




April Cottage Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Reminders: Sneeze in the inside of your elbows or tissue. Wash your hands frequently. Wet hands, Lather with Soap, Scrub for at least 20 seconds, rinse and dry. Clean hands before and after, with eating and toileting, then after blowing nose, cough, or sneezing! 			1	2	3	4
			<p>Hair Day</p> <p>11:30 Exercise with Nakisha & Music, CR</p> <p>1:30-3:30 Walking Club</p> <p>4:00 April Fool's Day Jokes, CR-Tierra</p> <p>5:00 Balloon Toss, CR-Samantha</p> <p>7:00 Bowling with VWs</p> <p style="text-align: center;">April Fool's Day</p>	<p>Men's Luncheon with Deacon Fred, CR</p> <p>10:00 Horticulture with Robert Evans</p> <p>11:30 Exercise with Donna & Music, CR</p> <p>1:00 Bible Study with Deacon Fred, CR</p> <p>1:30 Bridge, CR Den</p> <p>3:00 Cincinnati Opera "Carmen" DH</p> <p>5:00 Social Hour, CR Den</p>	<p>11:30 Exercise with Cassie & Music, CL</p> <p>1:15 Tai Chi with Michael Porte, CR</p> <p>2:00 Good Friday Church Service, CR</p> <p>3:30 April Trivia, CL-Amy</p> <p>4:00 Happy Hour, CL</p> <p>5:00 Bingo with VWs, CL</p> <p>7:00 Conversation Cards, CR-Janet</p> <p style="text-align: center;">Good Friday</p>	<p>11:30 Exercise with Lillie & Music, CL</p> <p>1:30 Puzzle Hour</p> <p>2:00 Lyrica Duo, CR</p> <p>4:00 The Passion of Christ with Dolores Mason, CL</p> <p>7:00 "The Ten Commandments" with Popcorn, Disney</p>
5	6	7	8	9	10	11
<p>11:30 Exercise with Tonya & Music, CR</p> <p>12:00 Easter Meal</p> <p>2:00 Church Service, CR</p> <p>3:30 Easter Traditions, True or False, CL-Lillie</p> <p>4:00 Music with Marci Hedges, CL</p> <p style="text-align: center;">Easter Sunday</p>	<p>Manicure by your VW</p> <p>11:30 Exercise with Gwen & Music, CR</p> <p>1:15 Tai Chi with Michael Porte, CR</p> <p>3:00 Hot Tea, CL</p> <p>4:00 Piano Concert with Cliff Adams, CR</p> <p>7:00 Game Night with VWs, CR</p>	<p>11:30 Exercise with Simone & Music, CL</p> <p>1:30 Java Time with Deacon Fred, CR</p> <p>4:00 It Happened in April, CR-Samantha</p> <p>5:00 Social Hour, CR Den</p> <p>7:00 Corn Hole with VWs</p>	<p>Hair Day</p> <p>11:30 Exercise with Marie & Music, CR</p> <p>1:15 Stay on bus ride</p> <p>4:00 HealthRHYTHMS with DD, CR</p> <p>5:00 Balloon Toss, CR-Tonya</p> <p>7:00 Bowling with VWs</p> <p style="text-align: center;">Dentist Here</p>	<p>Men's Luncheon with Deacon Fred, CR</p> <p>11:30 Exercise with Eunique & Music, CR</p> <p>1:00 Bible Study with Deacon Fred, CR</p> <p>1:30 Bridge, CR Den</p> <p>3:00 Sonny Hill Trio, CR</p> <p>5:00 Social Hour, CL Den</p>	<p>11:30 Exercise with Lillie & Music, CL</p> <p>1:15 Tai Chi with Michael Porte, CR</p> <p>1:30 Board of Elections, CR Den</p> <p>4:00 Jazz Piano with Zach Karp and Happy Hour, CR</p> <p>5:00 Bingo with VWs, CL</p>	<p>11:30 Exercise with Janet & Music, CR</p> <p>1:30 Puzzle Hour</p> <p>2:00 Karaoke, CR- Sharon</p> <p>3:30 Who Am I? CR-Corie</p> <p>7:00 "Singing in the Rain" with Popcorn, Disney</p>
12	13	14	15	16	17	18
<p>11:30 Exercise with Karrie & Music, CR</p> <p>2:00 Church Service, CR</p> <p>3:30 "OH Happy Day!!"</p> <p>7:00 Musical or Opera of Choice</p>	<p>Manicure by your VW</p> <p>11:15 Music Therapy with Olivia, CL</p> <p>1:15 Tai Chi with Michael Porte, CR</p> <p>2:00 Hot Tea, CR</p> <p>3:00 Violin and Piano with Vince and Rick, CR</p> <p>5:00 Aroma Therapy, CR</p>	<p>11:30 Exercise with Mariah & Music, CL</p> <p>3:30 Make PB & J Sandwiches with DD, CR</p> <p>4:00 Armchair Travel to New Zealand, CR</p> <p>4:30 Card Games, CL</p> <p>5:00 Social Hour, CL Den</p> <p>7:00 Corn Hole with VWs</p>	<p>Hair Day</p> <p>11:30 Exercise with Marie & Music, CR</p> <p>1:30-3:30 Walking Club</p> <p>2:00 Art Therapy with Marty Santos, CR</p> <p>5:00 Balloon Toss, CR-Samantha</p> <p>7:00 Bowling with VWs</p>	<p>Men's Luncheon with Deacon Fred, CR</p> <p>10:00 Horticulture with Robert Evans</p> <p>11:30 Exercise with Nakisha & Music, CR</p> <p>1:00 Bible Study with Deacon Fred, CR</p> <p>1:30 Bridge, CR Den</p> <p>4:00 Digital Accordion and Clarinet with Joe and Sally LuKasik, CR</p> <p>5:00 Social Hour, CR Den</p>	<p>11:30 Exercise with Tonya & Music, CL</p> <p>1:15 Tai Chi with Michael Porte, CR</p> <p>2:00 Honey Hill Petting Zoo, Courtyard</p> <p>4:00 Happy Hour, CL</p> <p>5:00 Bingo with VWs, CL</p> <p>7:00 Conversation Cards, CR- Madeline</p>	<p>11:30 Exercise with Cassie & Music, CL</p> <p>1:30 Puzzle Hour</p> <p>2:00 Lyrica Duo, CR</p> <p>4:00 Compound Words Brain Game #1, CR-Karrie</p> <p>7:00 "Oklahoma" with Popcorn, Disney</p>


