



Deupree House


2025  
Life Enrichment & Wellness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>12:50/55 Bus to Hyde Park Plaza *</b> <b>1-2</b> Balance Assessment (EC) 2:30 Yoga with Christy (C) <b>3:00</b> Art with Marty-Finishing Pottery Project (CO) <b>7:00</b> Poker (CR)	<b>2</b> 9:30-10:15 Aqua Aerobics (P) <b>10:30</b> Bible Study (CR) <b>10:30-12:30</b> Mahjong (EC) 11:30 Tai Chi with Michael (C) <b>2:00</b> Cincinnati Nature Center Presentation: <i>Historic Connections to Cincinnati's Garden Community</i> (EC) <b>5:15</b> Rosary (C)	<b>3</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>11:30</b> Mind Fit (CO) * <b>12:00</b> Lunch-Courtyard/Club Room <b>1:00</b> Art with Marty (CO) <b>5:00</b> ERS Leadership Cocktail Reception (EC) <b>2:30</b> Aqua Aerobics (P)	<b>4</b> 9:30-10:15 Aqua Aerobics (P) <b>9:50/55 Bus to Hyde Park Plaza*</b> <b>10:00</b> Saint of the Day(CR) 11:30 Tai Chi with Michael (EC) <b>1:00</b> Duplicate Bridge*(CR)	<b>5</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>2:00</b> Unsung Heroes of the Ancient World (EC) <b>7:30</b> The Family Stone (EC)	<b>6</b> <b>12-2:</b> Lunch (G39) <b>2:00</b> The Family Stone (EC) <b>2:00</b> Knitting (CR) <b>3:00/05 Bus to St. Mary's Church*</b> <b>6:30/35 Bus to Symphony*</b>
<b>7</b> <b>10:00</b> Sunday Service <b>11-1</b> Brunch (G39) <b>1:00</b> Bengals Game (CR)  <b>2:55/3 Bus to Linton Concert*</b>	<b>8</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>12:50/55 Bus to Hyde Park Plaza *</b> 1-3 NCAA Football Madness with Maintenance (CR) 2:30 Yoga with Christy (C) <b>7:00</b> Poker (CR)	<b>9</b> 9:30-10:15 Aqua Aerobics (P) <b>10:30</b> Bible Study (CR) <b>10:30-12:30</b> Mahjong (EC) 11:30 Tai Chi with Michael (C) <b>1:05/10 Bus to Kenwood/Trader Joe's *</b> <b>2:30</b> Trivia with Christopher (EC) <b>4:35/5</b> Rosary (C)	<b>10</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>11:30</b> Mind Fit (CO) * <b>2:30</b> Aqua Aerobics (P) <b>12:00</b> Lunch-Courtyard/Club Room <b>2:00</b> Forest Aires Concert (EC) <b>6:30/35 Bus to Playhouse in the Park *</b>	<b>11</b> 9:30-10:15 Aqua Aerobics (P) <b>9:50/55 Bus to Hyde Park Plaza*</b> <b>10:00</b> Saint of the Day(CR) 11:30 Tai Chi with Michael (EC)  <b>GRILLE 39 IS CLOSED FOR LUNCH TODAY DUE TO STAFF PARTY</b> <b>1:00</b> Duplicate Bridge*(CR)	<b>12</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC)  <b>2:30-5:30 Marketing Event (EC)</b> <b>7:30</b> The Holdovers (EC)	<b>13</b> <b>12:00/05 Bus to MET @ Cinemark*</b> <b>12-2</b> Tech Guy at DH* <b>12-2:</b> Lunch (G39) <b>2:00</b> The Holdovers (EC) <b>2:00</b> Knitting (CR) <b>3:00/05 Bus to St. Mary's Church*</b>
<b>14</b> <b>10:00</b> Sunday Service <b>11-1</b> Brunch (G39) <b>1:00/05 Bus to Cincinnati Pops*</b>  <b>1:00</b> Bengals Game (CR) 	<b>15</b> <b>9:00-9:30 Alterations (AS)*</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>12:50/55 Bus to Hyde Park Plaza*</b> <b>1:00</b> The Key Resident Appreciation Party (EC) <b>2:30</b> Yoga with Christy (C) <b>7:00</b> Poker (CR) <b>7:30</b> Delta Kings Concert (EC)	<b>16</b> 9:30-10:15 Aqua Aerobics (P) <b>10:30</b> Bible Study (CR) <b>10:30-12:30</b> Mahjong (EC) 11:30 Tai Chi with Michael (C) <b>4:00</b> Christmas Concert & Caroling: Elise Hyder, Cliff Adams, Nick Payne, and Cynthia