

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

LOCATIONS:

CH - Clubhouse

LH = Lyndon House

SLC = St. Luke's Chapel

MH = Morton House (main building)

# February 2026

## BLACK HISTORY MONTH

<p><b>* Linda Brown, Joan Champion &amp; Kaki Robinson</b></p> <p><b>10.30am: Worship Service w/Rev Lisa &amp; Deacon Harvey, SLC</b></p>	<p><b>* Candlemas/Groundhog Day</b></p> <p><b>10.30am: Lyndon House Seated Exercise</b></p> <p><b>2pm: Functional Exercise w/Gry, CH</b></p> <p><b>4pm: Movie Night: "What about Bob?"</b></p>	<p><b>Larry transport 9am - 1pm</b></p> <p><b>10.30am: Lyndon House Exercise</b></p> <p><b>2.30pm: Dudley Coffee &amp; Conversation w/ERS Servant Leadership Team, CH</b></p>	<p><b>10.30am: Lyndon House Exercise</b></p> <p><b>1pm: Mah-Jongg Game, CH</b></p> <p><b>4.30pm: Dudley Social Hour &amp; dinner, CH</b></p>	<p><b>Larry transport 9am - 1pm</b></p> <p><b>10.30am: Lyndon House Exercise</b></p> <p><b>2pm: Tai-Chi w/Susan &amp; Ann, CH</b></p>	<p><b>*Bill Pearson Winter Olympics - Feb 22</b></p> <p><b>10.30am: LH Exercise</b></p> <p><b>11am: Women's Brunch sign up by 2/4</b></p> <p><b>2pm: Fitness &amp; Wellbeing Presentation w/Therapy Department, CH</b></p> <p><b>3.30pm: Lyndon House documentary series: "Black Achievements in America"</b></p>	<p><b>10.30am: Lyndon House Morning Stretches</b></p>
<p><b>10.30am: Worship Service w/Rev Lisa &amp; Deacon Harvey, SLC</b></p> <p><b>6pm: Superbowl Watch Party - Clubhouse</b></p> <p><b>New England Patriots vs Seattle Seahawks (see flyer)</b></p>	<p><b>10am: "Hand &amp; Foot" card game, CH</b></p> <p><b>10.30am: LH Exercise</b></p> <p><b>11-1pm: "Lunch &amp; Learn" (see email invite, sign up w/Teran) Clubhouse</b></p> <p><b>2pm: Functional Exercise w/Gry, CH</b></p>	<p><b>*John Miller</b></p> <p><b>Larry transport 9am - 1pm</b></p> <p><b>10.30am: LH Exercise</b></p> <p><b>11 - 1pm: Retired Episcopal Clergy Mtg &amp; Lunch, CH</b></p> <p><b>2pm: CH documentary: "Black History Month Black Wings"</b></p>	<p><b>9am: Men's Breakfast, sign up by 2/9</b></p> <p><b>10.30am: LH Exercise</b></p> <p><b>1pm: Mah-Jongg Game, CH</b></p> <p><b>2pm: "No Name" Book Club</b></p> <p><b>4.30pm: Dudley Social Hour &amp; dinner, CH</b></p>	<p><b>*Lori Sturm &amp; Jack Vanderburgh</b></p> <p><b>Larry transport 9am - 1pm</b></p> <p><b>10.30am: Dudley Book Club</b></p> <p><b>10.30am: Lyndon House Exercise</b></p> <p><b>2pm: Tai-Chi w/Susan &amp; Ann</b></p>	<p><b>*Harold Combs</b></p> <p><b>10.30am: Lyndon House Exercise</b></p> <p><b>3.30pm: Lyndon House documentary series: "Museum Secrets, Natural History - London"</b></p> <p><b>4pm: Dudley Talent Show</b></p>	<p><b>* Happy Valentine's Day!</b></p> <p><b>10.30am: Lyndon House Morning Stretches</b></p>
<p><b>10.30am: Worship Service w/Rev Lisa &amp; Deacon Harvey, SLC</b></p>	<p><b>*President's Day!</b></p> <p><b>10.30am: Lyndon House Seated Exercise</b></p> <p><b>2pm: Functional Exercise w/Gry, CH</b></p> <p><b>4pm: Movie Night: "Grace of Monaco"</b></p> <p><b>6.30pm: Men's Choir, CH</b></p>	<p><b>*Mardi Gras</b></p> <p><b>Larry transport 9am - 1pm</b></p> <p><b>10.30am: Lyndon House Exercise</b></p> <p><b>4.30pm: Dudley Mardi Gras Party, CH</b></p>	<p><b>*Judith Conn</b></p> <p><b>*ASH WEDNESDAY</b></p> <p><b>10.30am: Lyndon House Exercise</b></p> <p><b>11am: Ash Wednesday Service, SLC</b></p> <p><b>1pm: Mah-Jongg Game, CH</b></p> <p><b>*NO SOCIAL HOUR/DINNER!</b></p>	<p><b>Larry transport 9am - 1pm</b></p> <p><b>10.30am: Lyndon House Exercise</b></p> <p><b>11am: Lunch trip to Claudia Sanders, sign up w/Gry</b></p> <p><b>2pm: Tai-Chi w/Susan &amp; Ann, CH</b></p>	<p><b>10am: Coffee Concert w/LO</b></p> <p><b>10.30am: Lyndon House Exercise</b></p> <p><b>2pm: Caregiver Support Group, Clubhouse</b></p> <p><b>3.30pm: Lyndon House documentary series: "Black Achievements in America" Part 3-4</b></p>	<p><b>10.30am: Lyndon House Morning Stretches</b></p>
<p><b>10.30am: Worship Service w/Rev Lisa &amp; Deacon Harvey, SLC</b></p>	<p><b>10am: "Hand &amp; Foot" card game, CH</b></p> <p><b>10.30am: Lyndon House Seated Exercise</b></p> <p><b>2pm: Functional Exercise w/Gry, CH</b></p>	<p><b>Larry transport 9am - 1pm</b></p> <p><b>10.30am: Lyndon House Exercise</b></p> <p><b>2pm: Clubhouse documentary: "Black Achievements in America" Part 5-6</b></p> <p><b>6.30pm: Men's Choir, CH</b></p>	<p><b>10.30am: Lyndon House Exercise</b></p> <p><b>1pm: Mah-Jongg Game, CH</b></p> <p><b>4.30pm: Dudley Social Hour &amp; dinner, CH</b></p>	<p><b>Larry transport 9am - 1pm</b></p> <p><b>10.30am: Lyndon House Exercise</b></p> <p><b>2pm: Tai-Chi w/Susan &amp; Ann, CH</b></p>	<p><b>10.30am: LH Exercise</b></p> <p><b>2pm: Fitness &amp; Wellbeing Presentation w/Therapy Department, CH</b></p> <p><b>3.30pm: LH documentary series: "Museum Secrets"</b></p> <p><b>4pm: Classic Movie Night "North by Northwest", CH</b></p>	<p><b>10.30am: Lyndon House Morning Stretches</b></p>