



Deupree House

2026  
Life Enrichment & Wellness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>10:00</b> Sunday Service <b>11-1</b> Brunch (G39) <b>2:55/3</b> Bus to Linton Series* <b>5/5:30/6</b> Dinner (G39) <i>reservations required</i>	<b>2</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>12:50/55</b> Bus to Hyde Park Plaza* <b>1:30</b> Diane Shields: Alexander Hamilton (EC) <b>2:30</b> Chair Yoga with Christy (C) <b>7:00</b> Game Night (CR)	<b>3</b> 9:30-10:15 Aqua Aerobics (P) <b>10:30</b> Bible Study (CR) <b>11:30</b> Tai Chi with Michael (C) <b>1:00</b> Heart Attack & Stroke: Signs and Symptoms Presented by Ray Meyer, American Heart Association (EC) <b>5:15</b> Rosary (C)	<b>4</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>11:30</b> Mind Fit (CO) <b>1:00</b> Art with Marty (CO) <b>3:30</b> Afternoon Pick-Me-Up with Peggy (CR) <b>2:30</b> Aqua Aerobics (P) <b>7:30</b> Summermusik Concert (EC)	<b>5</b> 9:30-10:15 Aqua Aerobics (P) <b>9:50/55</b> Bus to Hyde Park Plaza* <b>10:00</b> Saint of the Day <b>11:30</b> Tai Chi with Michael (EC) <b>1:00</b> Duplicate Bridge*	<b>6</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>9:45/50</b> Bus to Symphony* <b>2:00</b> How to Be a Good Christian- <i>virtual lecture</i> (EC) <b>12:00</b> Lunch in the Courtyard/Club Room <b>7:30</b> Remember the Titans (EC)	<b>7</b> <b>12-2 Tech Guy at DH*</b> <b>12-2:</b> Lunch (G39) <b>2:00 PM</b> Remember the Titans (EC) <b>2:00</b> Knitting (CR) <b>3:00/05</b> Bus to St. Mary's Church* <b>5/5:30/6</b> Dinner (G39) <i>reservations required</i>
<b>8</b> <b>10:00</b> Sunday Service <b>11-1</b> Brunch (G39) <b>5/5:30/6</b> Dinner (G39) <i>reservations required</i> <b>6:00</b> Super Bowl Party (CR)	<b>9</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>12:50/55</b> Bus to Hyde Park Plaza* <b>1:00</b> Wicked (EC) <b>2:30</b> Chair Yoga with Christy (C) <b>7:00</b> Poker (CR) <b>7:30</b> Wicked (EC)	<b>10</b> 9:30-10:15 Aqua Aerobics (P) <b>10:30</b> Bible Study (CR) <b>11:30</b> Tai Chi with Michael (EC) <b>1:00</b> Book Club (EC) <b>1:05/10</b> Bus to Kenwood/Trader Joe's* <b>2:30</b> Trivia with Christopher (EC) <b>4:35/5</b> Rosary & Mass (C)	<b>11</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>10:30/35</b> Bus to Dorothy Lane Market* <b>11:30</b> Mind Fit (CO) <b>2:00</b> The Black Experience in the 19 <sup>th</sup> Century Cincinnati-CMC (EC) <b>3:30</b> Afternoon Pick-Me-Up with Peggy (CR) <b>2:30</b> Aqua Aerobics (P)	<b>12</b> 9:30-10:15 Aqua Aerobics (P) <b>9:50/55</b> Bus to Hyde Park Plaza * <b>10:00</b> Saint of the Day <b>10:30</b> DHII <u>ONLY</u> Dining Services Plastic Container Pickup <b>11:30</b> Tai Chi with Michael (EC) <b>1:00</b> Duplicate Bridge* <b>Marketing Event in the EC</b>	<b>13</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>12:00</b> Lunch in the Courtyard/Club Room <b>2:00</b> How to Be a Good Christian- <i>virtual lecture</i> (EC) <b>6:30/35</b> Bus to Ballet* <b>7:30</b> Moonstruck (EC)	<b>14</b> <b>12-2:</b> Lunch (G39) <b>2:00 PM</b> Moonstruck (EC) <b>2:00</b> Knitting (CR) <b>3:00/05</b> Bus to St. Mary's Church* <b>5/5:30/6</b> Dinner (G39) <i>reservations required</i>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>15</b> <b>10:00</b> Sunday Service <b>11-1</b> Brunch (G39) <b>12:00/05</b> Bus to Aronoff*  <b>5:00/05</b> Bus to Dinner out at Seasons 52 *  <b>5/5:30/6</b> Dinner (G39) <i>reservations required</i>	<b>9-9:30</b> Alteration (AS)* <b>16</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>12:50/55</b> Bus to HP Plaza* <b>1:30</b> Diane Shields: Harriett Tubman (EC)  2:30 Chair Yoga with Christy (C) <b>7:00</b> Game Night (CR)	<b>17</b> 9:30-10:15 Aqua Aerobics (P) <b>9:30</b> King Cake & Coffee (CR) <b>10:30</b> Bible Study (CR) 11:30 Tai Chi with Michael (EC) <b>1:00</b> Wicked for Good (EC)  <b>5:15</b> Rosary (C)  <b>7:30</b> Wicked for Good (EC)	<b>18</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>10:00</b> Ash Wednesday Service (C) <b>11:30</b> Mind Fit (CO) <b>1:00</b> Art with Marty (CO) <b>2:30/35</b> Bus to MPL for Nourishing Minds with Rabbi (MPL)* <b>2:30</b> Aqua Aerobics (P) <b>3:30</b> Afternoon Pick-Me-Up with Peggy (CR) <b>6:30/35</b> Bus to Playhouse in the Park*	<b>19</b> 9:30-10:15 Aqua Aerobics (P) <b>9:50/55</b> Bus to Hyde Park Plaza* <b>10:00</b> Saint of the Day 11:30 Tai Chi with Michael (C) <b>1:00</b> Duplicate Bridge* <b>1:30</b> Horticulture (CO)* <b>5:00</b> Monthly Cocktail Party (CR)	<b>20</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>12:00</b> Lunch in the Courtyard/Club Room <b>12:45/50</b> Bus to Target/Meijer/Kroger Oakley* <b>2:00</b> How to Be a Good Christian- <i>virtual lecture</i> (EC) <b>7:30</b> All the President's Men (EC)	<b>21</b> <b>12-2</b> Tech Guy at DH* <b>12-2:</b> Lunch (G39) <b>2:00 PM</b> All the President's Men (EC) <b>2:00</b> Knitting (CR)  <b>3:00/05</b> Bus to St. Mary's Church* <b>5/5:30/6</b> Dinner (G39) <i>reservations required</i>
<b>22</b> <b>10:00</b> Sunday Service <b>11-1</b> Brunch (G39)  <b>2:55/3</b> Bus to Linton Series* <b>5/5:30/6</b> Dinner (G39) <i>reservations required</i>	<b>23</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>12:50/55</b> Bus to HP Plaza*  2:30 Chair Yoga with Christy (C) <b>4:00</b> Resident Council (EC) <b>7:00</b> Poker (CR)	<b>24</b> 9:30-10:15 Aqua Aerobics (P) <b>10:30</b> Bible Study (CR) 11:30 Tai Chi with Michael (C) <b>12:35/40</b> Bus to Rookwood, Fresh Market, Walmart, & BMV* <b>5:00</b> Rosary & Mass (C) <b>7:30</b> Raison d' Etre Concert (EC)	<b>25</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>11:30</b> Mind Fit (CO) <b>2:00</b> Therapy Talk: Move it or Lose it-How to Keep Your Joints Healthy (EC) <b>2:30</b> Meet with Maisie (CR) <b>2:30</b> Aqua Aerobics (P) <b>4:30</b> Happy Hour with Phil & Joe (CR)	<b>26</b> 9:30-10:15 Aqua Aerobics (P) <b>9:50/55</b> Bus to Hyde Park Plaza* <b>10:00</b> Saint of the Day <b>10:30</b> DHI & II Dining Services Plastic Container Pickup  11:30 Tai Chi with Michael (EC) <b>1:00</b> Duplicate Bridge* <b>3:30</b> Coffee & Conversation (EC)	<b>27</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>12:00</b> Lunch in the Courtyard/Club Room <b>2:00</b> How to Be a Good Christian- <i>virtual lecture</i> (EC) <b>7:30</b> Downtown Abbey (2025) (EC)	<b>28</b> <b>12-2:</b> Lunch (G39) <b>2:00 PM</b> Downton Abbey (2025) (EC) <b>2:00</b> Knitting (CR)  <b>3:00/05</b> Bus to St. Mary's Church* <b>5/5:30/6</b> Dinner (G39) <i>reservations required</i> <b>6:30/35</b> Bus to Symphony*

EC=Event Center    DR=Dining Room  
C=Chapel            P=Pool  
CR=Club Room      CO=Conference Room  
G39=Grille 39

**Green= wellness classes**

**Red\*=sign up required**

**Black=no sign up required**

Saturday Lunch in Grille 39 12-2 p.m.

Sunday Brunch in Grille 39 11-1

Saturday & Sunday Dinner for Grille 39-**Reservations Needed**

**5:00**

**5:30**

**6:00**