



NURTURING the MIND programs are a comfortable gathering that allow people living with dementia and their care partners to socialize and engage in activities in a safe, welcoming environment.



The power of plants connects us and helps us maintain healthy, thriving lives. Join the Civic Garden Center to explore new worlds of plants while you relate to the familiarity of the sights and sounds of a beautiful historic garden. Each session will include a slideshow of local plants, a short lecture on international plant habitats and cultural agricultural practices, followed by an interactive hands-on horticultural activity.

Free and welcoming to all.

Reserve your spots by emailing Sarah Shaffer, sshaffer@erslife.org, or call 513.979.2312.

Dementia friendly series - all times 1 - 2:30 p.m.
Civic Garden Center, 2715 Reading Road, Cincinnati, OH 45206

Friday, Aug. 22	Friday, Sept. 12	Friday, Sept. 26	Friday, Oct. 10	Friday, Oct. 24	Friday, Nov. 14
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