SUNDAY	MONDAY	TUESDAY	WEDNESDAY
A HOW A	1 10:30 Exercise –LH	10:30 Exercise –LH	3 10:30 Exercise – LH
UGLY SWedter	2:00-Tea Cup Chat-LH	10:30 Shopping Trip	11:00 Trim the Xmas Tree! -LH
Monday the 22 nd @	2.20 W 11 W 1 1 W	3:30 Bingo –LH	3:00 Reflections in the Advent
11:15am – in the Rotunda	3:30 Word In Words-LH "Fruitcake"	6:30 Puzzle Challenge-LH	-SLC 3:30 Happy Hour -LH
7	8	9	10
10:30 Worship Service-SLC	10:30 Exercise –LH	10:30 Exercise –LH	10:30 Exercise –LH
10:30 Catholic Mass	2:00 Kling Orchestra –SLC	2:30 WB Xmas Party-PC	11:00 Name 20 Game-LH
- WDRB Channel 9		3:30 Bingo –LH	3:00 Reflections in the Advent -SLC
3:30 Afternoon Stretches-LH	3:30 Word In Words-LH "Celebration"	6:30 Puzzle Challenge-LH	3:30 Happy Hour-LH
6:30 Keeping up Appearances On KET 15			
14 10:30 Worship Service-SLC	15 10:30 Exercise – LH	16	17 10:00 Trip to Mega Caverns
10:30 Catholic Mass		10:30 Exercise -LH	Xmas Lights 10:30 Exercise –LH
- WDRB Channel 9	2:00 Hot Chocolate & Treats -LH	10:30 Shopping Trip	2:00 WB Nail Salon-LH
1:00 Girl Scouts- Xmas Cheer 3:30 Afternoon Stretch's -LH	3:30 Word In Words- LH " Holiday "	2:00 WB Xmas Caroling –R	3:00 Reflections in the Advent -SLC
5.50 Fitter noon stretch y 221	Honday	3:30 Bingo –LH 6:30 Puzzle Challenge-LH	3:30 Happy Hour-LH
6:30 Keeping up Appearances On KET 15		Ü	oleo Huppy Hour Ex
21 10:30 Worship Service-SLC	10:30– Exercise LH	10:30 Exercise – LH	24
10:30 Catholic Mass - WDRB Channel 9		10:30 Shopping Trip	10:30 Exercise – LH
2:30 Cassidy Family Carolers	11:15 Ugly Sweater Contest-R	2:00 Music w/Wandering Minstrels-R	11:00 Resident Council –LH
3:30 Tyrone Cotton –PC	3:30 Word In Words-LH "Christmas"	3:30 Bingo-LH	3:30 Happy Hour-LH
3:30-Afternoon Stretch's-LH		6:30 Puzzle Challenge -LH	
6:30 Keeping up Appearances On KET 15			
28 10:30 Worship Service-SLC	29 10:30 Exercise – LH	10:30 Exercise – LH	31 10:30 Exercise – LH
10:30 Catholic Mass - WDRB Channel 9	2:00 Exchanging Thoughts - Book Group -LH	10:30 Shopping Trip-LH	11:00 Name 20 Game-LH
3:30 Afternoon Stretch's -LH	3:30 Word In Words-LH "Poinsettia"	3:30 Bingo-LH 6:30 Puzzle Challenge -LH	3:30 Happy Hour -LH
6:30 Keeping up Appearances On KET 15			

THURSDAY	FRIDAY	SATURDAY	HIGHLIGHTS	
10:30 Exercise – LH	5 10:30 Exercise -LH	6 10:30 Morning Stretches-LH		
11:00 Photo by Number-LH 1:00 Stories in Mind	11:00 Noodle Ball-LH 3:30 Documentary:	2:30 Movie Matinee -LH Resident Choice- Prime - TV		
7:00 Wheel Watcher -LH	Christmas-The 60s Episode 1	6:00 Antique Roadshow on KET- LH	Transportation Hours- Tuesday & Thursday From 9am-1pm (by reservation)	
11 10:30 Exercise – LH	10:30 Exercise -LH	13 10:30 Morning Stretches-LH		
11:00 Photo by Number-LH	11:00 Noodle Ball-LH	3:30 Gift Basket Bingo-LH		
7:00 Wheel Watcher -LH	3:30 Documentary: Christmas-The 70s Episode 2	7:00 Tim Farmers Country Kitchen on KET- LH	Documentary Series: Christmas Through the	
18	19	20	Decades	
10:30 Exercise –LH	10:30 Exercise -LH	10:30 Morning Stretches-LH	Fridays @ 3:30pm	
1:00 Stories in Mind	11:00 Noodle Ball-LH	2:30 Movie Matinee -LH Resident Choice- Prime		
2:30- The Talents of Greg V 4:00 The Cantor Club Singers-STL 7:00 Wheel Watcher-LH	3:30 Documentary : Christmas-The 80s Episode 3	- TV 6:00 Antique Roadshow on KET-LH	AC - Activity Center DR - Dining Room LR - Living Room	
			K - Kitchen PC - Personal Care	
Christmas Day 25 10:30 Exercise – LH	26 10:30 Exercise –LH	27 10:30 Morning Stretches-LH	NF - Nursing Facility LH - Lyndon House R- Rotunda	
2:30 Movie Matinee Prime TV- Miracle on 34 th Street	11:00 Baking in the Kitchen LH	3:30 Gift Basket Bingo -LH	SLC - St Luke Chapel WRE - Westport Road Entrance	
7:00 Wheel Watcher-LH	3:30 Documentary: Christmas-The 90s Episode 4	7:00 Tim Farmers Country Kitchen on KET- LH	*Activities Location/ Time Are Subject To Change	
	1	I	Attendance Key Code Pink = Passive	

Episcopal Church Home

December 2025 **Lyndon House**







= Decline Blue Yellow = Active

Household Coordinator:

Bryan Berman



