicate Bridge*	<b>23</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>2:00</b> How to Be a Good Christian-virtual lecture (EC) <b>7:30</b> Springsteen: Deliver Me From No Where (EC)	<b>24</b> <b>12-2</b> Tech Guy at DH* <b>12-2:</b> Lunch (G39) <b>2:00 PM</b> Springsteen: Deliver Me From No Where (EC) <b>2:00</b> Knitting (CR) <b>3:00/05</b> Bus to St. Mary's Church*
<b>25</b> <b>10:00</b> Sunday Service <b>11-1</b> Brunch (G39) <b>1:00/05</b> Bus to Pops*	<b>9:30-10:15</b> Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>12:50/55</b> Bus to HP Plaza* <b>4:00</b> Resident Council (EC) <b>7:00</b> Game Night (CR)	<b>26</b> <b>9:30-10:15</b> Aqua Aerobics (P) <b>10:30</b> Bible Study (CR) <b>10:50/55</b> Bus to Christ Church Cathedral for music and lunch* 11:30 Tai Chi with Michael <b>12:35/40</b> Bus to Rookwood, Fresh Market, Walmart, & BMV* <b>4:35/5:00</b> Mass & Rosary (C) <b>7:30</b> Summermusik Concert (EC)	<b>27</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>11:30</b> Mind Fit (CO)* <b>2:30</b> Aqua Aerobics (P) <b>2:00</b> Therapy Talk with Emily Keeping (EC) <b>4:30</b> Happy Hour with Phil & Joe (CR) <b>6:30/35</b> Bus to Playhouse in the Park*	<b>28</b> <b>PODIATRIST: Dr. Patel (AS)</b> 9:30-10:15 Aqua Aerobics (P) <b>9:50/55</b> Bus to Hyde Park Plaza* <b>10:00</b> Saint of the Day 11:30 Tai Chi with Michael (EC) <b>12:00</b> Lunch in the Courtyard or Club Room <b>1:00</b> Duplicate Bridge*	<b>29</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>2:00</b> How to Be a Good Christian-virtual lecture (EC) <b>7:30</b> The Boys in the Boat (EC)	<b>30</b> <b>12-2:</b> Lunch (G39) <b>2:00 PM</b> The Boys in the Boat (EC) <b>2:00</b> Knitting (CR) <b>3:00/05</b> Bus to St. Mary's Church* <b>6:30/35</b> Bus to Symphony*
EC=Event Center C=Chapel CR=Club Room G39=Grille 39	DR=Dining Room P=Pool CO=Conference Room	Green= wellness classes Red*=sign up required Black=no sign up required	Saturday Lunch in Grille 39 12-2 p.m. Sunday Brunch in Grille 39 11-1 Saturday & Sunday Dinner for Grille 39- <u>Reservations Needed</u>	5:00	5:30	6:00

EC=Event Center  
C=Chapel  
CR=Club Room  
G39=Grille 39

DR=Dining Room  
P=Pool  
CO=Conference Room

Green= wellness classes  
Red\*=sign up required  
Black=no sign up required

Saturday Lunch in Grille 39 12-2 p.m.  
Sunday Brunch in Grille 39 11-1  
Saturday & Sunday Dinner for Grille 39-Reservations Needed