

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2026

## Lyndon House



10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Afternoon Stretches-LH 6:30 Keeping up Appearances On KET 15	10:30 Exercise -LH 2:00-Tea Cup Chat-LH 3:30 Word in Words-LH "Sweetheart" Groundhog Day	2 10:30 Exercise -LH 10:30 Shopping Trip 3:30 Bingo -LH 6:30 Puzzle Challenge-LH	3 10:30 Exercise - LH 2:00 Who Am I- Black History-LH 3:30 Happy Hour -LH	4 10:30 Exercise – LH 11:00 Trivia-LH 1:00 Stories in Mind-LH 7:00 Wheel Watcher -LH	5 10:30 Exercise -LH 11:00 Noodle Ball-LH 3:30 Documentary: Black Achievement in America Episode 1&2	6 10:30 Morning Stretches-LH 2:30 Movie Matinee -LH Resident Choice- Prime - TV 6:00 Antique Roadshow on KET- LH	7
10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Afternoon Stretch's -LH 6:00 Super Bowl Watch Party-LH	8 10:30 Exercise -LH 2:00 Hot Chocolate and Treats-LH 3:30 Word in Words-LH "Snowflake"	9 10:30 Exercise -LH 2:00 ELIVS Live! - R 3:30 Bingo -LH 6:30 Puzzle Challenge-LH	10 10:30 Exercise -LH 11:00 Historic Places -Civil Rights-LH 3:30 Happy Hour-LH	11 10:30 Exercise – LH 2:00 Fun Facts-Valentines Trivia 7:00 Wheel Watcher -LH	12 10:30 Exercise -LH 11:00 Noodle Ball-LH 3:30 Documentary: Museum Secrets- Natural History ,London	13 10:30 Morning Stretches-LH 3:30 Gift Basket Bingo-LH 7:00 Tim Farmers Country Kitchen on KET- LH	14 Valentine's Day
10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Tyrone Cotton –PC 3:30-Afternoon Stretch's-LH 6:30 Keeping up Appearances On KET 15	15 10:30 Exercise – LH 2:00 Tea Cup Chat-LH 3:30 Word in Words- LH "President" Presidents' Day (U.S.)	16 10:30 Exercise – LH 10:30 Shopping Trip 11:00 Mardi Gras Word Search and Trivia -LH 3:30 Bingo-LH 6:30 Puzzle Challenge -LH	17 10:30 Exercise – LH 2:00 Soul Food-African Roots-LH 3:30 Happy Hour-LH	18 10:30 Exercise – LH 1:00 Stories in Mind-LH 2:30- The Talents of Greg V-LH 7:00 Wheel Watcher-LH	19 10:30 Exercise -LH 11:00 Noodle Ball-LH 3:30 Documentary: Black Achievement in America Episode 1&2	20 10:30 Morning Stretches-LH 2:30 Movie Matinee -LH Resident Choice- Prime - TV 6:00 Antique Roadshow on KET- LH	21
10:30 Worship Service-SLC 10:30 Catholic Mass - WDRB Channel 9 3:30 Afternoon Stretch's -LH 6:30 Keeping up Appearances On KET 15	22 10:30- Exercise LH 11:00 National Banana Bread Day 3:30 Word in Words-LH "Hibernation"	23 10:30 Exercise – LH 10:30 Shopping Trip-LH 3:30 Bingo-LH 6:30 Puzzle Challenge -LH	24 10:30 Exercise – LH 2:00 WB Nail Salon-LH 3:30 Happy Hour-LH	25 10:30 Exercise – LH 11:00 Resident Council –LH 1:00- 2 Table Bridge-LH 7:00 Wheel Watcher -LH	26 10:30 Exercise -LH 11:00 Noodle Ball-LH 3:30 Documentary: Museum Secrets- Inside the Vatican, Italy	27 10:30 Morning Stretches-LH 3:30 Gift Basket Bingo-LH 7:00 Tim Farmers Country Kitchen on KET- LH	28