April Cottage Calendar


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
<p>11:30 Exercise with Donna & Music, CL 2:00 Church Service, CR 4:00 Words starting with A Quiz, CL-Simone 5:00 This Day in History, CL-Shannon 7:00 Musical or Opera of Choice</p>	<p>Manicure by your VW 11:30 Exercise with Tierra & Music, CR 1:15 Tai Chi with Michael Porte, CR 3:00 Hot Tea, CR 4:00 Violin and Piano with Vince and Rick, CR 7:00 Game Night with VWs (CL)</p>	<p>11:30 Exercise with Simone & Music, CL 3:30 Make PB & J Sandwiches with DD, CR 4:00 Balloon Toss, CL-Corie 4:30 Armchair Travel to Brazil, CL 5:00 Social Hour, CL Den 7:00 Corn Hole with VWs</p>	<p>Hair Day 11:30 Exercise with Kisha & Music, CR 1:30-3:30 Walking Club 2:00 Cincinnati Ballet, CR 3:15 Jazz Piano Concert with Phil DeGreg and Joe LuKasik, CR 4:00 Bird Watching 5:00 Earth Day Quiz, CR-Janet 7:00 Bowling with VWs</p> <div style="text-align: center;">  </div>	<p>Men's Luncheon with Deacon Fred, CR 11:30 Exercise with Eunique & Music, CR 1:00 Bible Study with Deacon Fred, CR 1:30 Bridge, CR Den 3:30 Shakespeare, CR-Sharon 5:00 Social Hour, CR Den</p>	<p>11:30 Exercise with Marie & Music, CL 1:15 Tai Chi with Michael Porte, CR 3:30 Arbor Day, CL-Carren 4:00 Jazz Piano with Zach Karp and Happy Hour, CL 5:00 Bingo with VWs, CL 7:00 Conversation Cards, CR-</p>	<p>11:30 Exercise with Sharon & Music, CR 1:30 Puzzle Hour 2:30 Karaoke, CL -Amy 3:00 Rhyming Riddles, CL-Latonya 5:00 ANZAC Day Poems, CL- Lillie 7:00 "Beethoven" with Popcorn, DVD</p>
26	27	28	29	30		
<p>11:30 Exercise with Kris & Music, CL 2:00 Church Service, CR 4:00 Numbers Quiz, CR-Sherry 5:00 This Day in History, CR-Tierra 7:00 Musical or Opera of Choice</p>	<p>Manicure by your VW 11:30 Exercise with Amy & Music, CL 1:15 Tai Chi with Michael Porte, CR 3:00 Hot Tea, CL 4:00 HealthRHYTHMS with DD, CL 5:00 Words that start with Pen, CR-Samantha 7:00 Game Night with VWs (CL)</p>	<p>11:30 Exercise with Mariah & Music, CL 3:30 Art Trivia, CR-Tika 4:00 Virtual Art Museum Tour, CR 5:00 Social Hour, CR Den 7:00 Corn Hole with VWs</p>	<p>Hair Day 11:30 Exercise with Eunique Music, CR 2:00 Cincinnati Symphony Orchestra 15 piece Concert-DH Event Center 5:00 Compound Words Brain Game #2, CR-Milli 7:00 Bowling with VWs</p>	<p>Men's Luncheon with Deacon Fred, CR 11:30 Exercise with Donna & Music, CR 1:00 Bible Study with Deacon Fred, CR 1:30 Bridge, CR Den 3:00 Make Derby Hats, CL 5:00 Social Hour, CL Den</p>	<p>CR=Craftsman CL=Colonial *= Music Performances of Creative Aging Cincinnati Membership -SAIDO is M-F session times vary for each participant</p>	<p>Neighborhood Chat will take place every day in between scheduled activities</p> <p>Activity dates, times and locations are subject to change.</p> <p>Snacks will be offered by VWs at 2:30p and 7:00p every day.</p>

Monthly Observances: National Garden Month, Stress Awareness Month, National Volunteer Month, National Poetry Month, and National Humor Month