


August Cottage Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CR=Craftsman CL=Colonial *= Music Performances of Creative Aging Cincinnati Membership -SAIDO session times may vary. Neighborhood Chat will take place every day in between scheduled activities	Reminders: Sneeze in the inside of your elbows or tissue. Wash your hands frequently. Wet hands, Lather with Soap, Scrub for at least 20 seconds, rinse and dry. Clean hands before and after, with eating and toileting, then after blowing nose, cough, or sneezing! 🌀	Activity dates, times and locations are subject to change. Snacks will be offered by VWs at 2:30p and 7:00p every day.			1 11:00 SAIDO 11:30 Exercise with Marie & Music, CR 1:15 Tai Chi with Michael Porte, CR 3:00 August Trivia 6:00 Bingo with VWs, CL Happy Birthday Pierson Davis	2 11:30 Exercise with Sharon & Music, CL 1:30 Puzzle Hour 2:00 Lyrica-Jazz Duo 4:00 Balloon Toss, CR -Corie 6:00 Cool Runnings with Popcorn, Disney
3 11:30 Exercise with Leslie & Music, CR 2:00 Church Service, CL 6:00 Musical or Opera of Choice	4 Manicure by your VW 11:00 SAIDO 11:30 Exercise with Lillie & Music, CL 1:15 Tai Chi with Michael Porte, CR 4:00 Piano Concert with Cliff Adams 6:00 Game Night with VWs (CL)	5 Women’s Luncheon, CL 11:00 SAIDO 11:30 Exercise with Amy & Music, CR 1:30 Java Time with Deacon Fred, CR 2:00 Java Time with Deacon Fred, CL 4:00 Music performance with Dolores Mason 6:00 Corn Hole with VWs 6:30 Social Hour, CL Den	6 Hair Day 11:00 SAIDO 11:30 Exercise with Simone & Music,CL 1:30 Milkshakes while listening to Robert Frost Poems 3:30 Bird Watching 4:00 HealthRHYTHMS with DD, CL 6:00 Balloon Toss, CR	7 Men’s Luncheon with Deacon Fred, CR 10:00 Horticulture with Robert Evans 11:00 SAIDO 11:30 Exercise with Donna & Music, CR 2:00 Bible Study with Deacon Fred, CR 4:00 Painting with Classical Music-Sherry 6:30 Social Hour, CL Den	8 11:00 SAIDO 11:30 Exercise with Cassie & Music, CL 1:15 Tai Chi with Michael Porte, CR 3:30 Service Project-City Gospel 4:00 Happy Hour, CL 6:00 Bingo with VWs, CL	9 11:30 Exercise with Keisha & Music, CR 1:30 Puzzle Hour 2:00 Make Throw Pillows with Nichole Williams, CL 4:00 Balloon Toss, CR -Tonya 6:00 Man of the House with Popcorn, Disney
10 11:30 Exercise with Briana & Music, CL 2:00 Church Service, CL 4:30 Music with Marci Hedges, CR 6:00 Musical or Opera of Choice	11 Manicure by your VW 11:00 SAIDO 11:30 Exercise with Mariah & Music, CR 1:15 Tai Chi with Michael Porte, CR 4:00 Violin and Piano Concert with Vince and Rick 6:00 Game Night with VWs (CR)	12 Women’s Luncheon, CL 11:00 SAIDO 11:00 Generations Class, CR 11:30 Exercise with Lillie & Music, CL 1:30 Java Time with Deacon Fred, CR 2:30 Java Time with Deacon Fred, CL 6:00 Corn Hole with VWs 6:30 Social Hour, CL Den	13 Hair Day 11:00 SAIDO 11:30 Exercise with Tash & Music, CR 1:30 Stay on Bus Ride with Graeters Milkshakes 3:30 Bird Watching 6:00 Balloon Toss, CR	14 Men’s Luncheon with Deacon Fred, CR 11:00 SAIDO 11:30 Exercise with Cassie & Music, CL 1:30 Resident Council 2:00 Bible Study with Deacon Fred, CR 3:30 HealthRHYTHMS with DD, CL 6:30 Social Hour, CL Den	15 11:00 SAIDO 11:30 Exercise with Marie & Music, CR 1:15 Tai Chi with Michael Porte, CR 2:00 Virtual Tour of National Gallery of Art 4:00 Happy Hour, CL 6:00 Bingo with VWs, CL	16 11:30 Exercise with Stephanie & Music,CL 1:30 Puzzle Hour 2:00 Lyrica-Harp & Flute Concert 4:00 Balloon Toss, CR -Janet 6:00 Mark Twain and Me with Popcorn, Disney