Heinrich (CR) <b>5:15</b> Rosary & Mass (C) <b>7:00/05 Christmas Lights Tour*</b>	<b>17</b> 9:30-10:15 Chair Class (CR) 10:15-10:30 Balance Class (CR) 10:45-11:30 Chair Class (CR) <b>10:00/05 Bus to Dorothy Lane Market*</b> <b>11:30</b> Mind Fit (CO) <b>12:00</b> Lunch-Courtyard/Club Room <b>1:00</b> Art with Marty (CO) <b>2:00</b> Therapy Talk: Mental Health-What is Important (EC) <b>2:30</b> Meet with Maisie (CR) <b>2:30/35 Bus to MPL -Nourishing Minds with Rabbi*</b> <b>2:30</b> Aqua Aerobics (P) <b>7:00/05 Christmas Lights Tour*</b>	<b>18</b> 9:30-10:15 Aqua Aerobics (P) <b>9:50/55 Bus to Hyde Park Plaza*</b> <b>10:00</b> Saint of the Day 11:30 Tai Chi with Michael (EC) <b>1:00</b> Duplicate Bridge*(CR) <b>1:30</b> Horticulture Class* (EC) <b>4:00</b> Staff/Resident Cocktail Party(CR)	<b>19</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>2:00</b> Unsung Heroes of the Ancient World (EC) <b>7:30</b> The Best Christmas Pageant Ever(EC)	<b>20</b> <b>12-2:</b> Lunch (G39) <b>2:00</b> The Best Christmas Pageant Ever (EC) <b>2:00</b> Knitting (CR) <b>3:00/05 Bus to St. Mary's Church*</b>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>21</b> <b>10:00</b> Sunday Service <b>11-1</b> Brunch (G39) <b>12/12:05</b> Bus to Broadway Series*  <b>1:00</b> Bengals Game (CR) 	<b>22</b> 9:30-10:15 Chair Class (EC) 10:45-11:30 Chair Class (EC) <u>BOTH CLASSES WILL BE VIDEO</u> <b>12:50/55</b> Bus to HP Plaza*  <b>2:00</b> Holiday Traditions Around the World (EC) <b>2:30</b> Yoga with Christy (C) <b>7:00</b> Game Night (CR)	<b>23</b> 9:30-10:15 Aqua Aerobics (P) <b>10:30</b> Bible Study (CR)  11:30 Tai Chi with Michael (EC)  <b>12:35/40</b> Bus to Rookwood, BMV, Walmart, Fresh Market *  <b>2:30</b> Holiday Trivia (EC)  <b>4:35/5</b> Rosary & Mass (C)	<b>24</b> 9:30-10:15 Chair Class (EC) 10:45-11:30 Chair Class (EC) <u>BOTH CLASSES WILL BE VIDEO</u>  <b>10:00</b> Christmas Eve Service (C)	<b>25</b> <b>2:00</b> A Christmas Story (EC)  	<b>26</b> <b>2:00</b> Unsung Heroes of the Ancient World (EC)  <b>7:30</b> Meet Me In St. Louis (EC)	<b>27</b> <b>12-2</b> Tech Guy at DH* <b>12-2:</b> Lunch (G39) <b>2:00</b> Meet Me In St. Louis (EC)  <b>2:00</b> Knitting (CR)  <b>3:00/05</b> Bus to St. Mary's Church*
<b>28</b> <b>10:00</b> Sunday Service  <b>11-1</b> Brunch (G39)	<b>29</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) <b>12:50/55</b> Bus to Hyde Park Plaza* <b>1:00</b> Movie and Popcorn: Eleanor the Great (EC)  <b>7:00</b> Poker (CR)	<b>30</b> 9:30-10:15 Aqua Aerobics (P)  <b>10:30</b> Bible Study (CR)  11:30 Tai Chi with Michael (EC)  <b>1:00</b> Cincinnati Museum Center Presentation: Cincinnati Entertainers (EC)  <b>5:15</b> Rosary (C)	<b>31</b> 9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC)  <b>2:30</b> Aqua Aerobics (P)  <b>5:00-7:00</b> NYE Cocktail Party! (CR)  <b>7:00/05</b> Bus to Symphony*			

EC=Event Center    DR=Dining Room  
C=Chapel            P=Pool  
CR=Club Room      CO=Conference Room  
G39=Grille 39

**Green= wellness classes**  
**Red\*=sign up required**  
**Black=no sign up required**

Saturday Lunch in Grille 39 12-2 p.m.  
Sunday Brunch in Grille 39 11-1  
Saturday & Sunday Dinner for Grille 39-**Reservations Needed**

<b>5:00</b>	<b>5:30</b>	<b>6:00</b>
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