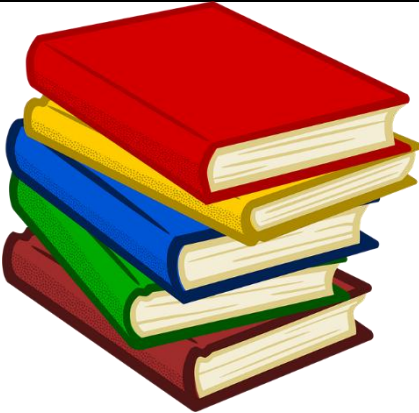


August Cottage Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Reminders: Sneeze in the inside of your elbows or tissue. Wash your hands frequently. Wet hands, Lather with Soap, Scrub for at least 20 seconds, rinse and dry. Clean hands before and after, with eating and toileting, then after blowing nose, cough, or sneezing! 🤧	Neighborhood Chat will take place every day in between scheduled activities Activity dates, times and locations are subject to change. Snacks will be offered by VWs at 2:30p and 7:00p every day.					1 11:30 Exercise with Sharon & Music, CR 1:30 Puzzle Hour 2:00 Lyrica Duo, CR 4:00 Horse Breed Quiz, CR- Sherry 5:00 Bingo with, CL- Carren 7:00 “Ordinary Angels” with Popcorn, Netflix Happy Birthday Pierson Davis!
2 11:30 Exercise with Tonya & Music, CR 2:00 Church Service, CR 3:30 Forgiveness Quotes, CR- Corie 4:00 Music with Marci Hedges, CL 5:00 Ring Toss, CL-Tika 7:00 Musical or Opera of Choice	3 Manicure by your VW 11:15 Tai Chi with Michael Porte, CR 3:30 Listen to Poetry with Watermelon, CL-Simone 4:00 Piano Concert with Cliff Adams, CR 7:00 Craft Night with VWs, CR	4 11:30 Exercise with Tierra & Music, CR 1:30 Java Time with Deacon Fred, CR 3:00 Music Therapy with Olivia, CL 4:00 Listen to Louis Armstrong, CR 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs	5 Hair Day 11:30 Exercise with Simone & Music, CL 1:30-3:30 Walking Club 4:00 August Trivia, CL-Dornetta 5:00 Balloon Toss, CR-Amy 7:00 Bowling with VWs	6 Men’s Luncheon with Deacon Fred, CR 10:00 Horticulture with Robert Evans 11:30 Exercise with Donna & Music, CR 1:00 Bible Study with Deacon Fred, CR 1:30 Bridge, CR Den 3:30 “The Case of The Stolen Memories,” CL Part 1-Lillie 5:00 Social Hour, CR Den	7 11:30 Exercise with Aaliyah & Music, CR 1:15 Tai Chi with Michael Porte, CR 4:00 Happy/Dance Hour with Christy Pllaughter, CR 5:00 Words starting with “A” Quiz, CR-Sharon 7:00 Conversation Cards, CR-LaTonya	8 11:30 Exercise with Lillie & Music, CL 1:30 Puzzle Hour 3:30 In a Spin-A True Cat Story, CR-Amy 5:00 Bingo with Cassie, CL 7:00 “And So It Goes” with Popcorn, Netflix
9 11:30 Exercise with Briana & Music, CL 2:00 Church Service, CR 3:30 Indigenous Facts & Figures, CR- Simone 4:00 Balloon Toss, CR-Tonya 7:00 Musical or Opera of Choice	10 Manicure by your VW 11:30 Exercise with Gwen & Music, CR 1:15 Tai Chi with Michael Porte, CR 3:00 Violin and Piano with Vince and Rick, CR 4:00 Cincinnati Museum Center: Architecture, CR	11 11:30 Exercise with Mariah & Music, CL 1:30 Java Time with Deacon Fred, CR 4:00 Armchair Travel to China, CR 5:00 Social Hour, CR Den 6:00 Carry-in, PF Changs 7:00 Corn Hole with VWs	12 Hair Day 11:30 Exercise with Kisha & Music, CR 1:30 “The Devil Wears Prada 2,” with DD, CR 4:00 Concert with Alex Bronston, CR 5:00 Balloon Toss, CR-Tierra 7:00 Bowling with VWs	13 Men’s Luncheon with Deacon Fred, CR 11:30 Exercise with Cassie & Music, CL 1:00 Bible Study with Deacon Fred, CR 1:30 Bridge, CR Den 4:00 Digital Accordion and Clarinet with Joe and Sally LuKasik, CR 5:00 Social Hour, CR Den	14 10:30 Circle Tails Visit-7 week old puppies, CL 11:30 Exercise with Marie & Music, CR 1:15 Tai Chi with Michael Porte, CR 4:00 Happy Hour with Zach Karp, CR 7:00 Conversation Cards, CR-Sherry	15 11:30 Exercise with Eunique & Music, CR 1:30 Puzzle Hour 2:00 Lyrica Duo, CR 4:00 Greatest Shows From the Golden Age Radio, Disc 1, CR 5:00 Bingo with Corie, CR 7:00 “A Dog’s Purpose” with Popcorn, Netflix

