

December Activities

Winter Craft

Thursday, December 4th at 3:30pm

You don't have to be creative to enjoy this craft! We're making a snowman out of stickers, glue, a dinner glass and some ribbon! It is a perfect decoration for your apartment!



Christmas Celebration w/ Bingo

Thursday, December 18th at 3:30pm

Please join us in the community room for our annual Christmas party! There will be a delicious meal, classic Christmas songs and BINGO!

MUST SIGN UP BY WEDNESDAY DECEMBER 10TH TO SECURE A MEAL



New Year Celebration

Wednesday, December 31st at 3:30

Let's say goodbye to 2025 and hello to 2026 at this activity where we will enjoy sparkling grape juice, work on our new year's resolutions and discuss suggestions for activities in 2026 from you all! Happy new year!



CENTRAL PARKWAY RESIDENT NEWSLETTER December 2025



Transportation

The bus fare is \$2. Please bring reusable bags for groceries. There is a limit of **3 bags**. No push carts or wagons are allowed on the bus. **Bus drivers will not be able to assist you in getting bags/senior boxes on OR off of the bus. If you need assistance, please prepare for that ahead of time.**

PHONE LINE 513-431-9767

All reservations must be called into the transportation line by 2:00 p.m. two days before any scheduled trip. Please leave the destination, your name, phone #, the property name & if you have a walker or wheelchair. There will be a \$2 charge per trip. Bus drivers will only wait 10 minutes after the designated times.

Bus Schedule

- 12/2 at 9:50 Sugar 'n' Spice
- 12/3 at 10:00 Kroger (Ferguson)
- 12/4 at 9:15 Print Museum
- 12/9 at 4:00 Pyramid Hill & El Trompo
- 12/10 at 11:00 Free store
- 12/16 at 10:00 Five Below
- 12/17 at 10:00 Walmart
- 12/30 at 10:00 Thrift Store
- 12/31 at 10:00 Kroger (Delhi)

Pyramid Hill Holiday Lightshow: The Pyramid Hill Lights features a unique route through the art and nature filled sculpture park. **Bus drivers will be stopping at El Trompo for residents to eat before the lightshow. You will be responsible for paying for your own meal if you wish to have one. MUST PAY \$2 TO THE LOCK BOX BY WED. 12/3 & CALL TRANSPORTATION TO SECURE A SPOT ON THIS TRIP. This \$2 will cover the usual bus fee.**

Building Information

Joyce, Community Manager:

513-381-4193

Sue & Alli, Activities:

513-527-7058

Tonya & Manndy Transportation:

513-431-9767

Rebecca, Service Coordinator:

513-818-6376

Wes, Wellness Manager:

513-818-6377

Afton, Wellness Asst.:

513-813-7155

Maintenance:

1-877-235-1331

2026 SOCIAL SECURITY LETTERS
Once you receive your 2026 social security letters, please bring it to the office so staff can get a copy for their files.

December Birthdays

Geraldine Gaines 12/18

Dan Luning 12/24

Victoria ramey 12/26

Christopher Gordon 12/30

Timothy Hetzer 12/30

Leonard Black 12/31



RESIDENT LIFE

Bible Study

2nd & 4th Monday each month.
3:00pm-4:00pm in the community room.



“Senior Sunday” at the Downtown Main Library Sundays from 11am-1pm

There will be an artist from Creative Aging leading an art workshop. Participants will then have an hour to explore our collections and resources. This program provides a dedicated time for seniors. Each session will feature an engaging activity, workshop, or speaker from 11:00 AM to 12:00 PM, followed by an hour of exclusive browsing before the library opens to the public.

Pest Inspection Thursday, December 18 1pm-4pm

Inspections are scheduled the third Thursday of the month. *See calendar for specific floors being inspected.



Reminder: Refusal of extermination will lead to lease violation.

SERVICE COORDINATION

Service Coordination Info

Service Coordinator Rebecca Moats is available to assist with resources, services, or paperwork questions you December have. Rebecca works in the Community Room on Tuesday

WELLNESS



Chair Exercise

Get ready for an exciting fitness experience with Wellness Assistant, Johnnie Morant! Elevate your well-being with our invigorating chair exercise class, suitable for all fitness levels. Join us each week and embark on a journey to enhance your strength and balance. Don't miss out on this fantastic opportunity to prioritize your health and wellness. See you there!

Personal Training

Interested in personal training? Schedule a session with ERS wellness Manager Wes or ERS wellness assistant Johnnie, to have a customized exercise program written for you. Call Wes at 859-567-0839 or Johnnie at 513-299-8275 to schedule today!

Wellness Advisory Council

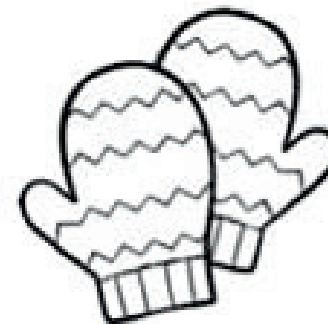
Thursday, December 4th at 3:00

Join us each month in the community room to discuss the future life enrichment and wellness programming coming to your community. We are building a holistic wellness program unique to the residents at your community and want your input. We look forward to seeing you there.

December Word Search



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| December | Christmas | New Years Eve |
| Winter | Hanukkah | Decorate |
| Cold | Kwanzaa | Celebrate |
| Pearl Harbor Day | Solstice | Presents |