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17 11:30 Exercise with Gwen & Music, CR 2:00 Church Service, CL 4:00 Music with Marci Hedges, CR 6:00 Musical or Opera of Choice	18 Manicure by your VW 11:00 SAIDO 11:15 Music Therapy with Olivia, CR 11:30 Exercise with Leslie & Music, CL 12:00 Carry-in Oriental Wok 1:15 Tai Chi with Michael Porte, CR 3:00 Back to school Reminiscing, CL 6:00 Game Night with VWs (CL)	19 Women's Luncheon,CL 11:00 SAIDO 11:00 Generations Class, CR 1:30 Java Time with Deacon Fred, CR 2:00 Java Time with Deacon Fred, CL 3:00 Virtual Tour Van Gogh Musuem 6:00 Corn Hole with Vws 6:30 Social Hour,CL Den Podiatry Here	20 Hair Day 11:00 SAIDO 11:30 Exercise with Simone & Music,CL 1:30 Peach Cobbler from Peach Cobbler Factory 2:00 Art Therapy with Marty Santos, CR 3:30 Cincinnati Ballet 6:00 Balloon Toss, CR	21 Men's Luncheon with Deacon Fred, CR 10:00 Horticulture with Robert Evans 11:00 SAIDO 2:00 Bible Study with Deacon Fred, CR 4:00 Digital Accordion & Clarinet with Joe & Sally LuKasik, CR 6:30 Social Hour, CL Den	22 11:00 SAIDO 11:30 Exercise with Eunique & Music,CR 1:15 Tai Chi with Michael Porte, CR 2:00 Popcorn Tasting with DD, CL 4:00 Happy Hour, CL 6:00 Bingo with VWs, CL	23 11:30 Exercise with Briana & Music, CL 1:30 Puzzle Hour 2:30 Karaoke, CL -Briana 4:00 Balloon Toss, CR -Karrie 6:00 The Big Green with Popcorn, Disney
24 11:30 Exercise with Cassie & Music, CR 2:00 Church Service, CL 4:00 Weekly Trivia, CR -Tonya 6:00 Musical or Opera of Choice Happy Birthday Helen Copetas	25 Manicure by your VW 11:00 SAIDO 11:30 Exercise with Amy & Music, CR 1:15 Tai Chi with Michael Porte, CR 4:00 Violin and Piano with Vince and Rick 6:00 Game Night with VWs (CL)	26 Women's Luncheon,CL 11:00 Generations Class, CR 11:30 Exercise with Simone & Music, CL 1:30 Java Time with Deacon Fred, CR 2:00 Java Time with Deacon Fred, CL 6:00 Corn Hole with Vws 6:30 Social Hour, CLDen	27 Hair Day 11:00 SAIDO 11:30 Exercise with Eunique & Music,CR 1:30 Stay on Bus Ride with UDF Milkshakes 3:15 Jazz Piano Concert with Phil DeGreg and Joe LuKasik,CR 6:00 Balloon Toss, CL	28 Men's Luncheon with Deacon Fred, CR 11:00 SAIDO 11:30 Exercise with Lillie & Music, CL 2:00 Bible Study with Deacon Fred, CR 4:00 Painting with Classical Music-Tierra, CR 6:30 Social Hour, CLDen	29 11:00 SAIDO 11:30 Exercise with Keisha & Music, CR 1:15 Tai Chi with Michael Porte, CR 2:00 Virtual Tour of the Louvre 4:00 Happy Hour, CL 6:00 Bingo with VWs, CL	30 11:30 Exercise with Stephanie & Music 1:30 Puzzle Hour 2:30 Karaoke, CL -Amy 4:00 Balloon Toss, CR -Sherry 6:00 Sister Act 2 with Popcorn, Disney Happy Birthday Nancy Clagett
31 11:30 Exercise with Gwen & Music, CR 2:00 Church Service 6:00 Musical or Opera of Choice		CR=Craftsman CL=Colonial *= Music Performances of Creative Aging Cincinnati Membership	Snacks will be offered by VWs at 2:30p and 7:00p every day.			

Monthly Observances: National Peach Month, National Back to School Month