



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <div> <h1>February 2026</h1> <h2>Lyndon House</h2> </div>  </div>						
<div>1</div> <div> 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Afternoon Stretches-LH 6:30 Keeping up Appearances On KET 15 </div>	<div>2</div> <div> 10:30 Exercise –LH 2:00-Tea Cup Chat-LH 3:30 Word in Words-LH " Sweetheart" Groundhog Day </div>	<div>3</div> <div> 10:30 Exercise –LH 10:30 Shopping Trip 3:30 Bingo –LH 6:30 Puzzle Challenge-LH </div>	<div>4</div> <div> 10:30 Exercise – LH 2:00 Who Am I- Black History-LH 3:30 Happy Hour -LH </div>	<div>5</div> <div> 10:30 Exercise – LH 11:00 Trivia-LH 1:00 Stories in Mind-LH 7:00 Wheel Watcher -LH </div>	<div>6</div> <div> 10:30 Exercise -LH 11:00 Noodle Ball-LH 3:30 Documentary: Black Achievement in America Episode 1&2 </div>	<div>7</div> <div> 10:30 Morning Stretches-LH 2:30 Movie Matinee -LH Resident Choice- Prime - TV 6:00 Antique Roadshow on KET- LH </div>
<div>8</div> <div> 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Afternoon Stretch's -LH 6:00 Super Bowl Watch Party-LH </div>	<div>9</div> <div> 10:30 Exercise –LH 2:00 Hot Chocolate and Treats-LH 3:30 Word in Words-LH "Snowflake" </div>	<div>10</div> <div> 10:30 Exercise –LH 2:00 ELIVS Live! - R 3:30 Bingo –LH 6:30 Puzzle Challenge-LH </div>	<div>11</div> <div> 10:30 Exercise –LH 11:00 Historic Places -Civil Rights-LH 3:30 Happy Hour-LH </div>	<div>12</div> <div> 10:30 Exercise – LH 2:00 Fun Facts-Valentines Trivia 7:00 Wheel Watcher -LH </div>	<div>13</div> <div> 10:30 Exercise -LH 11:00 Noodle Ball-LH 3:30 Documentary: Museum Secrets- Natural History ,London </div>	<div>14</div> <div> 10:30 Morning Stretches-LH 3:30 Gift Basket Bingo–LH 7:00 Tim Farmers Country Kitchen on KET- LH Valentine's Day </div>
<div>15</div> <div> 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Tyrone Cotton –PC 3:30-Afternoon Stretch's-LH 6:30 Keeping up Appearances On KET 15 </div>	<div>16</div> <div> 10:30 Exercise – LH 2:00 Tea Cup Chat-LH 3:30 Word in Words- LH " President" Presidents' Day (U.S.) </div>	<div>17</div> <div> 10:30 Exercise – LH 10:30 Shopping Trip 11:00 Mardi Gras Word Search and Trivia -LH 3:30 Bingo-LH 6:30 Puzzle Challenge -LH Mardi Gras </div>	<div>18</div> <div> 10:30 Exercise –LH 2:00 Soul Food-African Roots-LH 3:30 Happy Hour-LH </div>	<div>19</div> <div> 10:30 Exercise –LH 1:00 Stories in Mind-LH 2:30- The Talents of Greg V-LH 7:00 Wheel Watcher-LH </div>	<div>20</div> <div> 10:30 Exercise -LH 11:00 Noodle Ball-LH 3:30 Documentary: Black Achievement in America Episode 1&2 </div>	<div>21</div> <div> 10:30 Morning Stretches-LH 2:30 Movie Matinee -LH Resident Choice- Prime - TV 6:00 Antique Roadshow on KET- LH </div>
<div>22</div> <div> 10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Afternoon Stretch's -LH 6:30 Keeping up Appearances On KET 15 </div>	<div>23</div> <div> 10:30– Exercise LH 11:00 National Banana Bread Day 3:30 Word in Words-LH "Hibernation" </div>	<div>24</div> <div> 10:30 Exercise – LH 10:30 Shopping Trip-LH 3:30 Bingo-LH 6:30 Puzzle Challenge -LH </div>	<div>25</div> <div> 10:30 Exercise – LH 2:00 WB Nail Salon-LH 3:30 Happy Hour-LH </div>	<div>26</div> <div> 10:30 Exercise – LH 11:00 Resident Council –LH 1:00- 2 Table Bridge-LH 7:00 Wheel Watcher -LH </div>	<div>27</div> <div> 10:30 Exercise -LH 11:00 Noodle Ball-LH 3:30 Documentary: Museum Secrets- Inside the Vatican, Italy </div>	<div>28</div> <div> 10:30 Morning Stretches-LH 3:30 Gift Basket Bingo–LH 7:00 Tim Farmers Country Kitchen on KET- LH </div>