August Cottage Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 11:30 Exercise with Karrie & Music, CR 2:00 Church Service, CR 4:00 Music with Marci Hedges, CR 5:00 Ring Toss, Sharon 7:00 Musical or Opera of Choice	17 Manicure by your VW 11:15 Music Therapy with Olivia, CL 11:30 Exercise with Aaliyah & Music, CR 1:15 Tai Chi with Michael Porte, CR 3:30 Mystery Trivia with Peach Ice-Cream, CR-Amy 7:00 Craft Night with VWs, CR	18 Vision Here 10:00 Baby Goats at DH 11:30 Exercise with Briana & Music, CL 4:00 August in History, CR 4:30 Painting while listening to classical music, CR-Dornetta 5:00 Discovering Egypt, CR-DVD 7:00 Corn Hole with VWs	19 Hair Day 11:30 Exercise with Marie & Music, CR 1:30-3:30 Walking Club 2:00 Art with Marty Santos, CR 5:00 Balloon Toss, CR Corie 6:45 Delta Kings Concert, CR 7:00 Bowling with VWs	20 Men’s Luncheon with Deacon Fred, CR 10:00 Horticulture with Robert Evans 1:00 Bible Study with Deacon Fred, CR 1:30 Resident Council, CR 1:30 Bridge, CR Den 3:30 “The Case of The Stolen Memories,” CR Part 2- Sherry 5:00 Social Hour, CR Den	21 11:30 Exercise with Eunique & Music, CR 1:15 Tai Chi with Michael Porte, CR 3:30 “Life in America,” CR-Tierra 4:00 Happy Hour, CR 7:00 Conversation Cards, CL-Karrie	22 11:30 Exercise with Lillie & Music, CL 1:30 Puzzle Hour 3:30 From Behind the Plate by Johnny Bench, CL-Karrie 5:00 Bingo with Tonya, CR- 7:00 “Greyfriars Bobby” with Popcorn, Disney
23 11:30 Exercise with Cassie & Music, CL 2:00 Church Service, CR 4:00 It Happened in August, CL-Simone 5:00 Balloon Toss, CL Cassie 7:00 Musical or Opera of Choice	24 Manicure by your VW 11:30 Exercise with Gwen & Music, CR 1:15 Tai Chi with Michael Porte, CR 4:00 Violin and Piano with Vince and Rick, CR 7:00 Craft Night with VWs, CR Happy Birthday Helen Copetas!	25 11:30 Exercise with Simone & Music, CL 1:30 Java Time with Deacon Fred, CR 2:00 Cincinnati Opera, CR 4:00 Cincinnati Art Museum- Art, CR 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs	26 Hair Day 11:30 Exercise with Mariah & Music, CL 1:30-3:30 Walking Club 2:00 Cincinnati Ballet, CR 3:15 Jazz Piano Concert with Phil DeGreg and Joe LuKasik, CR 4:30 Color with DD, CR 7:00 Bowling with VWs	27 Men’s Luncheon with Deacon Fred, CR 11:30 Exercise with Tonya & Music, CR 1:00 Bible Study with Deacon Fred, CR 1:30 Bridge, CR Den 3:30 “The Case of The Stolen Memories,” CL Part 3-Tika 4:30 When Rome Ruled, CL, DVD 5:00 Social Hour, CR Den	28 11:30 Exercise with Kisha & Music, CR 1:15 Tai Chi with Michael Porte, CR 3:30 HealthRHYTHMS with DD, CR 4:00 Happy Hour with Zach Karp, CL 7:00 Conversation Cards, CL- Carren	29 11:30 Exercise with Janet & Music, CR 1:30 Puzzle Hour 4:00 Greatest Shows From the Golden Age Radio, Disc 3, CR 5:00 Bingo with LaTonya, CL- 7:00 “The Apple Dumpling Gang” with Popcorn, Disney Happy Birthday Joan Wenstrup!
30 11:30 Exercise with Karrie & Music, CR 2:00 Church Service, CR 4:00 This Day in History, CL-Tika 5:00 Balloon Toss, CL Corie 7:00 Musical or Opera of Choice Happy Birthday Nancy Clagett!	31 Manicure by your VW 11:30 Exercise with Briana & Music, CL 1:15 Tai Chi with Michael Porte, CR 3:30 Mystery Trivia with Peach Ice-cream, CL-Simone 7:00 Craft Night with VW’s, CL		CR=Craftsman CL=Colonial *= Music Performances of Creative Aging Cincinnati Membership -SAIDO is M-F session times vary for each participant			

Monthly Observances: National Peach Month, National Back to School Month, National Senior Citizens Month, National Wellness Month, National Read-a-Book Month